

THE FALLON POST



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Keeping You Posted on Local News

Friday, December 9, 2022

Community Leaders Pleased with Progress of FRTC

By Rachel Dahl

Congressman Mark Amodei announced Thursday that the Fallon Range Training Complex expansion and modernization has passed the House version of the Fiscal Year 2023 National Defense Authorization Act, which was overwhelmingly approved in a bicameral-negotiated update to the bill Thursday morning, December 8.

The FRTC provisions and most final agreements came after the senate worked through negotiations between the house and senate committees. The final senate vote is expected in the next few days. Once the senate passes the action, the approved NDAA would go to President Biden for his signature.

Community leadership is pleased with the resolution after nearly seven years of negotiations on the FRTC modernization effort, which will offset land losses to the local community while supporting the U.S. military. The original expansion proposal was first introduced to Fallon residents in October 2016 by then NAS Fallon Commanding Officer, David Halloran.

"Rep. Amodei has supported the City of Fallon and other local stakeholders tirelessly to ensure that our voices were heard, and our priorities included, since Day 1 of the Navy's proposal," said Mayor Ken Tedford. "Were it not for Rep. Amodei's efforts, this monumental legislation would not have been possible. He is a true champion for Nevada."

Press releases from the Nevada congressional delegation explained the agreement will provide NAS Fallon with an additional 558,535 acres for military training vital to national security. Some of the lands will remain under the Department of Interior's oversight to facilitate other regional land management interests. The legislation designates over 581,887 acres of conservation, wilderness areas, and other protected areas, and holds a total of 18,170 acres of land in trust for the Walker River Paiute and Fallon Paiute Shoshone tribes.

The bill transfers \$20 million to the Walker River Paiute Tribe in recognition of the historical contamination of their tribal lands and \$20 million to the FPST to create a new cultural center to sustain the knowledge, culture, and language of the Fallon Paiute Shoshone tribe. The agreement will also allow Churchill and Lander counties to access land for economic growth.

"A large swath of this land in Dixie Valley will remain under the control of the Department of Interior," Amodei said.

According to Churchill County Manager Jim Barbee, the county and its partners have been working with the congressional delegation as the proposed range expansion made its way through the various congressional committees. He said provisions for Dixie Valley received input from both tribal and county governments. Barbee said Dixie Valley will not be withdrawn as requested by the Navy. The area will be under BLM management which will consult with the Navy, county, Tribal groups, and cattle grazers for implementation that allows "dark sky training" for the Navy. The area will remain open to the public.

The U.S. Fish and Wildlife Service last week listed the Dixie Valley toad as an endangered species. The toad has been at the center of a legal battle with Ormat over their geothermal power project. "It is my understanding the toad area is outside the special management area," Barbee added. "The easements for the future water line and well development as well as Green Link are included in the language."

In addition, the community will benefit from land closer to Fallon for



Photo courtesy of U.S. Navy/NAS Fallon

economic development purposes.

"We received 14,000 acres in direct conveyance for municipal and economic development and 7,000 acres for public purpose," Barbee said.

The public purpose projects could include land for a gravel pit, for example, or to expand the landfill area 18 miles south of Fallon. Barbee said the commissioners are looking at trading some of the lands that border the 40-mile desert in northern Churchill County. The land is in the Fallon National Wildlife Refuge and extends into the Navy's Bravo Range 20 withdrawal.

Barbee said a checkerboard resolution has been created in the northwest portion of the county to facilitate land swaps and direct conveyances for creating larger federal blocks of land and larger blocks of private lands that can be developed. Funding is a result of the county's new membership in the Southern Nevada Public Lands Management Act fund (SNPLMA Fund)

Barbee said the Navy is committed to rerouting Pole Line Road, the alternate Sand Canyon Road, and Nevada State Highway 361 outside of the withdrawal areas.

Continued on page 20...

From the Publisher

Captain's Log – *Tales of Yarn Spinning*

It was beginning to look like the yarn project – the bunnies, the cages, the fancy pellets, the hours of grooming, the plucking and the stashing bags full of fiber, was all for naught. My talent at spinning yarn on the traditional spinning wheel has not been coming along well. In fact, depression had set in, despair was nigh.

There even was another trip to the Library for Knitting Club to plea for tutelage. To no avail. The poor excuse for what I would like to call yarn can really only be referred to as fibrous strings of fluff. Either too much twist or none at all.

My dear, patient victim of a spinning coach graciously said it might not be me. She is not impressed at all with my spinning wheel. She also looked askance at the beautiful angora bunny fiber and suggested it could perhaps be slightly more advanced of a product to spin as she handed me a bundle of common sheep wool.

I do fear my nose may have tuned up a bit as I reluctantly relented and began drafting the thick, texturous fiber into a very sturdy, and quite lovely as it turned out, real live yarn. Perhaps my problem is the fancy bunny fiber after all. As loathe I am to admit.

But lo and behold, by the miracle of modern technology, the entire operation may have been saved by a crafty entrepreneur who is turning out a very affordable electric spinning machine. It turns out this concept is not new – the traditional spinning wheel companies have been making electric spinning wheels for a while, but they are abhorrently expensive. Prohibitively so. So are traditional wheels, but you still can find those lying around, second-hand fairly easily.

The crafty entrepreneur is Maurice, and he started a company called Dreaming Robot that makes 3-D printed electric spinning wheels for \$125 as opposed to the most affordable Ashford that goes for \$800. The trouble is, he does them in batches and you have to get on a waiting list. I've been on it since May. He shipped them finally, this week. Never have I watched package tracking so religiously.

The little marvel wasn't supposed to be here until Thursday, but there it was on the porch Wednesday night when I got home. And Oh. My. Gosh.

Is it ever fun!?! The joy. We are successfully making yarn out of bunny fur, and it is gorgeous. To be fair, it is still a little primitive looking, but nothing a bunch of practice won't take care of.

So as the bunny project is saved and the practice of spinning actual yarn continues, I'll be right here...

...Keeping you Posted.
Rach

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Hooley Top Gun Invitational Bull Riding

Staff Report

Fallon, Nevada is making its mark on the rodeo world in a very big way.

The Hooley Top Gun Invitational Bull Riding will debut in Fallon on New Year's Eve in the Rafter 3C Arena with a thrilling bull riding to be followed by Last Chance Band to rock in the New Year. Bringing in professional bull riders and top-notch stock from all over the western United States, this premier exhibit of both professional and up-and-coming bull riding talent fills a much-needed void for a family-friendly event to ring in the new year.

This is Fallon's first ever bull riding to be produced by former professional bull riders with one being a native Nevadan. Chad Denton grew up in Round Mountain and represented our state at the National High School Rodeo Finals in both his junior and senior years. He then went on to have a very successful

professional career attending the PBR World Finals three different times in 2002, 2005, and 2007. Despite repeatedly working through multiple injuries, he then successfully placed in the top 15 to qualify for the National Finals Rodeo in Las Vegas in 2010. The following year, Chad decided to retire to be closer to his wife, Sarah of 22 years, and his two sons, Zane and Wyatt. He pivoted careers taking a job as a firefighter with Cal Fire where he is currently a captain.

After visiting Fallon during the Battle Born Broncs event last June, Chad began to envision bringing his first love, bull riding back to his home state and small-town Nevada. That is when the idea for the Hooley Top Gun Invitational was born. Teaming up with the long-time promoter of bull ridings through his production company, Vision Quest Events, Justin Andrade was also a former professional bull rider. He was the Dodge National World Champion and qualified

for the NFR in 2002. After retiring from rodeoing due to injuries, for thirteen years he ran a bull breeding program providing top stock for events such as this and then rejoined the bull riding world on the production side of things.

Hooley Top Gun Invitational will open the doors at the Rafter 3C Arena at 7 p.m., following Fallon's New Year's Eve fireworks display. Twenty bull riders from the western United States will be riding. They will each make two rides and the highest combined score will get to ride the bounty bull for a \$2000 bonus. Men Wielding Fire will have food available to buy and The Grid will be hosting three separate bars located around the arena. Tickets vary from VIP seating against the arena fence to general admission. The bull riding event will begin at 8 p.m. with a limited number of tickets available so don't wait until the last minute to get yours.



Churchill County Museum

ANNUAL HOLIDAY OPEN HOUSE

FEATURING

Tintabulations
Handbell Ensemble

SATURDAY, 12/17
12-3PM EVENT
1PM CONCERT
1050 S. MAINE ST
FREE EVENT!



The Churchill County Museum Association Presents...

The Mad Hatter's Ball & Auction

December 31, 2022

8pm-12am

Pennington Life Center

\$75/individual or \$550/table of 8

Tickets available at the Churchill County Museum



Community



November 2022 Births At Banner Community Hospital

Artemis Jupiter Gainey to Valaine Eliza Jean Stone and Steven Henry Gainey on Nov. 1 at 1:25 p.m. weighing 6 lbs. 15 oz. and measuring 19 in.

Abigail Sara Egbert to Unelsea and Renae Egbert on Nov. 2 at 10:44 p.m. weighing 7 lbs. 9 oz. and measuring 19.5 in.

Aiden William Segars to Zachary and Kaitlyn Segars on Nov. 2 at 10:56 a.m. weighing 8 lbs. 2.6 oz. and measuring 20 in.

Randall Jr. Liam Reeder to Fatima May Gamet and Randall Lee Reeder on Nov. 6 at 1:16 p.m. weighing 6 lbs. 1.2 oz. and measuring 17 in.

Samson Henry James Scott to Tara and Joshua Scott on Nov. 9 at 4:31 p.m. weighing 8 lbs. 9 oz. and measuring 20 in.

Evangeline "America Star" Knight to Laura Cathleen Casey and Christopher Eugene Knight Jr. on Nov. 11 at 8:13 p.m. weighing 7 lbs. 6 oz. and measuring 19 in.

Aiden Michael Hardison to Ameen and Claudia Hardison on Nov. 12 at 10:06 a.m. weighing 9 lbs. 11 oz. and measuring 21.5 in.

Maximus Kane Estrada to Angel and Tasha Estrada on Nov. 18 at 3:41 a.m. weighing 7 lbs. 13 oz. and measuring 20.75 in.



Alani Amor Capristo

NOVEMBER 2, 2022



11:53 a.m.



19 inches



9 lbs. 9 oz.

POLO SANTANA CAPRISTO AND KAWAILANI KEALONA WALKER

Thank You

The Peel family would like to express our most sincere gratitude and appreciation to the City of Fallon Mayor, Ken Tedford; Councilwomen, Kelly Frost and Karla Kent, and numerous others who generously donated and were instrumental in honoring Lani Peel at the annual Christmas tree lighting.

Lani is deeply cherished by so many in the community and the magnitude of that love was felt by us all. It is such an honor to have a beautiful bench and memorial sign placed at one of her favorite places and events in Fallon. She would have treasured this monumental gesture of love to have her own bench in the "Heart of Fallon."

She loved this community and it is because of the unconditional kindness and family values that shine in the hearts of people like you. We are truly blessed and thank you all from the bottom of our hearts for this special dedication that will be enjoyed in loving memory for many years to come.

The Peel Family

BLOOD DRIVE

Because of you, life doesn't stop.



Banner Churchill Community Hospital Blood Drive

Tuesday, December 13

10:00 - 5:30 PM

Sign-in at the Tahoe Room

To schedule an appointment, visit DONORS.VITALANT.ORG and search Blood Drive code: FALLON.
Or call Toni at (775) 867-7006.



All successful donors receive a \$10 Amazon.com egift card as a small token of thanks, redeemable via email.



APPOINTMENTS
are encouraged.



Ask us how you can **POWER UP** your donation.



Obituary

Frank Gerald Moell

Frank Gerald Moell “Cranky Frank” passed away on November 30, 2022. He was born in Selby, South Dakota on December 13, 1932. Frank was the youngest of 9 children and spent his childhood in Selby on the family farm.

Due to being a bit of a wild child, Frank joined the Army at 17 years old and served in the Combat Engineers from 1949-1953. When he was discharged from the Army he went back home to South Dakota where he met the love of his life, Olga. They were married on December 17, 1955, and she was the center of his universe until his passing just a few weeks shy of their 67th anniversary.

They moved to Southern California where he joined the Operating Engineers, Local 12 and worked as a heavy equipment operator. After several years they moved to Nevada where he joined the Operating Engineers, Local 3. He

retired from operating heavy equipment in 1989 but remained a member of Local 3 for 45 years. After retiring in 1989 he became a diesel mechanic and finally officially retired in 2018 at the age of 85.

Frank never met a stranger in his life and would talk to anyone he met. He loved to brag about his bride as well as his kids and his grandkids.

He is survived by his wife, Olga of Fallon; daughters, Leann Moell of Ridgecrest, CA; Lila Moell of Lovelock, NV, and Lisa Moura (Anthony) of Lovelock, NV; 8 grandchildren; Loni, Holly, Jerry, Donovan, Dylan, Megan, Daralyn, and Devin; and 4 great-grandchildren; Dakota, Dillon, Deegan, and Hayden.

Frank didn't like for anyone to fuss over him, so it was his wish not to have a public funeral; therefore, there will be a private family gathering to celebrate his life.



Murray Everette Morin

Murray Everette Morin died November 22, 2022, in his home in Fallon Nevada.

Murray was survived by his beloved wife Rosemary Morin, his daughter Debbie Serval, four grandchildren, and also great grandchildren. He was also survived by a stepson Christopher Noack and a stepdaughter Rebecca Ford.

His Jesse Morin preceded him in death.

Murray worked as a Surveyor, an Engineer, and worked for TCID for several years. Many may remember him for his job at Stockman's in the early 80s, and later he worked as a Prison Construction Inspector for the State of Nevada before retiring a little over 24 years ago.

Services will be held at The Gardens on December 11, at 2:00 p.m. All friends, family, and acquaintances are welcome.

Arrangements are under the directions of The Gardens Funeral Home, 2949 Austin Highway Fallon, NV 89406, 775-423-8928.



For inquiries
about
obituaries, email

publisher@thefallonpost.org

or call

(775)-423-4545

Jack Lee Veach

Jack Lee Veach, 72, lost his battle with cancer on Thursday, November 17, 2022, in Reno, NV. His wife and family were by his side.

Jack was born on March 18, 1950, in Aurora, CO. During his youth, he moved frequently as his father was in the military. Jack was working in Gabbs, NV when he met his wife, Trudy, the love of his life in Fallon, NV in February of 1979. They married a few months later that June. They moved to Reno, NV in 1981.

Jack became a car salesman in 1984, where he remained at the top of his field for decades. His family and friends knew him as a kind, intelligent, funny, and gentle soul. He had a zest for life, an eye for adventure, a knack for writing, and loved a good joke. Jack was fond of hunting, fishing, and motorsports. He was strong in his faith. Jack will be remembered as a great friend, a loving husband, and father.

He is survived by his wife Trudy Veach, brothers Mark Veach, and Paul Veach, daughter Melanie Gallardo, daughter Monika Koshinski, son Jack Veach Jr. and his wife (Erika), son Aeden Veach, grandson Jakob Gallardo, and dog Asher.

He is preceded in death by his father Sam Veach, and Mother Barbara Veach.

Please join us in celebrating Jack's life Thursday, December 15, 2022, at 10 a.m. at South Reno Baptist Church, 6780 South McCarran Blvd, Reno, NV 89509. After the service, there will be refreshments. At 1:30 p.m. we will head to Fallon for a burial and graveside service. All who knew and loved Jack are welcome.

Arrangements are under the direction of The Gardens Funeral Home Fallon, NV., 775-423-8928.



MERRY CHRISTMAS!

Churchill County's
Homebound Senior's
Gift ideas:
**Please drop off unwrapped gifts to Kent's by
December 10th.**

Puzzles, Word searches, Crosswords, Blankets, Soaps, Dog/Cat toys, Dog/ Cat food, Christmas cookies, Socks, Wet wipes, Paper towels, Toilet paper, Tissue, Toothpaste, Lotion, Q-tips, Foods/Sweets, Mop, Sheets, Household cleaners, space heaters, Wool caps, Deodorant, Denture products, Incontinence pads, Brush/Comb, Robe, Slippers, Calendars, Eye drops, Laundry soap, Pillows, Fabric softener, Flashlights.

Rotary's Annual
Christmas drive



Local Government

DA Opposes Commissioners' Idea to Hire their own Lawyer

By Rachel Dahl

District Attorney Arthur Mallory spoke at the county commission meeting last week against a motion to approve the creation of a Bill Draft Request that would allow County Commissioners to select their own civil counsel, saying the request was, "a situation of the camel getting his nose under the tent."

The proposed agenda item would authorize county staff to create a BDR that would be submitted to the Nevada Legislature and if passed into law, modify the existing structure that provides for civil deputy District Attorneys to represent the county under the direction of the commissioners. Currently, the DA is elected, and his office appoints a deputy to provide legal service to the commissioners, on behalf of the interests of the county as a whole.

Mallory explained that the existing structure is set up to provide a system of checks and balances, where elected officials are accountable to the people. The DA is responsible for providing legal advice on behalf of the community and for advising commissioners on what the law is and isn't. "Our job is not policy or

programs, just legal, not to agree or disagree with what you want to do," he said.

"It would be totally improper for the county commission to be choosing someone to perform a function in a different branch of government," said Mallory. "You are the legislative branch for the county, you pass the law, you are not the justice department for the county, those are separate functions for a reason so that we have checks and balances and you would be eliminating one of those checks that are very basic to our constitutional form of government." He said he would gladly restructure the selection committee for the civil division to include a county commissioner on the panel and said it is important to work together to do what is right for the community. He also said there are some states that provide for the commission attorney to be elected by the people and that may be an option.

County Manager Jim Barbee said the bill is based on proposed legislation that came before the 2019 and the 2021 legislature and would give the option to commissioners across the state to create their own offices of the civil council, enabling commissioners to be engaged

at a more significant level in the selection of civil counsel. He said one reason for the proposal was the conflict that arose during the indigent defense issue from the state Board of Indigent Defense relative to advising on how to set up the public defender's office. "This would give commissioners more access to the selection process and give a little more authority and ability for commissioners to be at the table."

The bills proposed in the previous legislatures did not pass and were opposed by the statewide organization of District Attorneys. The Nevada Association of Counties was neutral on the 2019 bill and supported the 2021 bill.

According to the commission agenda, there is no fiscal impact to this proposal. However, Mallory did say by phone interview that his office would still be required to provide a civil department and advise the rest of the county departments including the Division of Child and Family Services, and the county clerk during elections, and this action would likely add to the budget costs for a whole new department.

Commissioner Justice Heath asked what the advantage would be of this proposal, "I really don't see there is one."

Commission Chairman Pete Olsen said, "The advantage is we would be able to have a counsel of our own choosing. The current situation is we get a counsel thrust upon us, they might be great, they might not be so great. That's a lot of what's driving this is our inability at all to have a voice in whom we're given. We're told who we're going to get, and we don't like it."

Mallory said, "You do not have a right to your own private attorney provided by the taxpayers. These are all separate functions on purpose so we have checks and balances, and you would be eliminating one of those checks that is very basic to our form of government."

Barbee reminded commissioners that this was only a request for a BDR to present the issue and just a starting point. "Whatever happens in Carson City will happen through that law-making process, you wouldn't have authority to create this within the existing statute."

Mallory said, "The way you stop a problem is you stop it early at the beginning when you know it is a bad idea."

The item was tabled and will be addressed at the December 21 commission meeting.

The next county commission meeting is scheduled for December 21, at 1:15 p.m.

8TH Annual

Childrens' PJ's UNDIES AND SOCKS DRIVE

It's Easy to participate!
Purchase **BRAND NEW** pajamas, undies and/or socks for a boy or girl from newborn to age 17, consider including a warm lap blanket or a cuddly stuffed animal, and **drop them off before December 20, 2022** at:

Berney Realty, Ltd.
1870 W. Williams Ave.
Fallon, Nevada

NOTHING FEELS BETTER THAN SLIPPING ON NEW PJ's, NEW UNDIES AND NEW SOCKS!



Clothing will be donated Friday, December 21, 2022 to:
FALLON'S CASA KID'S KLOSET

C.A.S.A. (Court Appointed Special Advocates) make a real difference for children & teens in foster care in Churchill County. CASA of Churchill County is a non-profit organization that provides training to volunteers so that they may serve as advocates for our community's abused, abandoned and neglected children. CASA's goal is to see that each child's best interests are served by providing them a voice in court

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City Council Votes to Join Central NV Health District

By Jo Petteruti

On Tuesday, December 6 the Fallon City Council voted to adopt Bill 789, an ordinance for the City of Fallon to become one of the founding members of the new Central Nevada Health District along with Churchill, Pershing, Eureka, and Mineral Counties.

Washoe and Clark Counties already maintain their own separate health districts but having done so left the Northern Nevada counties out in the cold during the pandemic.

When Mayor Ken Tedford asked for public comment on this specific agenda item, Geoff Knell came to the podium to express his opposition to the ordinance. But his lengthy commentary had no bearing on the topic at hand. The mayor eventually asked, "Did you even take time to read this?" Knell replied that he had and that it was all superficial. The mayor continued, "Nothing that you commented about had anything to do with the formation of the Central Nevada Health District."

Knell continued to interrupt the mayor as he tried to explain how a public comment period works for an agenda item. Knell eventually walked out yelling causing the mayor to scold him. "You're out of control always, always in here out of control. Under public comment, you can say what you want apparently in here. But when you talk on an agenda item, you have to talk to what the agenda item is about. You did not comment on what the agenda item is about." Knell attributed his lack of appropriate comments to the heating system noise in the Council Chambers.

The mayor spoke about the CNHD. "It's a combination of counties that are getting together to help each other's citizens to make decisions about health care in their communities This is good for the people of The City of Fallon." Knell continued arguing with the mayor about topics unrelated to the CNHD until the Mayor said, "I'm going to tell you one thing, then I'm going to end my discussion. All of that you talk about is going the opposite way. This is something that the people are taking back, it's a smaller viewpoint. They're not giving it back to the federal government, or the U.N. This is taking it back to the people. Five rural counties are getting together. We're not

giving it to the bigger counties. We're not giving it to the state government. This is totally opposite of what you are always espousing."

The mayor asked the council for discussion and a vote to which Councilwoman Karla Kent replied, "This is a tremendous attribute for us, and especially to have the City of Fallon on this board. I just wanted to commend everyone on this board for having the foresight and initiative to get this through." She then proceeded to make the motion to approve adopting Bill 789, Councilwoman Kelly Frost seconded, and the motion was approved.

When referring to the new health district the mayor said, "It was born out of the pandemic and the frustration with that and our being told what to do. This will give us more independence, and the ability to make decisions quicker. It will take health care to a new level."

The story covering the background and formation of the new health district can be found on The Fallon Post website, <https://www.thefallonpost.org/news/4934,formation-of-central-nevada-health-district-progressing>



Christian Life Center

1435 Kaiser Street

Sunday, December 18, 2022

10:00 am

Free in concert, an award winning Gospel Bluegrass group from Nashville, Tennessee.

Southern Raised has a staggering 32

nominations in the Society for the Preservation of Bluegrass Music of America (SPBGMA) Midwest.

A FANTASTIC time will be had worshipping!

Come and enjoy!



Law & Order

Notes from Justice Court

By Teresa Moon

New River Justice Court convened Monday, December 5 with Judge Ben Trotter presiding.

Amanda Nadeau, in custody, appeared for arraignment on 3 charges. Charge 1, A Gross Misdemeanor Charge of Child Abuse, Neglect, or Endangerment Causing Substantial Bodily or Mental Harm, Charge 2, A Gross Misdemeanor Charge of Unlawful Occupancy, Charge 3, a Misdemeanor Charge of Possession or Use of Drug Paraphernalia. The defendant allegedly

abandoned the children in a vehicle and fled the scene leaving the children with open alcohol containers and two glass pipes readily available to them. Nadeau was found to be Public Defender eligible, and one will be appointed to her. Public Defender Jacob Sommer requested Nadeau be released on her own recognizance (OR) citing considerable longtime community ties. ADA Chelsea Sanford opposed OR citing a history of 9 Failure to Appear. The judge denied OR and modified the bail to \$2,500,

Holiday Challenge Results



The baton has been passed – for several years the Fallon Police Department has won the annual First Responders Holiday Food Drive challenge. This year Sheriff's Office won by gathering 7,260 pounds of food. The total amount of food gathered this year was 24,040 pounds of food which was donated last Sunday to the Out of Egypt food pantry. The total amount of food donated by the Churchill County Sheriff, the Fallon Police Department, the Fallon Tribe Police Department, Nevada Highway Patrol, Churchill County Search and Rescue, the Fallon/Churchill Fire Department, and the Banner Churchill EMS, since 2016 is 122,788 pounds of food to help those in need during the holidays.

bondable. A Status Hearing was set for December 8.

Jose Enrique Ibarra Jr. appeared for arraignment on a Gross Misdemeanor Charge of Aiming a Firearm at a Human Being. He was found to be Public Defender eligible, and one will be appointed to him. A Status Hearing was set for December 15.

Michael Dennis Medina appeared for arraignment on a Category D Felony of Forgery and a Category C Felony of Grand Larceny of Personal Goods or Property with a Value of \$1,200 to \$5,000 Against a Victim 60 years of age

or older. Allegedly, the defendant forged multiple checks from another person's account to himself, totaling \$1,289.05, from a person over the age of 60. Medina also had a 5-count traffic citation which will trail the Felony charges. The defendant was found to be Public Defender eligible, and one will be appointed to him. ADA Sanford requested Medina be arrested and taken into custody. The judge allowed a book and release with the condition that Medina has no contact with the victim, and that he has weekly contact with his attorney. A Status Hearing was set for December 8.

annual

Christmas Home Tour

DEC 10, 2022

Tickets
\$20 per person
\$15 for 65 and older

Purchase Tickets At
Digitex
Enamel Salon
His Inspirations

Come and celebrate the holiday season with us! Tour homes in the Fallon area. Get in the holiday spirit as you explore these unique residence all decked out with Christmas Cheer!

All proceeds from this fundraiser benefit
Grad Night 2023

District Court Law and Motion

By Teresa Moon

The Tenth Judicial District Court convened Tuesday December 6th with Judge Robert Estes presiding.

Joshua Veneble admitted to a Court Services violation regarding failure to appear for testing or checking in with Court Services. Public Defender Charles Woodman stated, "We are not going to present any defense for that today." Estes revoked Veneble's release, reinstated his sentence, and remanded him to the custody of the Sheriff.

Michelle Nicole Davis admitted to a Court Services violation regarding failure to appear for testing. Assistant District Attorney Chelsea Sanford asked release to be revoked and Davis be incarcerated. Public Defender Wright Noel stated Davis did appear in court this day and she is taking responsibility for her actions. Brenda Ingram with Court Services told the Court that Davis tested that morning and was positive for methamphetamine and alcohol. Her OR was revoked, and she was ordered held in custody on a \$10,000 bail. She was remanded to the custody of the Sheriff.

George Allen Smith was not present for sentencing. Sommer explained that Smith was recently sentenced in Elko, and he is currently being transported to the Nevada Department of Corrections. A continuance was granted with a court date of January 3, 2023.

Michael Paul Driscoll, in custody, appeared for sentencing on a Category C Felony of Offer, attempt, commission of an unauthorized act relating to the manufacture or compounding of certain controlled substances. ADA Lane Mills said Driscoll has a significant history including 6 convictions, 2 felonies, and probation violations. The State asked that "the Court impose the appropriate punishment." Court Appointed Attorney Justin Oakes said his client was facilitating sales and asked for a sentence of 12-48 months, suspended for 3 years with the conditions Driscoll complete inpatient treatment, and upon completion of that, he then complete the drug court program. Driscoll told the Court he is "extremely embarrassed, not to mention regretful." He said he understands he must pay a penalty and he would appreciate "just one shot." Estes told Driscoll, "At some point, you know, you gotta pay the piper; that day has arrived." He imposed

a sentence of 18 to 60 months in the Nevada Department of Corrections; the defendant was remanded to the custody of the Sheriff.

Clinton Adrian Boots, in custody, admitted to multiple probation violations including failure to complete inpatient treatment, failure to complete substance abuse and mental health evaluations, using intoxicants (he had a .262 breath alcohol when arrested November 11th), having drug paraphernalia (a marijuana pipe), and absconding due giving a fictitious address and failure to report to Court Services since February 2nd.

Mills pointed out the underlying offense in this case is a stabbing - in September 2020 Boots was charged with the Category B Felony of Battery with a deadly weapon. Boots requested to be able to get treatment which he was granted. Mills told the Court that "this defendant and alcohol make for a danger to our community, and we need to protect our community." He asked the Court to revoke probation.

Woodman told the Court that his client understands there are a number of terms of his probation that he has not complied with, and he is not going to object to going and doing his time.

Boots told the Court, "I did it, you know what I mean?"

Estes revoked Boots' probation and remanded him to the custody of the Sheriff for imposition of the sentence previously imposed.

Stefanie Marie Chapa, in custody, admitted to having contact with an individual she was not to have contact with, failure to report to probation, and was found to be an absconder since June of 2021. Mills said Chapa has a long criminal history which spans several counties. He stated absconding is something that cannot be tolerated and asked that probation be revoked.

Public Defender Jacob Sommer told the Court the person Chapa had contact with is the father of her children and she has since been given permission to have contact with him. Sommer went on to say she has been in custody since September 2nd, and he thinks she has learned her lesson. He asked for another chance for Chapa to get this right. Chapa apologized to the Court and to her family.

Estes told Chapa that everything Mr. Sommer said regarding her position today "was true last year and the year

before that." He revoked her probation and remanded her to the custody of the Sheriff for imposition of the sentence previously imposed.

Cory Mykel Mullins, in custody, admitted to multiple sentencing violations and to being removed from Drug Court. ADA Priscilla Baker, speaking for the State, said the Court has given Mullins numerous chances, he requested he be released from Drug Court. She told the Court, "He's shown this court he's not going to adhere to any conditions of his probation" and asked that Mullins probation be revoked, and the underlying sentence be imposed. The underlying sentence was stated to be 19-48 months on Count 1, and 12-32 months on Count 2 to be served consecutively.

Noel told the Court that Mullins has come forward and has taken responsibility. He asked for his client to be reinstated on probation without the condition of Drug Court, and that Mullins be given the chance to go back to work, get his life a little more stable, pay back some of that restitution." He asked if probation not be granted that Mullins sentence be modified down to 12-26 months.

Mullins told the Court "I tried my hardest" regarding Drug Court. He said he knows he messed up and knows he could do better.

Estes told Mullins, "People tried to give you a hand and it didn't take. So at some point we have to try something else." Probation was revoked and the underlying sentence imposed. Mullins was remanded to the custody of the Sheriff.

Randy Lee Coe pled guilty to a Gross Misdemeanor charge of Battery on a law enforcement officer, in that Coe did kick a law enforcement officer on October 5th.

ADA Baker stated the State has notified the victim who did not appear. Due to negotiations, the State will remain silent.

Public Defender Jacob Sommer told the Court Coe is currently in weekly counseling and is deeply apologetic and he asked for probation for the defendant.

Estes explained a police officer's job is hard enough without, "... people like you ... kicking at them." Fines and fees were imposed, and Estes sentenced Coe to 6 months, suspended, and placed him on probation for 12 months with the standard conditions. Estes stated, "Mr. Coe, grow up."



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District Court Trial on Firearm and Meth Charges

By Teresa Moon

The Tenth Judicial District Court convened on Wednesday, November 30, 2022, with Judge Thomas Stockard presiding over the jury trial of Jason James Teeter.

Teeter pled not guilty to charges of Possession of a Controlled Substance, a Category E Felony, and to a charge of Manufacture, Duplication, Possession, or Use of a Deadly Weapon or Silencer, and carrying a Concealed Weapon Without a Permit, a Category C Felony on October 18, 2021.

The state was represented at the trial by Assistant Deputy District Attorneys Chelsea Sanford and Priscilla Baker. The defendant's attorneys were Jacob Sommer and Wright Noel.

Sanford began her opening statement by telling the jury she is here today to prove to them beyond a reasonable doubt that the defendant was in possession of Methamphetamine and was carrying a concealed weapon without a permit. "This is a straightforward case."

On November 13, 2021, law enforcement received information Teeter had an arrest warrant from Nye County and was in Fallon around Stillwater Plaza. They were provided with a physical description and a photograph. The defendant was located on West Williams Avenue. He was approached, identified, detained, and arrested.

Before officers searched the backpack the defendant said there may be a Ruger Bearcat 22 Revolver in the backpack. During the search of the backpack, a small baggie of methamphetamine and the Ruger Bearcat were discovered. It was later found that the weapon was operational, and that the defendant did not have a concealed weapon permit. Washoe Crime Lab proved the substance in the baggie to be methamphetamine.

Fallon Police Department Officers testified as to the steps taken to detain Teeter, search his backpack and place

him under arrest. Police body cam video of this search was played in court.

A Churchill County Sheriff's Office Task Force deputy testified as to his actions regarding custody of the substance and the weapon found in Teeter's backpack.

Noel began his opening statement by telling the jury, "Our Justice System is founded on one important idea...that is that anyone...is innocent until proven guilty beyond a reasonable doubt." He told the jury it is their responsibility to decide if the state has proven beyond a reasonable doubt that the defendant "knowingly possessed methamphetamine and a firearm."

Noel told the jury there are three uncontested facts in this case: Mr. Teeter was arrested on a warrant, he was wearing the backpack, and the backpack contained methamphetamine and a firearm. He told the jury that after they hear all the evidence, they will have reasonable doubt that Teeter knew what was in the backpack for 3 reasons: he never took possession of the backpack, there were mistakes made by the police in their investigation, and some items of clothing in the backpack were too small to fit Mr. Teeter. He said these three should give the jury reasonable doubt that the defendant knowingly possessed methamphetamine and a firearm.

A Churchill County Deputy witnessed that on November 13, 2021, working in the Churchill County Detention Center and assisting with the booking process, there were several clothing items in the backpack that would not have fit the defendant, however, he could not recall the sizes and there were no size notations in the log.

During the State's closing statement, Sanford reviewed the testimonies of the witnesses. She closed with, "The facts are simple. Straight forward. The defendant was carrying a backpack. Inside that backpack, he had a controlled substance and a firearm. That firearm was not

readily visible...he did not have a CCW permit...possession is not ownership."

Defense attorney Sommer's closing statement spoke about reasonable doubt. "The state's burden here is to prove actual knowledge as to both counts. And that is something that, you will notice, they did not do." Regarding the methamphetamine, he said, "The defendant's knowledge of the narcotic character of the substance possessed must not be presumed...[and]...there was no evidence, none at all, that the state propounded that proves that Mr. Teeter knew that substance was in that backpack. I am convinced that not only has the State not met its burden of proof...but Mr. Teeter is an innocent man, plain and simple. So, I ask you to return for my client a verdict of not guilty on both counts."

Sanford rebutted telling the jury that "doubt, to be reasonable, must be actual, not merely possibility, or speculation." Scenes from the police officer's body cam footage were played again for the jury. Sanford concluded by saying this case is "about whether or not this defendant was in possession of methamphetamine and carrying a concealed weapon without a permit. The state has met and exceeded that burden including all the evidence, testimony, officers, crime lab experts, photographs, videos, and other exhibits. We have met that burden. And we ask you to find the defendant guilty on both charges."

On Count 1, Possession of a Controlled Substance, the jury found the defendant not guilty. On Count 2, Manufacture, Duplication, Possession, or Use of a Deadly Weapon or Silencer, Carrying a Concealed Weapon Without a Permit the jury found the defendant guilty.

The second charge carries a potential penalty of 1-5 years in State Prison and a fine of up to \$10,000. Judge Stockard ordered a Pre-sentence Investigative Report. Teeter remains under Court Services supervision until sentencing, scheduled for February 28, 2023.

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Overland Restaurant Is Now Open

By Jo Petteruti

The Chamber of Commerce held a ribbon-cutting ceremony on December 1 to celebrate the opening of the Overland Restaurant with its new owners, Joe France and Bonnie Stryker who introduced their new steakhouse-style menu.

The Overland Restaurant will be serving dinner starting at 4:30 p.m., Thursday through Sunday evenings.

Stryker said, "We had the Gold Canyon Steak House in Dayton for over twenty years. But we decided to move to Fallon because we're getting older, and my kids live here so we wanted to be closer to them. Joe then decided to try the restaurant business again." She said they stayed retired for about a year before starting the Overland endeavor. "This is a cute building, and everything was pretty much here even though it hadn't been occupied for a long time. We did a lot of cleaning and different things in the kitchen. Joe brought in a new grill and a char-broiler."

Stryker said France had also owned restaurants before the two of them met, but the Gold Canyon was their first endeavor together. "That was an old building too that we fixed up. It used to be the old End of The Trail Saloon before then."

She said she was surprised with all the nice improvements that have been made in Fallon since she last lived here. "That was when my kids were in school. I left, but some of my children stayed and are still here. They never left. My daughter Marie Nygren is a retired school-teacher who is now a photographer. My sons Bob and Chuck are also here. I have eight children altogether."

The new menu consists of New York Steak, Lamb Chops, Sauteed Chicken Breast, Pacific Red or Blackened Snapper, and Calamari Steak in addition to three pasta dishes. Prime Rib is also offered on Fridays and Saturdays. Each dinner



The ribbon cutting was done by the Fallon Chamber of Commerce. Bonnie Stryker is in the center holding the scissors. Photo by Lucy Carnahan, Fallon Chamber Executive Director.

is served with the day's homemade soup and a fresh salad. Dishes other than pasta also include a choice of baby red potatoes, rice pilaf, or pasta. Each table is

also served a basket of warm, homemade bread and "real butter" because Stryker said she'd never serve anything else.

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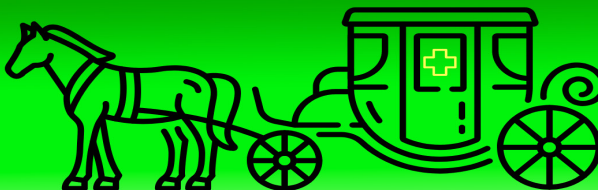
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Education

Bighorn Bulletin -- Update from Oasis Academy

Senior Spotlight: Layla Tanner

Oasis Academy College Prep Senior Layla Tanner is headed to College Station, Texas when she graduates this May. The Aggie tradition is a long part of her family's history with her father and sisters attending the competitive school. Tanner will major in Nutrition at A&M's School of Agriculture.



"Since joining Oasis at the beginning of my junior year I have met so many nice people. Along with taking on unfamiliar sports and college classes, I learned many lessons that will impact my future decisions in life," said Tanner. "I would like to thank Mr. Eric Grimes. He has been my teacher since I moved here. He always has a welcoming personality for all of his students."

The variety of classes Tanner has taken during her two years at Oasis has helped broaden her perspectives on topics. She continued, "My favorite class is philosophy because not only did I get to expand my own opinions, but also listen to others' thoughts on religious topics." Tanner is currently president of the Oasis Chapter of the National Honor Society. Being an active member of the NHS has provided a lot of opportunities to lead, volunteer in the community and give back. Along with taking classes, being a member of NHS, and being active in sports, Layla also currently has a part-time job at the Western Nevada College library. She has enjoyed learning and growing in that position and is thankful for the opportunity.

As Tanner looks into the future, her advice for future students is straightforward. "Perfect the basics, it is important to create a strong foundation." Tanner cannot wait to join her sisters for the fall of 2023 at Texas A&M.

Honor Society Organizes Lunch and Letters

The Oasis Academy College Prep Honor Society students have been busy working on a couple of projects throughout the community. The group organized the Lunch and Letters event at the Pennington Life Center. To start the project, students lead lessons with Oasis Elementary students about letter writing. Students then created cards with letters for the visitors at the Pennington Life Center. Over one hundred and twenty



cards were made.

On Friday, December 2, Oasis National Honor Society students spent two hours at the Center having lunch with visitors and handing out cards. Cards were also made for Meals on Wheels to pass out throughout the community. "This was a fun opportunity to not only work with fellow NHS students but also to get to volunteer in the community. We want to thank the staff at the Pennington Life Center for inviting our students and being welcoming," said Junior Hunter McNabb.

Hunter McNabb and Layla Tanner spearheaded the event.

Lego Robotics Teams Advance to Regionals

Both Team Oasis and Team Bighorns are advancing to the Northern Nevada Championship round in the First Lego League Challenge Division. The teams competed on Saturday, December 3 for the initial round.

Mrs. Kathy Keitz with Assistant Coaches Mr. John Keitz and Mrs. Sarah Frey lead the Team Oasis Lego robotics program. Mr. Keitz coaches the team on

the computer aspects of the program and Mrs. Frey coaches the teams on the Core Values portion of the competition. Along with advancing, Team Bighorns won the Motivation Award for excelling on their Innovation Project. The project included a presentation focused on using Helium 3 harvested from the moon for clean renewable energy.

Mrs. Keitz received the Coaches Award. According to the First Lego League website, the award is presented to the coach who "inspires their teams to do their best, both as individuals and together, and without them, there would be no First Lego League. This award goes to the coach or mentor whose leadership and guidance is clearly evident and best exemplifies the First Core Values."

"We are so proud of the teams and Mrs. Keitz. They have worked hard and come so far in a few short years. They definitely deserved this win," added Chief Academic Officer Rochelle Tisdale. Team Bighorns had two veteran members Gabriel Keener and Cristian Keener (both 8th graders) who were captains. Team Bighorns had students from 5th-8th grade. This was the first year competing for all of Team Oasis. Penelope Doyen and Zayden Maynez captain this group of 5th graders.

"I enjoy having Mrs. Keitz as my Lego Robotics teacher because she's helpful, fun, and enjoys teaching us. I look forward to her helping us get ready for our next competition," said Zayden Maynez. The regional competition is scheduled for Saturday, February 4 in Carson City.



Submitted courtesy of Angela Viera.

Around the Churchill County School District

CCHS
Students in Chase Johnson's Culinary Arts class learned how to make ramen. Culinary Arts is one of many Career Technical Education courses offered at the high school. Students have the opportunity to take Culinary Arts I, II & III. Culinary Arts I provides students with an introduction to the principles, chemistry, and techniques of food preparation. The classroom is patterned after industry with an emphasis on the standards of food service occupations. Students acquire basic skills in food handling, food and nutritional science, equipment technology, cooking methods, kitchen safety, sanitation procedures, and employability skills. Culinary Arts II allows intermediate culinary students to build on fundamental skills developed in Culinary Arts I. Students receive practical training in areas of food preparation, equipment use, merchandising, and service. Students are rotated through various culinary classifications. The appropriate use of technology and industry-standard equipment is an integral part of this course. Then Culinary Arts III provides students with instruction in advanced techniques and processes. They continue to develop all skills learned in Culinary Arts I and II. Upon successful completion of all three of these courses, students acquire the necessary entry-level skills for employment in the culinary arts field after graduation. If students are interested in taking Culinary Art classes, they need to meet with their counselor to get it on their schedule.



CCMS
Parents joined CCMS staff for a night of games, snacks, raffle prizes, and fun. The purpose of Family Game Night is to have an engaging night with parents and students as they go from room to room

learning about each section of the Greenwave Parent Academy. Parents watched videos on Infinite Campus, Google Classroom, Attendance, PBIS, Learner-Centered Framework, and Standard-Based Grading. Families received a raffle ticket for watching each video and then played a game that aligned with the video. When parents completed the stations, they turned in their raffle tickets for the various prizes that were donated by the community. Parent Engagement Nights are a crucial part of staff and parents connecting to help students be successful. Families need to be familiar with how their middle school students are learning. "These engagement nights connect our families with teachers and administration with the goal of creating a learning environment that promotes the success of all of our students," said Vice



Principal Dr. Deana Porretta. Parents, be on the lookout for the next parent night in mid-January with a welcome to the Second Semester Roundup. Parents and students will be able to go through their schedule and meet their new second-semester teachers for electives, science, or social studies while still getting to visit their math and English teachers. All Greenwave Parent Academy videos and materials can be found on the CCMS website.

Numa
As part of recognizing Computer Science week, students in Travis Ryness' fourth-grade class did a parade coding activity using Sphero Robots. Students used their 21st-century skills to code robots and had to make a Lego float for their Sphero robot, then created a parade route for it to travel down. Ryness was impressed with his student's skills and said they did a great job building and collaborating. His students thoroughly enjoyed this activity as well. "Sphero robots are so amazing," said student Trinity Taylor.

E.C. Best
Students in Kari Lister's third-grade class participated in coding activities this week with The Grinch Hour of Code. Lister chose this lesson as an introduction to coding and troubleshooting. "We talked about perseverance and how to keep trying different algorithms to write the code to save Christmas," said Lister. Students had to use debugging skills to correct their code to make it all work. Hour of Code from code.org gives a variety of resources to get students started with coding. "We are just beginning this unit in our classroom, and I thought this particular lesson was perfect as an introduction because it was Christmas-oriented," said Lister. Coding is important because it helps students build problem-solving skills and teaches them to experiment and be creative. It is a skill they will benefit from learning, especially in a technology-driven world. "My class loved it, and they ask me every day if we can continue with the coding activities. The lessons are fun and engaging, so that is helpful as well," said Lister.

Lahontan
Students and their families flooded Lahontan for the first Winterfest since 2019. Winterfest is a time to gather families and provide fun crafts and activities that students and their families can complete. It is a fundraiser for the school that supports activities for students throughout the year including the end of the year celebration. This year students and their families made fun Christmas crafts, enjoyed yummy treats, got their face painted, and played fun holiday games such as Santa Ring Toss, Pin the Nose on Rudolph, Snowball Toss, and Snowman Bowling, and they got to meet and get a picture with Santa. There were some incredible themed baskets created by each class for a silent auction and there were some great raffle items for families to win as well. It was a night jam-packed with fun for the entire family to kick off the holiday season.



Local Columnists

Heaven on Earth Horoscopes: December 9 - 15

This week the heavenly influences have us seeing stagnant situations that have been ongoing or reoccurring. And we actually feel like doing something about them this time. Here are the strengths, power, positive aspects vs. the hidden, negative influence for the signs this week...

Aries__ you're going places this week Aries. Whether it be in work, relationships, or personal development you have the strength to overcome any obstacles and steer yourself towards accomplishment and success. Be cautious of being too opinionated, but let your voice be heard and don't be afraid to make your point or take action.

Taurus__ suspends your assumptions, preconceived notions, and you have the power to listen to the other side of the argument. Use this power this week to relax your ego and make a small sacrifice in order to get things moving again. Spit out the sour lemon you've been sucking and go make some lemonade.

Gemini__ time to move past hurt feelings, what's done is done. This is your strength this week - you're coming back to the land of the living. No use dwelling on the unknown factors and "what-ifs". It might be a challenge to reconnect, but with your desire to get over things, you'll figure out a way to get back on the same page again.

Cancer__ been there, done that, don't wanna go back. You see where you get trapped and stuck in repetitive thoughts, actions, or behaviors now, and you won't allow yourself to slip back into that loop. You've tasted freedom and it tastes like fresh air. But be aware of putting up walls too high for anyone to get around while you're protecting your newfound freedom.

Leo__ asking yourself the right questions is your strength this week. What makes me feel free in my life? Am I settling for less? How much of my independence am I willing to sacrifice or compromise for this situation? You may feel ready to jump in with both feet, start anew, take that leap of faith. So what is holding you back? Good question.

Virgo__ there is an unresolved issue from the recent past that is front and foremost on your stage. This week you will start to see what and where in your life needs reconciliation, forgiveness, and processing through. Although it may be difficult to get what you want out of this situation and to see where you may be acting selfishly, it is time to believe it can be worked out.

Libra__ bravery is your strength this week. Not everyone has what it takes to face their fears, move on from their own insecurities and doubt in order to bring an end to a situation that is miserable, frustrating, or disconcerting. But your willingness to not suffer any longer could be challenging if you hold on to the false assumption that things might not work out.

Scorpio__ time to relax and melt the tension of last week into a playful, supportive energy for this week. You're moving into a trusting position where you can be supportive of others around you and help them to feel appreciated, accepted, and that they belong. Don't lose this opportunity to express supportive energy, it's important for you to act upon it. Think about it.

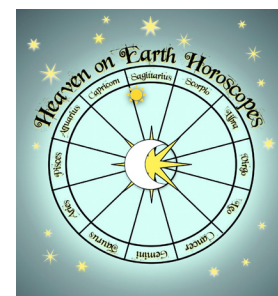
Sagittarius__ it's a matter of emotional support. Are you giving it to yourself or expecting it from another? You'll find clarity on these questions this week and

this will strengthen how you feel about matters of financial security and how the two affect each other. If you're feeling cold and distant from a situation, you'll be able to make the connection to the source of these feelings.

Capricorn__ follow your north star, dare to pursue your dream, listen to your true heart's desire this week for there lies your strength. This is a powerful time for you to look towards turning your dreams, ideas, and passions into your life's work. The only obstacle right now is your ability to believe in yourself and your big golden dream.

Aquarius__ it's dawning on you that you don't need to know if it will all work out before you decide to throw yourself into it whole-heartedly. You have the desire to see it all work out, for it to succeed, and that is enough to give you the green-light-go! Although your shadow is still hesitant, a little head-shy and afraid of being naive, you're ready for the journey.

Pisces__ believe this situation can be rectified, healed, and turned into a solution and it will be. It will need your attention and your willingness to try again. Your strength is your acceptance and acknowledgement of this unresolved issue. Now what to do about it? That will become clear as long as you don't ignore or deny that the issue does concern you.



Rebekah Dahl interprets heavenly influences to help bring wisdom, love, and empowerment into our earthly experience.

Using Solution-Focused Therapy in Practice

By Vicki Jones, LCSW

Solution-Focused Therapy (SFT) relies on a shift away from a problem-focused approach toward seeking positive change for your clients. SFT allows the client to determine what that change looks like to them. SFT shifts the focus away from solving the problems of the client's childhood, or traumas over a lifetime, and instead allows the client to focus on how they want the future to look. By using language which allows the client to open up about solutions to how they

feel right now, they are more inclined to focus on exploring what is required to bring about change. As a therapist using SFT I've become focused on listening and understanding language and the way clients frame their experience as stable, permanent, internal, and global.

SFT language would be someone who uses "I am" statements when they describe their experience. Using SFT, I find a way to help the client deconstruct and reframe the statements about themselves for them to see that there are workable solutions to how they feel right

now. I help them come to some solutions by introducing different perceptions of the experience. I try to help them see that the problem isn't permanent by talking with them in a "problem-free" manner, such as asking them what they enjoy doing or what they like to do to de-stress.

Goal setting is a very important component of SFT and can be incorporated into the very first meeting. The goals need to be achievable, specific, and well defined. I also use scaling and exception

Continued on next page ...

What's Cooking in Kelli's Kitchen - *So rested she by the pawpaw tree...*

Yesterday, I had the privilege to tour an urban farm located in the heart of Washington D.C. The farm is surrounded by subsidized housing, located north of the White House near Howard University. The Common Good City Farm engages in small-scale sustainable and regenerative agriculture practices at their half-acre of growing space in a public park. Over the last 15 years, Common Good has provided over 10 tons of fresh produce to the community and has partnered with over 8,000 people in educational programs rooted in caring for the soil and tending to the earth.

In addition to a variety of high-producing row crops and a medicinal garden, Common Good City Farm has a small orchard complete with figs, peaches, and pawpaw trees. The pawpaw, also known as a custard apple, is a small understory tree that produces the largest edible fruit native to North America. They are prolific in the parks and along trails in the National Capital Region, Appalachia, and as far north and west as Michigan, providing a tasty snack for hikers and wildlife. Pawpaw tastes like a combination of bananas and mango with hints of vanilla and citrus notes.

I am doing a big disservice by writing about pawpaw trees in a local paper in northern Nevada. According to UNR Cooperative Extension, pawpaw trees are capable of growing in northern Nevada, however, they are unlikely to produce fruit. The trees prefer to grow in acidic soil, making our alkaline-dominated soil an inopportune habitat. The trees require around 400 hours of chill which means that they are likely to flower during the false Nevada spring in February. Once blossomed, the tree needs

around four months of frost-free conditions to set and grow fruit—so Memorial Day weekend and the late May freeze would be a deal-breaker.

To further complicate access for curious Nevadans to the fruit of legend, ripe pawpaw fruits have a notoriously short shelf life of 3-5 days. So, it is virtually impossible and highly unlikely that you will find pawpaws in grocery stores, even in places where pawpaws grow prolifically. They can be found in the realm of farmers' markets and on-farm produce stands. In short, pawpaws are my new favorite fruit that I have never tasted.

Should you find yourself in a place where pawpaws are grown, in September or October when they are ripe and ready, please do me a favor and try one. The experience of eating pawpaw represents a special moment emblematic of being in the exact right place at the exact right time. So often, we try to stretch accessibility to produce items like these. We have gotten used to enjoying avocados in our guacamole and bananas in our cereal in the height of the winter. Pawpaws, much like the Heart of Gold Cantaloupe, force us to be rooted in the soil, experiencing the particular terroir of the present.

For kicks, here is a recipe celebrating an ingredient that we are collectively unlikely to ever find.

Pawpaw Pudding

INGREDIENTS

½ c butter, melted then slightly cooled.
2 c sugar
1 ½ c flour
1 t baking powder
¼ t salt

½ t ground cinnamon
¼ t ground ginger
¼ t ground nutmeg
3 large eggs
2 c pawpaw pulp
1 ½ c milk
1 t vanilla extract
Whipped cream for serving

DIRECTIONS

1. Heat oven to 350 degrees. Grease a 13x9 baking dish.
2. In one bowl whisk together all dry ingredients. In a second bowl, whisk together eggs and pawpaw pulp until smooth. Whisk in milk and vanilla, then melted butter. Pour the wet ingredients into the dry ingredients and stir only until combined.
3. Pour batter into the prepared pan. Bake for 50 minutes until just set in the center. Cool to room temperature before cutting. Serve with a dollop of whipped cream.

If you absolutely must try pawpaw, I am right there with you. Frozen pawpaw pulp can be bought online from earthy.com and integrationacres.com.



*Kelli Kelly -
Slinger of Produce. Slurper of Dumplings.
Person of the Bean.*

THERAPY from page 16...

questions to help the client see that they achieved, or made progress on, their goal of feeling better.

I used SFT with a client who told me that she just couldn't make it to work on time. We talked a lot about what makes her late; she got on social media and forgot to watch the time, decided to do a load of laundry and waited for the dryer to stop so the clothes wouldn't be wrinkled, and she's always late and people expect it so why change now? I asked her, then why is this bothering you? She said that she didn't want people to think she was lazy. I asked her what a day of being on time or even early would look like. She said that she would probably do her laundry in the evening, not get

on her phone in the morning, and get up when the alarm goes off the first time, not the third. I asked her what she thought her co-workers and supervisor would think of her if she arrived early to work the next day. She said they would be surprised and would mention it to her. I asked her how that would make her feel. She said, "Good." I challenged her to try it that evening and the next morning and see how it worked out. I suggested that she keep telling herself that she had plenty of time to do things and still get to work on time.

I called her the next night and asked her how it went. She said it was amazing. She had taken care of her clothes the night before and gotten up when her alarm went off. She had more than 20 minutes after everything was done to get

to work on time so she left and enjoyed the drive instead of trying to get through traffic knowing she was late and getting so stressed out. She arrived before most of her coworkers, put the coffee on, and almost everyone commented how good it was to see her so early. It made her feel so good that she planned to do the same thing the next day.

Your self-talk defines what your expectations are for yourself. If you are saying "can I" instead of "I can," change it to "I am." Just a simple change makes a positive change and presents the solution that you can focus on to get the results you most desire. Give Solution-Focus language and thinking a try. You might be amazed that the solution was right there in front of your eyes.

Entertainment

Carol's Book Report - "The Con/Artist: Life and Crimes of the World's Greatest Art Forger"



Tony grew up in rural New York, married young, moved to Southern California and became a furniture salesman. Wanting more and having always been interested in art, he began forging paintings by Picasso, Miro, Rembrandt, Caravaggio, and others, then sold them to galleries in Palm Springs, Beverly Hills and beyond. Self-educated and clearly a very smart guy, he made millions, drove a Ferrari and Lamborghini, hobnobbed with the rich and famous, drank a lot, did some coke, and slept around. It all came to a halt in 1989 when he was arrested and spent some time in prison.

Investigative reporter Ambrosi uncovered the Price Charles scandal which brought to light that a few of his "masters" were actually "Tetros". No one likes to be hoodwinked and a lot of folks were. The sleazy underbelly of the art world is exposed by a man who was in the thick of it. A riveting and highly entertaining read.

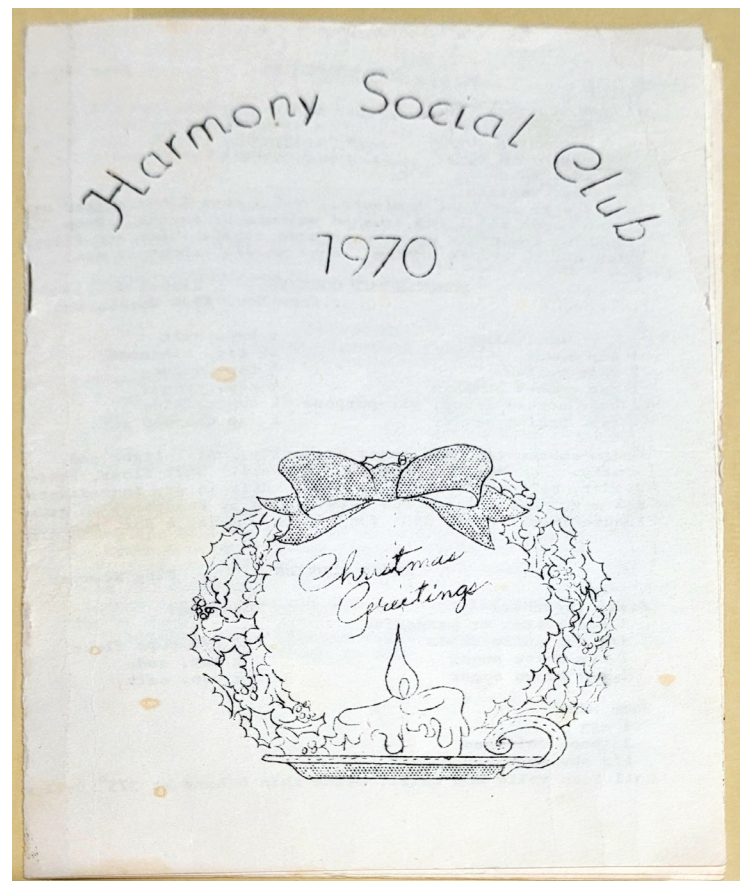
This title is available in print at the Library.

Carol is the Director of the Churchill County Library. She recently took a watercolor class and wonders at the ability of someone who can forge such diverse artistic styles.



The Churchill County Museum would like to wish the residents of Fallon and Churchill County a Merry Christmas.

The book to the right is a copy of a Christmas cookbook created by the Harmony Social Club in 1970. Inside the cookbook, you can find recipes such as Anise Cookies, Lebkuchen (German Christmas Cake), and Aunt Hannah's Raisin-Filled Cookies. These recipes were gathered by and from the fabulous local ladies of Fallon.



Movies & More

At Your Community-Owned and Operated Fallon Theatre

December 16 and 17, we have two great movies playing for you on both Friday and Saturday evenings. Our first feature, at 6 p.m. is the 2018 computer-animated Christmas comedy film “The Grinch.” The Grinch and his loyal dog Max, live in a cave on Mount Crumpet. His neighbors in Whoville aggravate him with their Christmas Holiday celebrations. When the Whos decide to make Christmas even bigger, the Grinch realizes there is only one way to gain peace. With the help of Max, he hatches a scheme to pose as Santa Clause and steal Christmas. Voices provided by Benedict Cumberbatch, Rashida Jones, Angela Lansbury, and Pharrell Williams.

Our second movie each evening, at 6:30 is the 2003 Christmas comedy “Elf.” Buddy, raised as an oversized elf, travels from the North Pole to New York City to meet his biological father, Walter Hobbs, who doesn’t know he exists and is in desperate need of some Christmas spirit. Stars Will Ferrell, James Caan, Zoey Deschanel, and Bob Newhart. Both evenings include full Elf immersion, featuring an Ugly Christmas Sweater and Elf Costume Contest, and much more. We want to thank Ott’s Farm Equipment for sponsoring this great Christmas event.

Wednesday, December 21, we are excited to have the Nashville-based country duo, Luke and Kaylee take our stage for a holiday show. They will be playing country, Christmas, and original songs. Tickets are \$20 per person with 20% of ticket sales donated to a local charity. Doors open at 6 p.m. with the performance starting at 7:00. For tickets visit www.lukeandkayleemusic.com/tour.

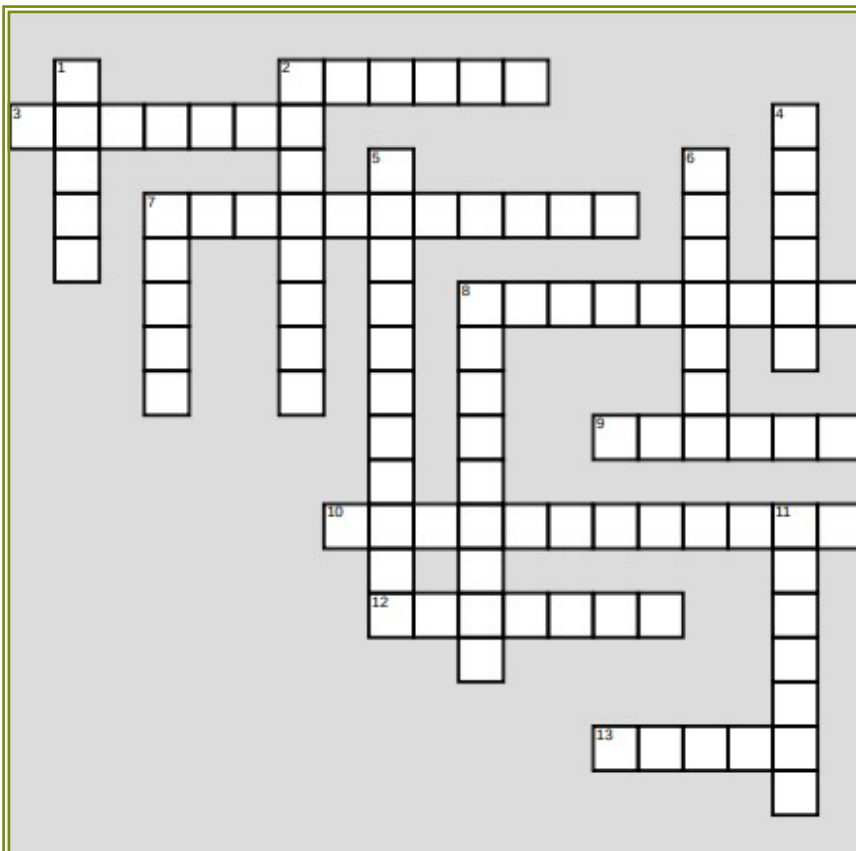
As always, all movies are free. Hope to see you “at the movies”.

December Movies

<p>Friday 12/2 Traditional Fallon Christmas Tree Lighting 4:30-6:30pm</p>		<p>Friday 12/2 Lahontan Valley Concert Choir Free! 6:30pm</p>
<p>Friday 12/2 6:30 & 7:00pm</p>		<p>Saturday 12/3 6:00 & 6:30pm</p>
<p>Friday 12/9 6:00 & 6:30pm</p>		<p>Saturday 12/10 6:00 & 6:30pm</p>
<p>Friday 12/16 6:00 & 6:30pm</p>		<p>Saturday 12/17 6:00 & 6:30pm</p>
<p>Friday 12/23 B&W 6:00pm Color 6:30pm</p>		<p>Closed: Christmas Eve & New Year's Weekend!</p>

All Movies are FREE!

The 2022 FIFA World Cup 16



- | Across | Down |
|---------------|----------------|
| 2 Warsaw | 1 Seoul |
| 3 Rabat | 2 Lisbon |
| 7 Bern | 4 Brasilia |
| 8 Canberra | 5 Amsterdam |
| 9 Paris | 6 Zagred |
| 10 Washington | 7 Madrid |
| 12 Dakar | 8 Buenos Aires |
| 13 Tokyo | 11 London |

Continued...

FRTC from front page...

The county will also receive \$20 million to offset the land conveyance. Barbee said the money will help offset the funding for a new courthouse.

In 2021, Congress renewed the current FRTC withdrawn lands that consist of more than 234,124 acres of land within the training areas Bravo-16, southwest of Fallon, Bravo-17 east near Fairview Peak, Bravo-19, 30 miles south of town off U.S. Highway 95, Bravo-20, northeast of Fallon, and the Dixie Valley and Shoal Site training areas. The land was permanently withdrawn in 1953 through Public Land Order 898.

The proposed bill also includes three new wilderness areas: Clan Alpine, Augusta, and Desatoya which were formerly Wilderness Study Areas. Barbee said the 70-mile-long Stillwater Range east of Fallon, which is a wilderness study area, is being replaced with the Numunaa Nobe National Conservation Area which will

allow more flexible access than wilderness. Grimes Point will also be placed within the conservation area.

Capt. Shane Tanner, commanding officer of NAS Fallon, said the need to modernize the FRTC has never been more urgent. "Naval Air Station Fallon remains committed to working with all stakeholders as we implement congressional legislation over the next several years," Tanner said.

Tanner, who became commanding officer in March, said he appreciates the support and cooperation among all the stakeholders that have been involved with the FRTC expansion.

Earlier this year, Carlos Del Toro, Secretary of the Navy, visited NAS Fallon and met with community leaders. He said this piece of critical legislation will enhance the nation's security by allowing the Navy's carrier air wings and special warfare teams to train in a more realistic environment.

One hundred percent of all naval

aviation and naval special warfare units train on Fallon ranges before deployment. Advanced weaponry and more air space are needed to launch missiles toward their targets. The expansion of Bravo-16 will give the SEALs (Sea, Air, and Land) Teams the ability to conduct more realistic worldwide training. Churchill County Commission Chairman Pete Olsen and Fallon Mayor Ken Tedford said the stakeholders in the expansion talks stood and worked together and created what Olsen called an "exciting" plan for the future. "When this bill becomes law, we will commence a new chapter focused on ensuring that Congressional intent translates into real-world progress," said Olsen in a press release. "Churchill County looks forward to continuing its strong relationship with the Navy in support of their important mission and partnering with Nevada's congressional delegation to ensure the administration's implementation accounts for the realities of day-to-day life in Northern Nevada."

Amber Torres, chairwoman of the Walker River Paiute Tribe, addressed the contamination of tribal lands and said an injustice has been resolved. "We can now begin the healing process, with restored sacred lands, expansion of our tribal homeland, just compensation, and the opportunity for new economic development for the benefit of our people," Torres said. "This landmark legislative settlement marks a new day for the Walker River Paiute Tribe and our friends and neighbors in the great state of Nevada."

Tedford said their voices were heard and their views represented in this legislation. "We know many parties' interests were involved but as always, Senator Cortez Masto was masterful in bringing those many different interests together to reach a solution that both addresses national security and respects local interests," Tedford said. "We're grateful for the collaboration from the entire Nevada delegation to move this proposal forward." Cortez Masto said the expansion of the Navy's Fallon Range Training Complex will improve national security, fuel economic growth in Churchill County, and preserve important cultural heritage sites for Tribal nations. "I worked closely with Senator Rosen and Congressman Amodei, the administration, Senate Armed Services Committee, congressional leadership, and all local stakeholders to secure this agreement and will make sure it is in the final NDAA," Cortez Masto said. The range expansion and the NDAA will be discussed in more detail at the December 21 Churchill County commission meeting, which begins at 1:15 p.m. in the commission chambers.

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Rural Mobile Office: 775-225-1457

Senator Jacky Rosen
<https://www.rosen.senate.gov/>
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(775)-686-5760

Governor Steve Sisolak
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Carson City
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Carson City, NV 89701
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Fax: (775) 684-5683

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[James/Settelmeyer@sen.state.nv.us](https://www.settelmeyer.sen.state.nv.us)
2388 Highway 395
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(775)-450-6114

Assembly woman Robin L. Titus
[https://Robin.Titus@asm.state.nv.us](https://www.robin.l.titus.asm.state.nv.us)
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(775)-684-8507

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polsen@churchillcountynv.gov

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Councilwoman Karla Kent
Ward 2
kkent@fallonnevada.gov
(775) 423-2126 (Work)

Councilman James Richardson
Ward 3
jrichardson514@hotmail.com
(775) 423-3040 (Work)

Churchill County School Board
Matt Hyde
President Term: Jan. 1, 2015 to Dec. 31, 2022
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hydem@churchillesd.com

Tricia Strasdin
Vice President
Term: Jun. 23, 2016 to Dec. 31, 2024
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schankc@churchillesd.com

Amber Getto
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gettoa@churchillesd.com

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whitakerk@churchillesd.com

Fred Buckmaster
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buckmasterf@churchillesd.com

Gregg Malkovich
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775-835-9106
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malkovichg1@churchillesd.com

Nevada System of Higher Education
Board of Regents District 9
Carol Del Carlo
775-846-9909
2601 Enterprise Road
Reno, NV 89512
cdelcarlo@nshe.nevada.edu

Community Meetings

Dec. 12 - Dec. 16

**County Commissioners
Water Workshop with
Lyon County
December 12 at 5:30 p.m.
155 North Taylor Street
Commission Chambers**

**CCSD Board of Trustees
December 14 at 5:30 p.m.
690 South Maine Street
District Office**

**County Planning
Commission
December 14 at 7 p.m.
155 North Taylor Street
Commission Chambers**

Newlands Project Water Levels

*Measurements taken
December 7, 2022 at 8:30 p.m.*

**Lahontan Reservoir
22,530 af**

**Truckee Canal at Hazen
0.00 cfs**

**Truckee Canal at Wadsworth
0.00 cfs**

**Carson River Below Lahontan
1.94 cfs**

**Carson River at Ft. Churchill
128 cfs**

December 07

2022 : 22,457 acre feet

2020 : 58,076 acre feet

cfs - Cubic Feet per Second

af - Acre Feet

Source: TCID.org

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Orange Mango Cup
ADSD = 39

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