

THE FALLON POST



January 22, 2021

Price \$1.00

Fallon Daily Bread Celebrates 15 Years



Volunteers work hard in the kitchen to serve meals to the community: Mary Nelson, Steve Russell, Margaret Knox, and Ron Evans.

Submitted By Fallon Daily Bread

As Fallon Daily Bread, a ministry of Epworth United Methodist Church, celebrates its 15th Anniversary of serving free meals to anyone in need, on January 19th, the coordinators would like to thank the community for its generous support. The all-volunteer program seeks to provide a hot, nutritious meal in a warm and caring atmosphere to any and all who wish to participate every Monday and Thursday from 4:45 to 5:45.

Started in 2006, serving one meal a week, the first meal served seven guests in the Fireside Room of the main church building, with the following week serving 35 guests. At that point a second night was added, with the number of guests being served rising every week. In 2009, upon completion of the Wolf Center, FDB moved its ministry into a much larger kitchen and dining area which enabled more meals to be prepared more efficiently. Over the last 15 years, FDB has served over 130,000 meals to the community.

With a wonderful group of volunteers who prepare and serve the meal and then clean up afterwards, FDB has survived the good and bad times. Volunteers have included service groups, businesses, churches and individuals, who donate their time to serve those in our community who may need a little help. FDB is completely reliant on not only volunteers, but on donations, both financial and of food and equipment.

Started by Mary Myers, Kathy Fraker, and June Young, with support from the church congregation, Kathy and June are still involved, with Kathy Fraker being the Volun-

teer Coordinator, and June Young in charge of finances. Shortly after Mary Myers moved from the area, Barbara and Ron Evans came on board as the head menu planners and food purchasers.

Over the years, the community of people, in which Daily Bread serves has become family and friends. Kathy Fraker noted that the best part of the program for her, is watching strangers come together to help each other. Ron Evans concurred, saying there is a special bond among the guests. "When one passes away, it's like losing a member of the family," he said.

During the last 10 months the program has had to make some changes with the pandemic and closure of the church dining room. Determined to keep FDB serving meals, a to-go system was implemented. Meals are prepared in the kitchen, using some new safety protocols, and then packaged into containers and passed out a side door of the Wolf Center building. This isn't ideal, since the community atmosphere is missing, with the social distancing in place. FDB Coordinators look forward to when we can serve in the dining room again.

Kathy, Barbara, Ron and June want to express gratitude to the community, and to God, for blessing and supporting us over the last 15 years. Fallon Daily Bread has only survived because of the volunteers, financial support and the many miracles we have witnessed. If you are interested in more information on volunteering contact Kathy Fraker at 775-867-3095, to donate food contact Barbara and Ron Evans at 775-423-2650 or to provide financial assistance call June Young at 775-217-2259.

Karma Boxes Come to Fallon



By Rachel Dahl

Fallon's first Karma Box was installed this week on Williams Avenue at the Fallon Chamber of Commerce office. Located at 448 W. Williams, the first box was filled with snacks, personal items, clothing and socks, and staff at the Chamber will maintain it on a regular basis.

The Karma Box Project was started in Reno several years ago by Grant Denton as a community initiative that allows people to give non-perishable food, first aid, and toiletries directly to those in need. Denton hosted a class at a youth camp two years ago that Ka-dee Zeller attended with her STOP students (Students Taking on Prevention) through the Churchill Coalition. They were introduced to the idea of the Karma Boxes and got to paint one that was later placed in Carson City.

"I asked Grant what it would take to get one of the boxes in Fallon," said Zeller, "and he said, 'build one.'" She was also very concerned about who would take care of the boxes and who would be responsible for checking on them and stocking them.

About the same time, Lucy Carnahan, executive director of the Fallon Chamber was in Reno one day where she saw one of the Karma Boxes and thought it would be a great project for Fallon. She called around to see if anyone else would be interested in doing Karma Boxes and happened on the Community Coalition and the partnership was born.

Continued on page 23...

From the Publisher

Captain's log...Stardate January 22nd

I really love hearing from our readers. It's pretty close to one of my favorite things about doing this paper. Most of the time.

One guy told me this week, "That's no way to run a paper, Rachel." Which is absolutely correct. We made a ridiculous, awful mistake last week in the paper that really mattered. Sometimes our mistakes are little and no-harm-no-foul, and super easy to fix in the online version. But man, when we make a mistake, in print, about important information on which people are relying for their *health* – Geez.

It's embarrassing, of course, but worse than that, we are doing this so people can rely on us and we don't want to do anything that jeopardizes the trust you all have put in us. So, when someone is nasty to me when I call them back to clarify and make right on our mistake, that stings a bit.

But mostly, it's fun and a lot of time interesting, and sometimes so dang sweet when people communicate with us that it brings us to tears.

I got a hot tip from a reader this morning that there were three police cars parked in front of one of her neighbor's house down the street. Instantly, my favorite television show from childhood popped into mind – *Bewitched*, with the sweet neighbor across the way, Gladys Kravitz.

And then we got a hand-written, old fashioned letter from a reader who sent a six-month subscription saying, "I will not pay a year in advance because I might die mid-term OR your bold, new adventure might fold-up mid-term. Either way, I'm out money." This sweetheart went on to say, "I love the printed *The Fallon Post*. It is so well done, and so needed. Such a talented bunch of "Wing Nuts" you all are!"
Yep, I totally cried.

Keeping you posted,
Rachel

Corrections: We are so sorry that we got the age wrong in the vaccination story – the county vaccination program held January 21st was for people age 70 and over, not 75 and over. Additionally, the initial article (online and in print) inadvertently omitted the Fallon Youth Club's partnership with the City of Fallon, which was the lead agency on the project. FYC also partners with the Churchill County School District for 21st Century Learning Center programming. Please accept our sincerest apologies.

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A special thanks to Jewel Fain for her creative touches with the owl tracks and barbed wire fence posts.

Larry Tucker



Larry Tucker, long time Nevada resident and multiple time Fallon resident, lost his battle with extended health issues. The eighth of January 2021 will mark the end of his extensive life and careers.

Born in Spokane, Washington, in September of 1941 to Ed and Virginia Tucker, the first of four boys.

After serving in the Air Force on mobile missile launchers in Germany, Larry moved to Fallon to work for Clie The Jukebox Man and start a family. Shortly thereafter he and his new family were transferred to Oregon. After a very brief stint, Larry returned to Fallon to work for Automatic Merchandisers.

Soon after the passing of his second wife, Linda, Larry retired from Kenyon College in Ohio. Retiring as the head of the archive department, including some work for the congressional library. In retirement, he once again returned to reside in Fallon finishing his career as a volunteer archivist for the Fallon Museum.

He is survived by his three brothers Alvin, John, and Tom; daughters Leeanne and Cindy; son Larry; six grandchildren and eight great grandchildren.

His absence from our lives will be noted. No services are planned at this time.

A vertical rectangular box with a background of pink and white roses. The text is centered and reads:

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The State of a Troubled State: Sisolak's Plan for Recovery



Governor Sisolak addressing the state via Zoom.

By Leanna Lehman

Nevada Governor Steve Sisolak addressed the Silver State on Wednesday, January 19th, and delivered his State of the State address.

"Every Nevadan has been impacted by the COVID outbreak. Whether you've lost a job, had to learn from home, missed a graduation, grappled with keeping your small business open, or been unable to visit family for birthdays and holidays, or in a hospital room, this disease has touched us all. And the truth is, we still have a way to go," began Sisolak. In his address, Governor Sisolak discussed some of the issues facing Nevadans, as well as his plan for moving forward.

Leading his list of challenges is the ongoing battle against COVID-19, getting students back to school full-time, getting the economy back on track, getting people back to work, and green energy.

Sisolak's primary focus regarding COVID is a campaign to get people vaccinated.

According to the Governor, 100,000 first and secondary doses of the vaccine have been administered statewide. While waiting for more vaccines to be delivered, public health officials are strategizing ways to improve vaccine distribution. "Again, let me assure all of you," stated Sisolak, "every part of government is focused on vaccinating Nevadans."

Sisolak also stressed the critical nature of the COVID-19 pandemic, "Anyone who tells you that COVID-19 is just a public health crisis is wrong – it is also an economic crisis and a fiscal crisis," said the governor. "It has impacted Nevadans' ability to feed themselves and their kids, to keep the lights on, to keep a roof over their heads, to earn a paycheck and keep the benefits that allow them access to health care."

From an economic standpoint, Nevada has been hit especially hard by the pandemic.

Approximately 250,000 Nevadans were laid-off in 2020. In a state where its economy is largely dependent on the hospitality industry, the shutdowns dealt a devastating blow. "When travel stops, hotel rooms go empty; when showrooms close, and our conventional business and tourism shut down, it hits our State harder than any state in the nation," Sisolak stated. "We need to expand our economy to other world-leading industries that can create new jobs and new opportunities for our people."

In response to the difficulties facing the Silver State, Governor Sisolak, in partnership with the State Treasurer, Zach Connie, who assisted him in developing the plan, listed five new economic initiatives designed to bring economic recovery and growth to Nevada.

First, Sisolak plans to work with the legislature to pass an energy bill that will increase transmission, storage, and distribution of all forms of clean energy. "Passing this bill will create good-paying construction jobs starting this year," said Sisolak, "and help in our fight against climate change."

Secondly, the Governor proposed legislation for the creation of Innovation Zones throughout the State. He believes that companies with new technologies can come to Nevada to develop their industries without incentives like tax abatement and public financing. If the legislation is passed, Blockchains, LLC, will be creating a smart city in northern Nevada, "making Nevada the epicenter of this emerging industry and creating the high paying jobs and revenue that go with it." In addition to Blockchains, the Governor cited other innovations like UNR's superconductivity research that the Department of Energy calls this breakthrough the "Holy Grail" of energy efficiency.

Third on the Governor's list of initiatives is preparing our workforce for the new Nevada economy. He is calling on some of the state's leading companies to "fund, design, and implement training programs to prepare and qualify employees for these new jobs" in what he is calling the Nevada Job Force. "Nevada has never experienced an economic recovery challenge as great as the one it faces now," remarked Sisolak. "Many of the jobs lost during the pandemic will not come back as businesses move toward automation."

The plan includes community colleges playing a bigger role in workforce training. "That's why I will be asking the Legislature to work with the Nevada System of Higher Education over the next two years to develop a framework transitioning Nevada's community colleges to a new independent authority that will focus on making Nevadans job-ready," stated Sisolak. He also plans

to establish a Remote Work Resource Center to connect Nevada workers as the remote workforce will likely double by 2025.

Building infrastructure was fourth on the Governor's list. "Infrastructure creates real jobs for real people, and it will allow us to put hundreds of millions of dollars into our economy," said Sisolak. According to the governor, infrastructural improvements will create high-paying construction jobs and serve as the building blocks for decades of expansion. His new budget includes \$75 million for capital improvements that will launch the State Infrastructure Bank to leverage outside capital to fund important infrastructure projects like road improvements, rural broadband, and renewable energy.

Finally, Governor Sisolak plans to make Nevada's government work better. One area of focus was the State's Department of Employment Rehabilitation (DETR). The systems in place are outdated and have been unable to meet the demands of unemployment insurance claims, which rose from 20,000 to 370,000 per week over the last year. "Better systems, modernization, private sector help, and more federal dollars. That's a big part of the path forward," said the governor.

Sisolak believes, once the five-part plan is implemented, 300,000 short-term jobs will be created, with 165,000 of them becoming permanent and help create a more thriving and sustainable Nevada economy.

The revised state budget was also addressed during Governor Sisolak's speech. Year-end revenue projections were better than expected, allowing for his new \$8.68 billion budget to restore cuts made to several state programs, including Medicaid. Also, more money for education is planned. In addition, \$415 million is slated for capital projects, the Public Employees' Benefits Program (PEBP) is to be expanded, and \$5 million is set aside for the creation and support of new business in Nevada. "We are in an improved, yet still difficult position," said Sisolak.

During his speech, the governor expressed concerns over Nevada's struggling educational system stating he is dedicated to modernizing and improving education in Nevada, which comes with a hefty price tag, stating, "My budget also ensures marijuana tax dollars will continue to fund education, to ensure districts can meet the needs of students during the pandemic and beyond."

Finally, Sisolak thanked the Nevada National Guardsmen in Washington D.C. and spoke about what he called the division and polarization that is gripping our country. "It has to end," he said. "This is America. This is Nevada, and we need to pull together. Nevada, we can do this. We are determined, we are resilient, and we are strong."

Republican Response to Governor's State Address



Robin Titus responding to Governor Sisolak's state of the State address.

By Leanna Lehman

Nevada State Assemblywoman and Assembly Republican Leader, Dr. Robin Titus, delivered a response to Governor Steve Sisolak's State of the State address on January 19th.

Immunizing and improving health care across Nevada topped the priority list of Assemblywoman Titus, along with education, economic recovery, government transparency, and meaningful election reform.

According to Titus, the COVID-19 pandemic exposed the fault lines in Nevada's healthcare system. "This is allowing us to implement common-sense reforms that will provide equitable and accessible healthcare to all Nevadans. Referring to a recent UNR study and the American Association of Medical Colleges, Nevada is 48th in the nation for the number of primary care doctors per 100,000 people. "We must expand our healthcare workforce to provide efficient and affordable healthcare to all communities." It is the goal of the Republicans to bring forth solutions that will remove burdensome regulations and create incentives for new doctors, thereby keeping more doctors in Nevada.

In addition to the problems within Nevada's health care system, Titus expressed concern about other health-care crises that go beyond the pandemic itself. "Opioid abuse and mental health problems continue to devastate the lives of many Nevadans. We can't ignore these issues, but we also shouldn't exacerbate the problem through restrictive policies."

Next, Titus addressed the educational shortfall in Nevada. "Education is the most important foundation for bettering the lives of every Nevada child, who all deserve the opportunity of a quality education," said Titus. "However, due to the COVID-19 pandemic and our efforts to keep Nevada families safe, education priorities were disrupted." Even though the State put forth a "herculean effort" to connect students to education remotely, it was a short-term solution. "If we are to minimize the achievement gap, we must get our kids back in the classroom," she said.

A skilled Nevada workforce was next on the agenda. Titus expressed the ongoing need for skilled workforce training and technical education options in Nevada, as she believes they pave the way for well-paying careers statewide. "We must ensure we are training for the jobs of tomorrow. Workforce development and investment are critical for Nevada to be competitive."

Economic recovery is also part of the Republican plan going forward. Despite the need to slow down the spread of the virus, Titus also believes it is important to keep the state open for business and help unemployed or underemployed Nevadans get back to work. "We must safeguard livelihoods by using our knowledge to spread mitigation and workforce vaccine integration."

"Mining is the bedrock of our economy, and we are proud to have some of the safest and most environmentally responsible mining operators in the world," explained Titus. "Our tourism industry sees millions of visitors a year and provides good-paying jobs to thousands of Nevadans. We must resist any effort to raise taxes on the backs of businesses."

Further addressing the business shutdowns that began last March and the overwhelming impact it had on the State's unemployment system, Titus expressed concern about the financial instability that ensued along with the devastating impact it had on Nevada families. "DETR's unemployment system was inefficient and insecure; as a result, between 133,000 and 185,000 fraudulent jobless claims were filed, which cost taxpayers millions of dollars," said the assemblywoman.

Titus reported that a recent study found that 60% of business closures due to COVID-19 are permanent. With a possibility of harsher restrictions, sales revenue would decline further, leaving more Nevadans without jobs and placing an even greater burden on the unemployment system. Our state cannot afford this. "Any blanket government shutdown is not sustainable and threatens the livelihood of many Nevadans still trying to recover from the first mandatory shut-down."

"We saw the limitations our state government faced as it responded to the crisis." Titus acknowledged the many challenges the State faced while trying to keep people safe and keep the economy going. It became evident that some things needed to change.

An effective and accountable government is also on the Republican agenda. "Republicans will continue to fight for limited government, individual liberty, and policies that will allow our businesses to thrive and our citizens to earn a living." Along with this statement comes a promise that the Republican will work to reign state government overreach and safeguard individual liberty during the upcoming legislative session.

Last on the Assembly Republican Leader's list was the current state of electoral voting. As stated in her address, confidence in our electoral integrity has reached an all-time low. "This is troubling because voting is a pressure relief valve that maintains stability and peace in a democracy by keeping politicians accountable," Titus explained. "But for it to work, the citizenry must trust only legitimate votes are counted. Votes are the currency of our democratic republic and must be respected." Republicans are introducing new bills to reform and restore confidence in Nevada's democratic process.

This year, Nevada will be redistricting, according to Titus. "It is our duty to give the public a fair and transparent process devoid of special interests and gerrymandering. Constituents of all legislative districts deserve a seat at the table. We must return to civil debate and open and honest discourse, which is the foundation of good governance."

In her final remarks, Titus stated, "Together, let us lead by example and conduct ourselves with honor, respect, and dignity."



Features

Emerge Nevada – Democrats Build a Farm Team

By Rachel Dahl

With the two-year long 2020 election year just coming to a close, the recent presidential inauguration, and the Nevada legislature gearing up to go into session beginning February 1st, the Nevada Democrats aren't letting any grass grow under their feet.

Emerge Nevada, a non-profit organization focused on their mission of increasing "the number of democrat women from diverse backgrounds in public office through recruitment, training, and providing a powerful network," is already hard at work training potential democrat office holders.

Kelli Kelly, former candidate for Churchill County commission is an alumna of the organization, completed the Emmerge Nevada training program in 2019. She currently sits on the board of directors and chairs the Recruitment, Nomination, and Selection Committee responsible for finding, interviewing, and choosing the members for the new cohorts each year.

Not knowing anything about Emmerge Nevada, in 2018, Kelly received an e-mail saying someone had nominated her to apply for the cohort that year. Surprised and honored, she eventually decided to run for office and filled out the application, was interviewed, and selected for the 2019 cohort. "Still to this day I don't know who recommended me," she laughs.

According to Kelly, Emmerge Nevada is part of a national organization founded in California by friends of Kamala Harris. When Harris originally ran for office, District Attorney of San Francisco, she went to the democrat party organization looking for training to learn the basics of campaigning. She was told, 'we don't really do that,' and so she talked to her friends about creating an apparatus for democrat women so that they could be equipped with the skills and knowledge to run successful campaigns," said Kelly.

She says women typically have to be asked an average of six times before they agree to run. "Frequently they think that before they can run, they have to have a degree in policy, or they have to go out and join Toastmasters," she said. "They don't think their life experience has given them exactly what they need to be experienced, passionate, highly-skilled candidates and public servants."

Emerge Nevada has been training democrat women candidates since 2006 and in this last election, 2020, of the Emmerge Nevada candidate who ran, 71% of them won statewide, with 14 of the 15 judicial candidates in Clark County being Emmerge Nevada graduates.

Tick Segerblom, who served in the Nevada Legislature as an Assemblyman and then Senator from Clark County and was recently elected to serve on the Clark County Commission, is a fan of the organization. "Emerge Nevada has revolutionized Nevada," he said on social media this week.



Kelli Kelly with her graduating cohort of Emmerge Nevada.

Not only does the training program teach women how to build a campaign plan, speak, and present themselves in public, communicate with the media, and deliver their message. Kelly says it also creates a community of women with a wide variety of backgrounds, socially, economically, and in their careers. For example, one member of the class of 2021 is 60-years-old, teaching remotely from Las Vegas at Queens College in New York City. The cohort also contains a clinical psychologist, and a director of a Latino voting organization.

"This puts women in an environment where they become a supportive community from all aspects, they can be passionate about policy, and they can take part in politics," said Kelly. "These ladies are inspirational on their own and we get to help them hone their skills to become dynamic leaders."

Kelly says when she first joined Emmerge Nevada, she had not been active in politics, had never seen the Capitol building or the legislature, and had no idea how politics in Nevada worked. By the time she finished the cohort in June of 2019, she was on a first name basis with several elected officials and had been to the legislature to have one-on-one discussions that were beneficial for local food programs and Food Hubs across the state.

"We have great access in Nevada to the people we vote for, but that is still an intimidating environment. Emmerge Nevada was the vehicle where I gained the confidence to make a difference and in the 2019 legislature, I was part of two bills that made a difference to the agriculture community, a fresh food financing initiative, and a poultry processing bill."

The 2021 cohort of Emmerge Nevada is made up of 24 democrat women from across the state who will begin their training program on January 29th.



Assemblywoman Annie Black Heads to Carson City



Assemblywoman Annie Black.

By Don Dike-Anukam

Incoming Nevada State Assemblywoman, Annie Black (R-Mesquite), is a very active political figure in Southern Nevada, who served on the Mesquite City Council for two years, running unsuccessfully in 2019 for the Chairmanship of the Nevada Republican Party. In June 2020, she kicked off her candidacy for Nevada State Assembly District 19 and defeated three-term incumbent Chris Edwards (R). After winning that seat in November, Black announced that she would not join the Republican Assembly caucus led by Assemblywoman Dr. Robin Titus (R-Lyon/Churchill CO./Wellington/Smith Valley).

Black is a native Nevadan, born and raised in Las Vegas who is the mother of two boys, 16 and 18 years old. She is also a realtor, who moved to Mesquite six years ago.

As a sitting Assemblywoman, Black says, "My plans are to be a fiscal conservative, to work to help pass legislation that supports our businesses, and to raise no new taxes." She says that she has already come out with BDRs (Bill Draft Requests). "I've announced them. And they're all along the conservative lines. So, we're doing Spending Restraint Act. I want to make sure that we don't blow the budget out, like we have the last three sessions."

She is still disappointed in how the 2020 election was handled, saying, "I'm disappointed in our elections in Nevada. I was not in favor of the primary being all done by mail-in ballot; I thought that was a big mistake,

which opened the door for what happened in the general." Black went on to explain that this led to same day voter registration, ballot harvesting, and ballots being sent to people who did not request an absentee ballot. She believes that her sentiments are shared by a lot of people.

Black was in Washington D.C. on Jan 6th when the U.S. Capitol building was attacked and saw first-hand much of what happened. Since returning to Nevada, she has experienced some backlash from critics stemming from that event.

She was at the Ellipse, an area located south of the White House and north of the National Mall, when President Trump spoke to supporters. "It definitely did not go the way that I anticipated, I can tell you that much."

She explained that she made a last-minute decision to go and flew to Washington DC on Tuesday. She arrived at the Ellipse at around 8:00 a.m. on Wednesday, where she knew there would be a rally, and was there until about 11:00 a.m. "It was a typical Trump rally atmosphere, but we were pretty far from the stage and the feedback on the sound system was bad, so, we decided to go back, to go to the Capitol, because we thought we had heard the President was going to speak there at the end of the march."

According to Black, when she arrived at the Capitol around 11:30 a.m., there was only one family there with teenage children. She did not notice any children there. She listened to the President's speech on her phone and stayed in the crowd until two o'clock when the situation quickly began to change.

Black said at that time more people started to fill the area and, "there were definitely some different characters; there are people in gas masks and helmets and wearing all black and it just didn't seem like the same group that was over at the Ellipse. So, it was a little strange; you know, you're on edge, because already, you go into that situation, hoping that there's no sort of terrorist attack or whatever. I mean, you just kind of want to be safe, and so, you're already kind of on edge." At this point, the situation began to escalate from what she could see where she was standing between the Capitol and the Supreme Court building.

Assemblywoman Black will begin her first day in the legislature on Feb 1st. She will serve on three committees: Government Affairs, Health and Human Services, and Natural Resources.

The Interview in Full can seen/heard at: <https://youtu.be/k4Vfx1k369I>



Assemblywoman Annie Black and a friend in front of the Washington Monument.

Senior Center Launches Gardening and Cooking Programs



Life center elves help deliver Rotary Christmas baskets to local seniors.

By Lisa Erquiaga, Executive Director

Well, the New Year of 2021 has begun. I hope you all had a blessed holiday and an opportunity to count your many blessings, along with staying at home and continuing to protect yourself and your loved ones through continued social distancing.

Typically, the New Year comes with many of us making those “resolutions” that we have all been guilty of breaking fairly soon. Sound familiar? I personally have not been successful in my past resolutions and prefer to call them “goals to achieve.” This doesn’t seem to put the same heavy burden as a ‘resolution’ does. Whatever you choose to call it, make sure you make it achievable.

Amidst the COVID-19 experiences we have all been bombarded with, I would love

to take you and your mind elsewhere to share some exciting program news! We have received a grant from our UNCE (University Nevada Cooperative Extension) funder called “Healthy Aging- Gardening and Cooking Education.” We have a great curriculum ready to roll out ahead of the upcoming Spring season and it includes a full-fledged gardening project on-site here at WNP Life Center for our community to participate. We have a variety of little plants sprouting in our Hydroponic grow gardens that have been transplanted to the neo-nursery and are getting daily sunshine to harden up, so they can be out in the elements. This is all new to us and is an experiment in trust, growth, and being truly amazed. We will be posting several YouTube segments and virtual opportunities on this garden project in the next few weeks to share with everyone. If you would like to be part of the gardening program, please call and put your name on the “interest list.” You won’t be sorry!

We also will be joining our funder for virtual cooking classes starting January 13th and available to all by your computer. In February we will be conducting our own local cooking classes online and they will be available on YouTube for later review. We also hope to showcase using some of our herbs and fresh lettuces in our cooking segments. So, please watch for upcoming program announcements to be able to take yourself away to fun gardening and cooking opportunities with WNP Life Center.

We all have our own way of dealing with outside worries and daily conflicts. Not everyone is adept or willing to pray in the traditional way and we are spiritual in ways

of our own choosing. We all need to have a hobby or two, so maybe gardening can become your new form of spiritual therapy. Russell Siler Jones, Th.D., LCMHCS writing for Psychology Today, has written some interesting articles in regard to gardening. Mr. Jones shares with his readers that he feels the importance of limiting news coverage and media consumption, where we are subjected to COVID-19, to only 19 minutes per day. He comments that “our nervous systems are being battered and shredded by our consumption on a daily basis, long-term.” Gardening can be an enjoyable daily task to assist us because people are drawn to the earth, and by giving yourself a “gardening stay-at-home order,” you will be protecting and investing in improving your life during these trying times of COVID-19.

Put some thought into this paragraph below (it should make you feel warmed, comfortable, and ready to garden): “Seed gets buried in soil, soil warms the seed, the seed opens to germinate; if it survives the weather, it sends out roots, then it sprouts above ground, gets leaves and then fruits.” I do not have any information to share with all of you at this time regarding our possible reopening plans in the future. We are all hoping that, as soon as we see some real changes in the spiking with regards to the past holidays and a better understanding and coverage of the upcoming vaccinations, we can eventually plan to all be together again taking part in our wonderful programs.

I wish each and every one of you and your family members the best that we can all seek out in 2021.

Ernst Recognized by State Organization

Staff Report

Shannon Ernst, Churchill County social services director, was recently recognized by the Human Services Network as the Administrator of the Year.

During the virtual awards ceremony on January 12th, the 32nd Annual Human Services Awards were given in nine categories including the prestigious Mike O’Callaghan Humanitarian Award, in remembrance of the 23rd Governor of Nevada. Ernst received the Administrator of the Year for her work during the COVID-19 pandemic.

Pete Olsen, chairman of the Churchill County Commission appreciates the work Ernst does for the county. “During my ten years on the commission I can think of no one more dedicated to our community than Shannon Ernst,” he said. “She has done an amazing job as our Social Services director for the county. During the COVID crisis she has been indispensable at organizing our testing and vaccination drive.”

The Administrator of the Year award acknowledges an individual in the community who, as an administrator of a public or non-profit human services agency, has excelled in providing leadership for their agency and the human services.

“Shannon has distinguished herself as someone who willingly steps up to take on tasks necessary for providing quality services for the people of Churchill County,” said Jim Barbee, county manager. “Her leadership and dedication with the county’s COVID response efforts have been nothing short of amazing; she works tirelessly for our community and is very deserving of this recognition.”

The mission of the Human Services Network is to create connections, share information, strengthen providers, and support and advocate for good public policy, thus assuring the provision of quality human services in Northern Nevada. The vision is a dynamic collaborative of people passionate about health and human services.



Churchill County Social Services Director Shannon Ernst.

NAS Housing Project Completion Slated for Next Year



By Leanna Lehman

Naval Air Station Fallon (NASF) Commanding Officer, Evan Morrison, and base housing director, Shelly Carter, provided an update on housing during their quarterly Town Hall meeting.

Captain Morrison stated that the last phase of the current housing redevelopment

project is expected to be complete in the next 12 months. “As soon as homes come online, we will get people into them as fast as we can,” stated Morrison. NASF is aware that the housing situation in Fallon and Fernley continues to be problematic. According to a Housing Requirement Marketing Analysis that was completed last August, another 192 homes are needed to accommodate the growing needs of NAS Fallon. The marketing analysis results were made into a brief and will be presented to Navy Installations Command (CNIC) this week. “We are hoping funding will be in place to start on the next phase,” said the Commander, “but that could take a couple of years.” He explained that several things need to take place before that can happen. Procedures like environmental assessments, the allocation of funds, getting the project under contract, and completing the design work, need to be done, all of which will take time.

The current housing project included 219 higher-end and newly remodeled homes. “While other military bases across the nation face housing and tenancy issues, the prob-

lem here is unique,” states Zip Upham, NASF Public Affairs Officer, “there just isn’t enough housing.” In 2019, the NASF housing situation was considered “critical.” Many soldiers commute to Fernley, Silver Springs, Lovelock, and beyond to secure affordable housing. In 2021, the local housing market still offers scant few rental properties, with virtually none considered affordable.

“While families stationed in places like Hawaii expect higher housing costs, those coming to Fallon do not,” Upham further explains. When Navy personnel receive a new duty station assignment and no housing is available, families may be separated, leaving spouses and children at the soldier’s previous duty station or back at their home of record until housing can be secured. “Service members expect to be able to bring their families. This is creating a very stressful situation,” states Upham.

The newly completed 192 homes will offer some much-needed relief to local soldiers and their families. With any luck, the next phase will be approved and construction will soon be underway.

NAS Fallon Begins Vaccination Program

By Leanna Lehman

Naval Air Station Fallon commanding officer, Captain Evan Morrison, along with Commander Chastain, Commander Master Chief Cook, Navy Medical Readiness and Training Unit Fallon (base medical clinic) Commander Kim Oelschlager, provided a COVID-19 vaccination update during a Town Hall meeting on Wednesday, January 19th.

According to Captain Morrison, the first dose of the COVID-19 vaccine was administered at NASF on January 15th. Clinic Commander Oelschlager reported that the first round of doses received are those manufactured by Moderna and FDA approved for those 18 and over. The base is currently following the Department of Defense population schema based on the CDC requirements. “Right now, the doses that have been received are allocated for Phase I Alpha personnel, which includes all health care workers and those that are part of the critical infrastructure, such as security forces and Fed-Fire,” stated Oelschlager. All doses for Phase I Alpha personnel are expected to be exhausted by the end of the week, with the second dose shipment to arrive within the next couple of weeks.

Oelschlager also reported that more doses are coming, but the question is when? After the next shipment of first-round doses is received, the clinic will continue vaccinations according to the population schema. The next group in line to receive the vaccination is Phase I Bravo, followed by Phase I Charlie and Phase II. The plan moves through the populations beginning with critical infrastructure personnel, followed by anyone set

to deploy. From there, personnel 75 and up, personnel and beneficiaries between 65 and 75, and those with chronic medical conditions will receive the vaccine.

Soldiers on active duty will be notified by their command when the vaccine is available. Unfortunately, NASF cannot provide a timeline for vaccinations until they know when more doses will arrive. Tri-Care beneficiaries may also contact Tri-Care or local pharmacies to obtain the vaccine. NASF plans to release more information as it becomes available.

To provide clarification, Oelschlager explained that for the Pfizer vaccine, the time between doses is 21 days, and for the Moderna vaccine, it is 28 days (with a four-day window to receive the dose before or after the scheduled second vaccination). Regarding expectations upon being vaccinated, most side effects are the body’s immune response to the vaccine. Headaches, body aches, muscle aches, and joint pain may occur and could last up to 48 hours. So far, Phase I personnel have not reported any side effects or adverse reactions. The second dose has been reported to cause more side effects as the body mounts a greater immune response. The possibility is there, but it affects everyone differently.

Anaphylaxis is also a possible reaction for some. One of the components of the Moderna vaccine is Polyethylene glycol, a common ingredient in many cosmetics. For those with a known allergic response to the additive, it is recommended that they chose a vaccine other than Moderna. Additionally, the clinic has a response team and paramedics from Fed Fire on hand to assist if there is an adverse reaction. Also, personnel will be



Naval personnel receiving vaccines. Photo courtesy of NAS Fallon.

asked to wait 15-20 minutes after receiving the dose in case a reaction does occur.

Vaccinations are encouraged but are voluntary. The recommendation is for everyone to continue to practice social distancing, wear masks, and take care to continue following CDC guidelines until the overall numbers are down. It is the hope that with more people vaccinated, those numbers will drop and some normalcy will be regained.

They also encourage personnel to contact their command if they feel sick, and stay home. “Do a self-assessment every day before going to work and keep everyone safe,” stated Morrison.

As stated by Commander Chastain, “When we are preparing warfighters and send them over the horizon, we have to play it safe.”

Local Government

District Court News

By Leanna Lehman

The Tenth Judicial District Court convened Tuesday, January 19th, 2021, with Judge Tom Stockard presiding.

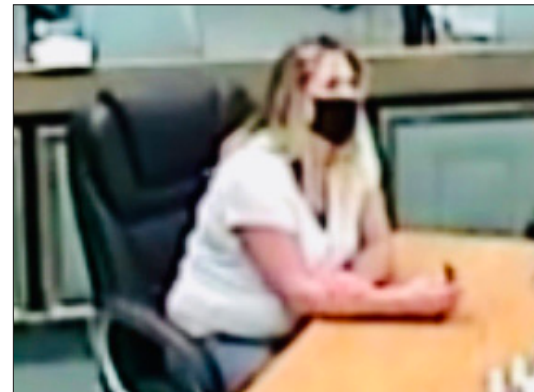
Debbie French pled guilty to two drug-related charges, per the terms of plea negotiation. (1) to offer, attempt, or commission of unauthorized act relating to the manufacturing or compounding of certain controlled substances, a first offense class C felony with a potential penalty of 1-5 years in prison. (2) high-level possession of a controlled substance, a class C felony that carries 2-15 years in prison and a potential fine of up to \$50,000. According to the allegations, on September 29th, French sold methamphetamine to a cooperating source. Additionally, on November 3rd, she had in her possession approximately 75 grams of methamphetamine. Judge Stockard ordered a presentencing-investigation (PSI) and scheduled sentencing for April 13th.

Jesse Fritz appeared for sentencing on charges of Conspiracy to Violate the Uniform Controlled Substances Act and Posses-

sion of a Controlled Substance. According to defense counsel, Charles Woodman, Esq., Fritz was arrested after selling \$40 worth of methamphetamine to a cooperating source. Additionally, methamphetamine was found on his person while being searched during the arrest. Fritz received probation on both counts. Both sentences are 24-60 months, were suspended, and will run concurrently. He is also to receive a substance abuse evaluation and follow the recommendations. He is also to receive a substance abuse evaluation and follow the recommendations therein.

Morgus Cross (in custody) appeared for sentencing on Assault with a Deadly Weapon, a category B felony. Cross received a suspended prison sentence of 12-32 months and must serve 364 days in jail. He is to serve flat time, in which no good-time or work-time credit will reduce toward the term of his imprisonment. He was given credit for 128 days of time served.

Sara Lignowski (in custody) appeared for sentencing on charges of injury to property, a gross misdemeanor. Early this month, Lignowski was removed from Drug Court for violating the supervisory requirements of



Debbie French in District Court. Photo via Zoom.

the program. According to Assistant District Attorney Jeff Weed, Lignowski willfully damaged her landlord's property after being evicted last June and intentionally damaged her ex-husband's property in September. Restitution was ordered in the amount of \$1,498.63 and 270 days in the Churchill County Jail. She was given 155 days credit for time served.

City Council Introduces Bill to Annex CC Communications Property



Fallon City Council. File Photo.

By Viviane Ugalde

This week, the City Council introduced Bill No. 786: An ordinance providing for the annexation of 6.05 acres located at 879, 899, and 901 South Maine Street, owned by Churchill County, Nevada and contiguous to the corporate limits of the City of Fallon, Nevada. The agenda item this week was used to simply introduce the bill to the council.

The bill will annex Churchill County Communications (CC Communications) property and structures to all be in city limits. This will help CC Communications to have all of their property be served by City utilities. Legal and Administrative Director

Erquiaga said that the county was on board with the draft of the ordinance of annexation as well and was working with CC Communications and the city through the process.

Now that the bill was introduced, a public hearing for the bill will be February 1, 2021. While the council took no other action on the bill during this meeting, the public hearing will allow for community members to give comment, and for the council to possibly adopt the ordinance.

A city resident, Geof Knell, approached the council members during public comment, when you may not discuss any agenda items. He said he was upset he could not speak about the bill today. However, Mayor Tedford, and Councilwoman Kent reiterated that he would be allowed to give comments about the bill during the public hearing on February 1st but could not mention it during the two agenda items set aside for public comment, due to Roberts Rules and Nevada Open Meeting Law. Mayor Tedford also mentioned that he asked the council or those in attendance if they had anything to say about the bill during its assigned agenda item. It is to be noted that Knell did not use that time to comment on the bill.

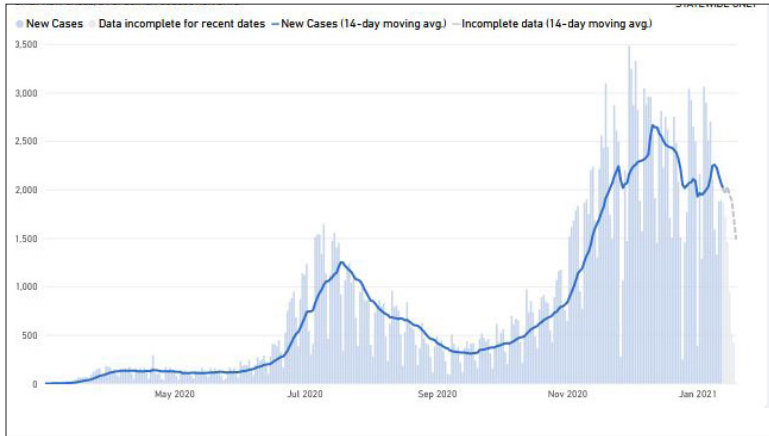
Chief Gehman also presented the Fallon Police Department for the month of December 2020. Chief Gehman said that the data was relatively consistent during the month. He also mentioned Detective Goodrick conducting the NAS Fallon indoctrination lecture and School Resource Officer Jacobs and the explorers serving meals at Fallon Daily Bread. Chief Gehman announced the department was reaccredited for four years through their Virtual Commission on Accreditation for Law Enforcement Agencies (CALEA) Assessment and is only one of three departments in the state who achieved that accreditation.

Public minutes and agendas are accessible on the City of Fallon website, for more detailed information see:

<https://www.fallonnevada.gov/archived-meeting-agendas/>

The next meeting of the Fallon City Council is scheduled for Monday, February 1st, at 9 a.m., at City Hall, 55 W. Williams Avenue, Fallon. The Fallon City Council normally meets on the first and third Mondays of each month.

COVID Update: Vaccinations Underway in Churchill County



Cases per day over a rolling 14-day average. Graph courtesy of NDHHS.

By Leanna Lehman

As Nevadans continue to try to cope with the COVID-19 pandemic, vaccinations continue to offer hope for many. In Churchill County, vaccinations have been underway since the first doses arrived in mid-December. With most health care professionals, emergency responders, and acute care patients vaccinated, the county and State continue to vaccinate Tier II individuals along with seniors age 70 and over.

Churchill County provided COVID vaccinations to community members age 70 and older on Thursday, January 21st. Additionally, they want to remind the community that regular testing for COVID also continues at the fairgrounds on Mondays, Wednesdays, and Fridays from 10:30 a.m. to noon, with drop-ins welcome from 10:30 to 11:00 a.m. Testing is also available on Tuesdays from 3:30 to 5:30 p.m., with drop-ins welcome from 3:30 to 4:30 p.m.

The testing intake form is available on the county website at: <http://www.churchillcountynv.gov/1014/COVID-Testing> and can

be filled out on computers or phones, with the ability to email the form back to the County Health Department. Staff will then set up a testing date and time and notify the person of their appointment.

Unfortunately, Nevada has yet again seen another record high number of COVID-related deaths in a single day. The Nevada Department of Health and Human Services (DHHS) stated that on Wednesday, January 20th, a total of 71 deaths were reported. According to the latest information, 63.2% of Nevada's COVID deaths are in patients over 70. Additionally, 61.8% of those are males.

In a Tweet from Governor Sisolak, he stated, "It is with deep sorrow today that we acknowledge the State reported 71 deaths from COVID-19. This single-day record high is devastating & a stark reminder for us all. As Nevadans, we must adhere to mitigation measures that help protect the safety & wellbeing of fellow Nevadans."

Statewide COVID-19 Data:

- On January 20th, state health officials reported that the cumulative number of positive cases in Nevada is at 265,143, up from 253,985 last week.
- Hospitalized individuals with confirmed COVID cases climbed to 1,502 over 1,429 last week, but still remains down from the 1,739 reported January 4th.
- COVID related deaths increased from 3,569 to 3,863 in the same period
- The overall test positivity rate has dipped slightly over the last seven days after a marginal increase last week. The positive rate is currently at 20.5%, down from 21.5% reported on January 12th.
- The State is reporting 1,495 new cases per day, over a rolling 14-day average.

Churchill County COVID-19 Data:

- Active positive cases are down from 304 last week to 250
- The number of individuals hospitalized with COVID are down from 9 to 6 over last week
- The total number of deaths increased to 45 from 43 last week
- Total positive cases are now at 1,732

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Churchill County	As of Jan. 4th	As of Jan. 13th	As of Jan. 20th
Active Positive Cases	165	304	250
Tests Administered since March	17,516	18,328	18,831
Recovered Individuals	1,254	1,254	1,437
Currently Hospitalized	11	9	6
Total Deaths	39	43	45
Total Positive Cases since March	1,458	1,601	1,732
Asymptomatic Positives Since March	105	105	122

Fallon Chamber Ribbon Cutting – Woody’s is Open



Staff Report

The Fallon Chamber held a ribbon cutting ceremony last Friday for Woody’s, the little hamburger stand that could, located behind the Stone Cabin shop. Owner Tasha May invited friends and her employees to join in the ribbon cutting and looks forward to serving the Fallon community a variety of food ranging from juicy burgers to Moon dogs and salads. She will also be offering shakes in many flavors.

Woody’s is open Monday through Saturday from 11:00 a.m. to 7:00 p.m. and Sundays from 11:00 a.m. to 3:00 p.m. They are located at 10 S. State Street in Fallon and can be reached by phone at 775-294-6332.

Left to Right: Chamber Director Carol Arciniega, Chamber Ambassador Lisa Gonzales, Patrick Sammons, Patricia Sammons. In back Chi Van, Don May holding Clace DeBraga. In back employee Myron Pahe, Owner Tasha May, Employee Chloe Jandreau, Employee Faith Dummar, Employee Andrew Johnson.

From Tearoom to Taproom



Gregg and Laura Malkovich in their new domain.

By Leanna Lehman

Not everyone is brave enough to brook the tide during a global pandemic, with a potential economic fallout looming, and buy a new business. But thank goodness for those that are.

Longtime Fallon residents, Gregg and Laura Malkovich recently purchased Jo’s Stillwater Tea Room on Maine Street. On December 23rd, the Tearoom bid farewell to the original proprietor, Jo Petteruti, and said hello to its new owners.

Gregg Malkovich, who hails from Butte Montana, began his teaching with Churchill County School District in 1993. Serious about his career, Gregg attended UNR and earned his administrator’s license and served in several administrative capacities while at the District. He finished up his tenure at CCSD as the principal for Lahontan Elementary School in June of 2019.

Gregg’s wife, Laura, is also a transplant, arriving in the Silver State in 2005 from Wisconsin, she also moved west to pursue her career. Specializing in early childhood development, she taught at CCSD and spent many

years in professional development before assuming her current position as principal of River View Elementary in Dayton

The two met in 2008 in a professional capacity. Neither of them could have predicted that four years later they would become Mr. and Mrs. Malkovich, much less owners of a downtown drinking establishment.

Upon retiring, Gregg knew that he was not ready to stop working. Not entirely. Still passionate about education, Gregg decided to run for the school board. Low and behold, he was elected to the post last November, all the while contemplating buying a drinking establishment.

Owning his own bar was no passing fancy for Gregg. It was something he has wanted to do for decades. He wanted a place where locals could come in and enjoy a drink and relax. Perhaps it was not just possible that he and Laura purchase the Tearoom; rather, it was inevitable. “We were serious about purchasing a bar,” Gregg said. “We looked at places in Reno and even Montana.” They also considered building from the ground up. At the end of the day, the couple did not want to leave the area. “We love Fallon – we love our home,” said Laura.

Soon after Jo considered selling the Tearoom, she mentioned to Gregg and Laura in passing conversation, that she had just listed it with a commercial broker in Reno. In what must have been fate, the couple realized this was their chance to make their dream come true. Ironically, Gregg and Laura were the first patrons of the now-iconic drinking establishment.

Within about six weeks of their initial conversation with Jo, the deal was done, and the Tearoom transferred into the capable hands of Gregg and Laura Malkovich.

On Monday morning, January 4th, Gregg was sworn in as a new member of the Churchill County School Board during the ceremony for newly elected officials. He then made his way to City Hall for the Council meeting.

“I was sworn in for the School Board and then went directly to the City Council meeting to get my liquor license,” joked Malkovich. No doubt, that was an uncommon occurrence, but it is probably fair to say that as proprietors of a pub/bar/martini bar/cocktail lounge and overall watering hole, they will be met with many more uncommon events going forward.

Gregg and Laura have always loved the classy, and friendly atmosphere of the Tearoom and plan to make sure it stays that way. However, they also plan to make it their own. In doing so, they have made a few seating changes to accommodate more patrons. According to Laura, they moved things around several times, and they will probably move things around many more times. They have also expanded their drink menu to include canned and bottled options, including Coors Light and 805 – a few local favorites. In addition to an expanded drink selection, they have expanded their hours. “If I’m here,” Gregg says, “we’re open.”

Both Gregg and Laura are loving their new acquisition. According to Laura, it doesn’t feel like work. “I leave work, then come in and have fun.” Thus far, the Tearoom is doing great and the couple is having a blast.

Fallon is a unique, close-knit community. And in pure small-town style, the Tearoom passed from the hands of one beloved, local proprietor on to two others that are already making their mark while making new friends.



The Pizza Barn – A Family Collaboration



Retired from teaching, and now a photographer, Nygren just finished a special project for Diedrichsen, a series of barn photos for "The Barn."

By Marie Nygren

What is your favorite pizza place in Fallon? Most people vote for the Pizza Barn. "It's been the place where Fallonite people celebrate," says owner Roger Diedrichsen. For 43 years, families and friends have gathered there to make birthdays, sports team wins, and other celebrations happy.

In the 1970's, Carl Dodge, an iconic state legislator and developer, built a shopping complex with a pizza parlor in mind. Dodge invited his friend, Joe Ray, owner of Straw Hat Pizza in Reno, to consider opening a business in Fallon. The idea was declined, as Fallon was considered too remote. Then the opportunity was presented to the Diedrichsen boys, Roger and John, who had worked at Straw Hat Pizza during college and were familiar with the pizza business. They were willing to take the risk of opening a pizza place in a remote location.

In 1978, Fallon welcomed the new entrepreneurs and their unique pizza. With Joe Ray as their mentor, the Diedrichsens estimated that, in a small community, at least 80% of the people would try the new place within two months. If 20% decided to return as faithful customers, their venture would be a success. Soon, people started adopting the Pizza Barn as "my pizza place," and the bills were paid the first year.

In 1983, John's twin brother, Lane, joined the team, and as Fallon's Pizza Barn continued to thrive, it soon became obvious that an expansion was needed. The three brothers expanded their business to Elko, Gardnerville, Reno, and Sparks. Five restaurants!

Soon, Pizza Barn had become Fallon's most popular place for parties and celebrations. Eventually, the restaurant needed to put in an expansion for much needed dining space, kitchen equipment, and a second set of restrooms. In 2006, the newly remodeled restaurant opened and soon it filled up, with their fine reputation bringing in more customers, proudly backed with awards for BEST OF FALLON.

The Diedrichsens adopted a personal mantra to do business by: "Who is the most important customer you deal with? The one you are dealing with right now. Treat people the best you can." To this day, they only hire positive, outgoing, friendly staff, who are willing to treat people well. Being family friendly is part of their outstanding reputation.

The Pizza Barn has high standards. They like to "shoot for the stars," and aiming high has been rewarding. People appreciate a personal connection with the owner of the establishment, and Roger knows what many customers like to drink and how they like their pizza. Everything is about satisfaction, and if there is a slight mistake, adjustments are made, or a guest pass readily given.

Consistency of a product matters. The same rich dough recipe, which is mixed from scratch daily, has been used since the opening. All the tomatoes are bought as paste from the same company, out of Central Valley, California, and a special combination of spices and blend of five different cheeses are part of the secret recipe. The Pizza Barn always supports local farmers, ranchers, and businesses. The fresh vegetables come from local sources such as Lattin Farms, and often the Sungold cherry tomatoes are still warm from the vine when

placed in the salad bar. Meat comes directly from Albaugh Ranch or Heck's, while Valley Distributors provides drinks. The result is a unique pizza establishment.

Pizza Barn also supports the youth in our community, sponsoring many sports teams and events over the years. Their reputation of being family orientated is second to none. Two years ago, the Greenwave boys' and girls' basketball teams took State Championships in Las Vegas. As their buses approached Fallon, a huge order of pizzas was called into Pizza Barn. Everyone wanted to come HOME to celebrate at their favorite place.

The greatest satisfaction for Roger Diedrichsen comes from a reading program that the Pizza Barn developed: "Read For Pizza Sake." Roger remembers struggling with reading as a child. He says, "I had incredible parents and my home was the best classroom. There were many books and magazines, but I was challenged and hated reading. I was forced to read 30 minutes every day before play time."

When Roger heard that his daughter, Michelle's first-grade teacher had a reading incentive program, he teamed with her, supplying pizzas as rewards. The program has continued for 31 years, and all teachers are welcome to participate. A letter of explanation and coupons are given to them at the beginning of the year. Teachers set their own criteria, with a focus on the love of reading for elementary school students. The reward is a personal pizza. When the child goes to the Pizza Barn to present their coupon and order, a BIG DEAL is made by the staff, complete with an announcement that a good reader is here.

Despite two years of recession and the current pandemic, the Pizza Barn has survived. Currently, curbside delivery is available and doing well. In store dining is very limited: a place that once boasted a happy crowd of over 200 is now limited to 40. There have been shortages of products, vendor issues, higher expenses, no salad bar, and no parties over four people. Still, the Pizza Barn stays in business. People continue to support "The Barn" and keep it alive through a difficult time.

Roger would like to say, "Thank you Fallon for the support through the years. Fallon has treated us well. I'm amazed to be in a community that looks out for each other."

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5 Star Indian Cuisine – Quality Food Served from the Heart

By Alicia Parsons

In 2019, Sukhdev Singh and his family opened the 5 Star Indian Cuisine Food Truck in Fallon, located at 1555 S Taylor St, in the parking lot of Oasis Bowl and Family Fun Center. After traveling from Louisiana to Fernley, Sukhdev finally decided upon settling his family and food truck in Fallon.

Sukhdev was a prominent chef in the Indian Cuisine scene in Louisiana, mastering his special take on what Indian Cuisine should be, and learning to adapt each and every dish to suit the taste and preferred levels of spice within his audience, while mastering the art of comfort food that is good for the body and soul. The health and wellness of each and every customer that visits 5 Star Indian Food Truck is the key to their success. Only organic and fresh ingredients make it into the dishes served to you.

The care that goes into each day, seven days a week, for lunch and dinner is astounding, and I was humbled by the time that was given to care for their customers. Most places around the world have lost the art of loving people through their stomachs and paying attention to small details that enhance the overall dining experience. When I walked up to order, a woman who had commuted all the way from Fernley was in line ahead of me. She was enjoying a lively conversation full of honest laughs that left me feeling like I was not in a parking lot, but rather in a neighbor's home. I soon learned why the woman had driven all that way for a food truck lunch, as I had the pleasure of butter chicken and garlic naan.

I had a minimal wait but was brought an appetizer to my waiting car along with a mango lassi. The warm and fluffy naan along with the most rich and decadent butter chicken that has ever passed my lips, and that rice, oh that rice with each perfectly cooked grain, showed me what true love was. True love is remembering customers by name and treating each customer like they are family.

Building relationships one bite at a time with tourists, service members, business owners, passers-by, and the hungry, Sukhdev has established a local following. The menu contains all of the traditional Indian favorites, such as tandoori chicken, aloo tikki, chicken tikka masala, chicken curry, aloo gobi, chicken biryani, or chicken korma to name a few. Each is made fresh to order with a



Sukhdev Singh with his restaurant on wheels.

special recipe and spice blend, handcrafted by Sukhdev with you in mind. They do not believe in mass producing, pre-packaged, or premade at 5 Star Indian Food Truck. Each and every day Sukhdev is chopping, kneading, and preparing each order as it goes out, and he does so with a smile as big as his heart.

You see, at 5 Star Indian Cuisine, it isn't enough to serve a meal. You are welcomed into their hearts with each order and you are never forgotten. If you have not had the pleasure of visiting the Singhs at 5 Star Indian Food Truck, you are truly missing out on a one-of-a-kind experience. The next time you are struggling to decide the world's oldest question, what do you want for dinner tonight, call ahead to Sukhdev at (509) 730-1825 and order over the phone, or just stop in at the location on 1555 S Taylor St, Fallon, NV 89406 and enjoy a dining experience like nothing you have ever had before.

Grad Night Fundraiser – We Need Shoes

By Rachel Dahl

The Grad Night organization – parents and supporters of the Churchill County High School graduating Class of 2021, are holding a fundraiser to raise money for the safe and sober party held after graduation.

As part of the Funds2orgs organization, Grad Night is collecting shoes that will be donated to around the world. Organizers of Grad Night, along with students from the Class of 2021 are gathering gently used shoes, 100 bags of 25 pairs of shoes each. They cannot use rollerblades or ice skates; however, cleats and sandals of any kind are perfect along with any other kind of shoe, in any size.

The deadline for the shoe collecting is February 20th and shoes can be delivered to drop-off locations at: Louie's Home Center, Enamel Salon, Churchill County Sheriff Department, Churchill Auto Sales, Fitness for 10, and Big 5.

The gently worn, used and new shoes that are collected by the thousands of partners of the Funds2orgs group shoe drive are consolidated and shipped to many micro-enterprise partners around the world, where they are sold to small business owners for a low price.

The Funds2orgs Group seeks to provide an opportunity for people to help themselves out of poverty and do not just give away the shoes, as this would decimate the local market for shoes and clothing and destroy local jobs. Additionally, some developing countries, particularly in Africa, do not permit apparel to be given away.

It is for these reasons that the Funds2orgs Group promotes commerce and business for small business owners. Shoes are sold by these small business owners in communities in need of proper footwear, at an inexpensive price. Additionally, micro-enterpreneurs create a path out of poverty for

themselves in countries where there are limited, if any, job opportunities that pay a living wage.

According to a report from the Environmental Protection Agency, in 2015, textiles, including shoes and clothing, represented 16.03 million tons and 65.7% of content in landfills. In the U.S., each individual produces 4.48 pounds of daily waste, which includes shoes that are thrown away. Most people do not know that shoes and clothing can be repurposed. Approximately 50 percent of collected shoes and clothing are re-used around the world, and 70 percent of the global population uses repurposed shoes and clothing.

This will be the 34th year of Grad Night, interrupted only by COVID last year. If the Class of 2021 is not able to hold the party again this year, Grad Night will provide each graduate with a monetary gift.

School Superintendent Stephens – Satisfactory and Then Some

By Rachel Dahl

The Churchill County School Board of Trustees evaluated Superintendent Summer Stephens during the regular school board meeting last week, giving her a satisfactory rating and extending her contract through June of 2023. She received a \$3,330 per year raise, and \$500 to spend on association dues of her choice.

Stephens received a total of 39 excellent, 84 satisfactory, and 2 needs improvements marks from the seven-member board. The two needs improvement marks were received in “communication” and “contracts/evaluations/job descriptions.”

Trustee Tricia Strasdin said that she remains frustrated by the evaluation tool the district continues to use, but is also appreciative, “because the events that have transpired through the past unprecedented year caused me to believe that we have all gained a better understanding of just how much responsibility a superintendent can have and a clearer understanding of these areas of focus for evaluative purposes.” She also said she could not imagine having to be evaluated in a public meeting, and thanks Stephens for her work this year during the, “looming cloud of a global pandemic.”

Kathryn Whitaker, former President of the board of trustees also thanked Stephens for her dedication to students and spoke about areas that had been improved. “Just remember to make sure that you slow down long enough to listen before speaking to staff. If someone has something to say it doesn’t necessarily mean they disagree, but we all want to be heard,” said Whitaker.

Trustee Carmen Schank said she has a sense that the culture of the school district has improved, and Stephens has the ability and has pulled people together. “She has excellent community and state involvement, and I am impressed with her work ethic – she gets so much done,” said Schank. “I trust her.”

Board President Matt Hyde said he has noticed a marked improvement in Stephen’s active listening and said he needs to remember to practice that as well. “I appreciate your

dedication and you should be proud of the work you’ve done and the accomplishments of the district this past year,” he said. “Thank you for your hard work.”

The board also elected officers for the new year, with Hyde continuing to serve as president, Strasdin as vice-president, Schank as clerk, and Amber Getto as acting clerk. The board members also made changes and additions to the representation on 13 committees, including Hyde and Whitaker to the Nevada Association of School Boards; Getto, Hyde, and Whitaker to the legislative committee; and Schank, Whitaker, and Getto to the negotiations committee. Newly elected Gregg Malkovich will serve on policy committee as well as the budget committee.

In other business the board received a report from Lahontan Elementary staff regarding the Positive Behavioral Intervention and Support team, led by first-grade teacher Lisa Mills. The PBIS team began their work in 2019 and in November saw a 20% achievement rate, with growth to 40% in February of 2020, and 77% in October of 2020. If they are able to maintain that growth through May of this year, they will move to the Tier 2 level.

One concern of the team was the discovery that most of the students were not able to articulate and did not understand the expectations of behavior which led to a school-wide project to make sure all students know what is expected. Mills said that every day after the Pledge of Allegiance students now recite a quote every day, “We are wolf pups. Wolf pups are respectful, responsible, and safe.” The school mascot is the Wolf Pack. She said this re-emphasizes for students the expectations and the exact language which is reinforced during class time with words and pictures.

The PBIS program also uses incentives to encourage students to meet expectations with the use of “pup bucks” that students can earn through academic performance and behavior, and then spend those in the student store.

Superintendent Stephens said during her report that the first round of staff vaccina-




tions would take place on January 14th and she thanked Churchill County for moving up the schedule to make that happen. Additionally, the Chartwells food services contract is being extended for one year under a waiver and staffing, and the district will go out to the Request for Proposal process next year.

High School sports continue with many unknowns after the Governor extended the state “pause” last week for 30 more days. Both athletic directors and superintendents from across the state will be holding meetings and continue to push for opening sports, and she encouraged anyone with concerns to contact the Governor and his COVID Task Force.

Comptroller Christi Fielding provided a business services report saying the First Independent Bank is now charging a fee for cash deposits which is averaging close to \$100 each month to the district. She is looking for other banking options. She is leaving the investments the way they are, although interest rates have continued to drop over the past nine months, she is comfortable with the Local Government Insurance Trust investment rates.

Additionally, Fielding spoke at the recent State Board of Finance meeting where that board approved for the district to use the permanent school funding guarantee for bond refunding which will save the district \$190,000. The total anticipated savings over time is \$1.1 million in refunding of the bond.

The regular school board meetings are held the second and fourth Wednesdays of each month and begin at 5:30 p.m. The district webpage is churchillcsd.com.



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Logos Christian Academy Update



By Susan Weikel

It takes many hearts, minds, and hands to make a school successful. This, of course, includes students, parents, and staff. But another component is the very capable Logos School Board. The school is extremely lucky to currently have 5 people serving on their board to help guide the school and to make important decisions about the future, policy, academics, staffing, and finances.

Logos School Board.... we are grateful for you!

Bill Slentz, Board President, Jesse Nuckolls, Board Secretary, and members Andy Allen, Wende Hook, and Rodney Williams.

Important Dates

January 18 – Martin Luther King, Jr. Holiday

January 22 – End of 1st Semester

January 24-30 – School Choice Week

January 26 & 27 – In House Math Olympics (3-8)

February 4 – UPLIFT Meeting at 6:30 pm

February 8 – Free Ice Cream Night for Logos Students at Top Gun Restaurant

February 15 – No School – President's Day Holiday

February 16 – No School – Teacher Professional Development Day

February 19 – Awards Chapel @ 8:15 am (Honor Roll, Spelling Bee, Math Olympics)

WNC Program Offering More Career Training

Submitted By WNC

Western Nevada College has revamped its Continuing Education program and is now geared toward providing career training and professional development, as well as offering a variety of personal enrichment classes like it has in the past.

Many students qualify to have their course costs fully covered through community partnerships, and all Continuing Education students from Churchill County and other areas in the state can now check out Google Chromebooks, receive bus passes to cover transportation needs and access tutors for assistance with coursework.

"The focus of our program has always been meeting the needs of our community," said program coordinator Lauren Slemenda. "We are thrilled about these new developments, which offer us the flexibility to meet students where they're at and help them get where they want to be."

Because of COVID-19 restrictions, all training programs and classes are being presented online at this time and are accessible no matter where you reside.

"This is for any student enrolled in our program!" Slemenda said. "You might have to drive to Carson City to pick up a Chromebook, depending on availability, but you can live anywhere in Nevada. We even have some students from Vegas."

For students looking to start a new career or gain skills to advance their existing career, choose from Advanced Career Training programs that WNC is now offering.

Among the online choices is a CCA Medical Billing and Coding program. The program covers Medical Terminology, Health Care Law and Medicare and prepares you to take your national certification exam. CCA Medical Billing and Coding can be completed in less than a year and covers 340 total class hours. WNC provides a student adviser and ongoing career placement

assistance. Learn more about the program at <https://bit.ly/39dQHq2>.

Other Advanced Career Training Programs now available are:

- **Certified Professional Life Coach:** Professional life coaching has grown into a \$2 billion industry, with demand for certified life coaches on the rise. More and more, organizations are hiring coaches to help their employees develop leadership capabilities and increase performance and productivity. This life coach certification course teaches the critical skills needed to establish a successful business.

- **Pharmacy Technician:** Pharmacy technicians support licensed pharmacists in providing health care to patients. Train to enter this rapidly growing field with this respected online program.

- **Certified Six Sigma Yellow Belt and Green Belt:** This course bundle will introduce you to the Six Sigma process of improvement and prepare you for the first two levels of certification, yellow belt and green belt.

- **Certified Administrative Professional:** Prepare to take the Certified Administrative Professional exam offered by the International Association of Administrative Professionals with this fully online program, which covers a broad selection of skills and knowledge to prepare you to work effectively as an administrative assistant.

- **Certified Electronic Health Records Specialist:** Unlock the door to an up-and-coming career with this fully online program from the National Healthcareer Association. This course will prepare you for the Electronic Health Record Specialist Certification exam and your exam fees are included in your registration cost.

- **Certified Medical Administrative Assistant:** Contribute to the smooth flow of patients through a medical office as a skilled multi-tasker. This online program will prepare you to become a Certified Medical Administrative Assistant through the National Healthcareer

Association. Your course fee includes the cost of the certification exam.

- **Freight Broker/Agent Training:** Become a part of the exciting trucking, freight logistics and transportation industries as a licensed freight broker or freight broker agent. This online program will provide you with the knowledge and resources you need to break into the shipping industry and obtain your brokerage licensing/authority from the federal government.

- **Grant Writing:** Learn the essentials of writing or acquiring grants for private, public or government use with this comprehensive online course.

- **Retail Customer Service Skills Training:** Prepare for a career where you will always be in demand with the skills and knowledge to work in retail customer service.

Many of these programs can be completed in 6 months or less, with tuition including all course learning materials. Students who complete the course with a passing score receive a Certificate of Completion from WNC Continuing Education. Financial assistance may be available for those who qualify. Contact WNC's admissions counselor via email at Kelly.pierce@cengage.com or by phone at (887) 221-5151.

WNC's Continuing Education Program is also offering professional development courses such as Homeschool with Success, Creating A Classroom Website, Introduction to Google Analytics, Achieving Success with Difficult People, and more.

Online personal enrichment classes are also being tendered such as Blogging and Podcasting for Beginners, Keys to Successful Money Management, Lose Weight and Keep It Off, Learn How to Buy and Sell on E-Bay, Stocks, Bonds and Investing: Oh, My!, Introduction to Interior Design, and more.

For more information, phone 775-445-4210, visit wnc.edu/continuing-education/ or email conted@wnc.edu.

What's Cookin' in Kelli's Kitchen



One of the side effects of being a culinary professional is that almost every person we meet makes a joke about how my husband Neil must be REALLY well fed. The irony is that when I was working all week long in a restaurant kitchen, I didn't have the energy or enthusiasm for cooking much at home.

Since I turned in my restaurant tongs and proudly took up my house-wife tongs I cook a lot more in our home kitchen! Many of Neil's favorite things that I cook are complicated recipes when done right: Beef Stroganoff, Lasagna, and Chicken Parmesan. They frequently involve LOTS of dishes, pots, and, pans—which means lots of cleanup. I am constantly on the lookout for recipes that bring together the flavors of a more complicated dish and simplify the process—this week I found a gem of a recipe that accomplishes this very goal: Chicken Parmesan Meatballs.

All I had to do was mix up the ingredients in ONE DISH, form the mix into golf ball sized rounds, plop them into some red sauce, and bake in the oven. I finished off this tasty dish by melting provolone cheese over the top. Neil and I decided to eat our meatballs over pasta, but I would have enjoyed them just as much on a crusty loaf of bread. The meatballs were moist and fork-tender coated in a sweet pepper marinara and topped with stringy, gooey cheese—PERFECTION.

I am always on the hunt for neat culinary products. This week was all about adding some deliciousness to my spice cabinet and Barrel & Burlap was there to fill my need. Barrel & Burlap specializes in single origin spices including such noteworthy offerings as Cobanero Chili Flakes (fruity and floral with a slow burn), Black Urfa Chili (rich and chocolatey, almost like a spicy raisin), and Cured Sumac (bright and lemony). When my package of spices arrived, I wanted a tasty dinner to try a few out! Please welcome to Kelli's Kitchen: yogurt marinated chicken thighs baked with spiced chickpeas and red onions.

I mixed up Greek yogurt, turmeric, lemon juice, salt and pepper and let the chicken marinate in the fridge overnight. Then I roasted the chicken on a sheet pan surround-

ed by chickpeas tossed with turmeric, cumin, sumac, and some fennel seed homegrown on my father's farm in Washington. The dish was completed with slivered red onions, mint, cilantro and a sauce made from Greek yogurt, sumac, and lemon juice. A most ideal showcase for the pungent spices that now reside in my cabinet.

Cheesy Chicken Parmesan Meatballs (by Kay Chun)

Yield: 4 servings

Ingredients:

4 oz firm tofu, crumbled
 ½ c ricotta
 ½ c grated parmesan cheese
 ½ c bread crumbs
 1 large egg
 2 T garlic, minced
 1 t dried oregano
 ½ c parsley, chopped
 Salt and pepper
 1 # ground chicken
 2 T olive oil
 2 red (or orange) bell peppers, cored and ½ inch slice
 3 c marinara sauce
 6 slices provolone cheese

Directions:

1. Preheat oven to 375 degrees. In a large bowl combine: tofu, ricotta, parmesan, breadcrumbs, egg, garlic, oregano, 2 t salt, 1 t black pepper, and parsley, and mix until well combined. Add chicken and gently mix until combined. With wet hands, form the meatball mix into 20 balls.
2. In a Dutch oven, heat oil over medium heat. Add bell peppers, season with salt and pepper, and cook until soft (about 5 minutes). Add marinara sauce and meatballs and stir gently to coat the meatballs with the sauce. Remember, your meatballs are fairly delicate so treat them lightly. Bring the marinara to a boil, cover and transfer into the oven to bake until the meatballs are cooked through (about 20 minutes)
3. Remove cover and top with sliced provolone cheese and continue baking until the cheese is melty and gooey, about 5 minutes.
4. Serve meatballs and sauce over cooked pasta or on a loaf of crusty bread.



Sheet-Pan Chicken with Chickpeas, Cumin, and Turmeric (by Alison Roman)

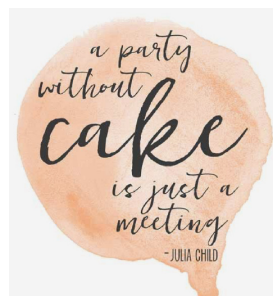
Yield: 4 servings

Ingredients:

3 lbs. bone-in chicken thighs
 Salt and pepper
 1 ½ c Greek Yogurt, divided
 5 T lemon juice, divided
 2 t ground turmeric, divided
 2 (15 oz) cans chickpeas, drained and rinsed
 1 T fennel seed
 1 t ground cumin
 1 red onion, thinly sliced, divided
 2 T olive oil
 Mint & cilantro for garnish, torn

Directions:

1. Season chicken with salt and pepper. Combine ¾ c yogurt, 2 T lemon juice, 1 t turmeric and 2 T water in a large bowl. Season well with salt and pepper (it should be a little salty as this is the marinade). Add chicken and toss to coat evenly. Let sit at least 30 minutes at room temperature or up to overnight in the refrigerator.
2. Preheat oven to 425 degrees
3. Combine chickpeas, fennel seed, cumin, remaining turmeric, and half of the sliced red onion on a baking sheet. Drizzle with olive oil, season with salt and pepper, and toss to coat.
4. Move chickpeas to the outer edges of the baking sheet. Scrape excess marinade off the chicken and place chicken thighs in the center of the baking sheet. Place the baking sheet in the oven and bake, tossing chickpeas occasionally, until the chicken skin is browned and the chickpeas are starting to get crisp (45-50 minutes)
5. While the chicken is baking, toss the remaining onion slices with 2 T lemon juice, season with salt and pepper, and set aside.
6. Combine remaining yogurt with 1 T lemon juice, season with salt and pepper, and set aside (this is where I added sumac and cobanero chili pepper).
7. Once the chicken is done cooking, top with lemony onions, mint, and cilantro. Serve with yogurt sauce on the side.



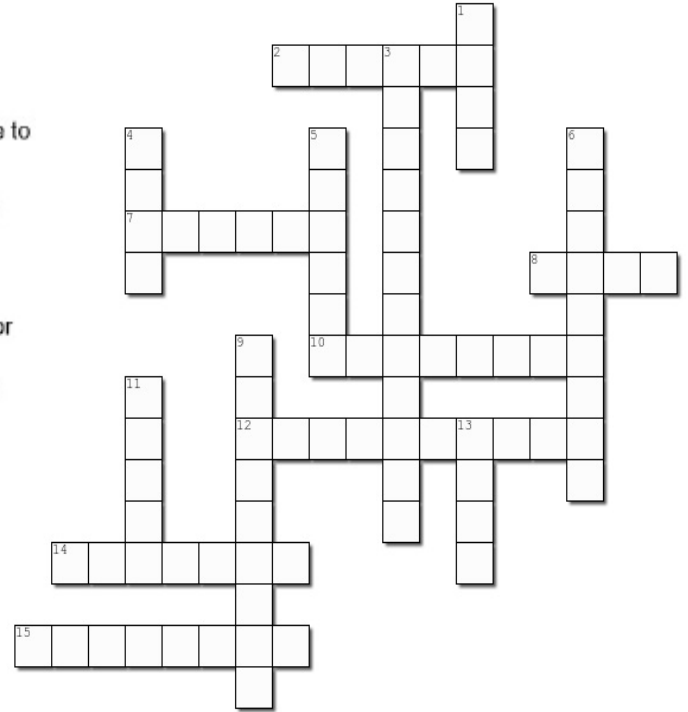
Crossword

Across

- 2. Relating to a society or its organization; an informal gathering organized by members of a club
- 7. A long, narrow strip of fabric, used for tying something or for decoration
- 8. The branch of a nation's armed services that conducts military operations at sea
- 10. To form an idea of the amount, number, or value of; To assess
- 12. A fact or piece of data from a study or large quantity of numerical data
- 14. A mixed rice dish with origins of the Indian subcontinent
- 15. A half-year term in a school or college lasting 15-18 weeks

Down

- 1. A request made in an urgent and emotional manner
- 3. The beginning of a system, policy, or period; the formal admission of someone to office
- 4. A large farm building used for storing grain, hay, straw or for housing livestock
- 5. To give for a good cause
- 6. An illicit liquor store or nightclub
- 9. A traveler on a public or private conveyance who is not the driver, pilot, or crew
- 11. Free from alcohol, or not affected by alcohol
- 13. Curd made from mashed soybeans



Dysfunction Junction – Death by Cupcake and Other Strange News



By Leanna Lehman

Ok, so no one has ever actually died from a cupcake overdose, but by God, I was trying. During a Tuesday lunch meeting with the publisher of this very fine and upstanding journalistic enterprise, I was laid low by one of the Courtyard Café's delectable sugary creations. After a salad. And that perfect Chicken Verde soup. And a diet coke. Yep, I fell right into the Venus Flytrap of after-meal delights.

Let it be known, I have never had a cupcake at the Courtyard. Also let it be known, that only 24 hours after my no-sugar commitment, my steely resolve melted into

something resembling day-old hospital Jell-O. Mind you, I only had a half of the fluffy white cupcake with icing delicately swirled on top, measuring slightly taller than the cupcake itself. Don't get me wrong, I am here to tell you, they are the best cupcakes in town. In Northern Nevada. But I am also here to tell you, I didn't need one. Or even a half.

So why is it, dear friends, that when we set out in earnest to do a thing, we are tripped up more than before we made the decision to do it? Is it a matter of willpower? Wanting what we shouldn't? Or is it more elementary, like the fact that CUPCAKES ARE DELICIOUS?

I probably also should have mentioned that the salad, which was also fantastic, was the size of my head. Maybe I have a few more issues than I realized. But hey, we are all a work on progress, aren't we?

So, am I back on track? Not quite. There is something about the mad, furious, intensity of trying to get this paper out that lends itself to a turkey and pepper jack sandwich on jalapeno bread with mayo, mustard, all the toppers, lettuce, tomatoes, pickles, and jalapenos from Getto Subs. I have decided that all this may not be so bad. Look at it this way, I am helping local eateries survive in this time capacity limitations. (Maybe I should see about getting my capacity limited). Yes friends, we all must do our part. This isn't a me society, it's a we society.

Enough about the New Year I-really-need-to-go-on-a-diet woes. I thought I would share some fun facts with you after the chaos and turmoil of the last few weeks – ah hem, or ten or so months, actually.

Fact one: A Massachusetts cow was on the lam after escaping from a farm and evading capture for six months. She was finally seized by Animal Control and "will receive a new home in a sanctuary." Yes, my friends, you read that right – a cow sanctuary. Apparently cows on the run is more common than one might think. Another young cow in Australia narrowly escaped the slaughterhouse and found refuge at an animal farm.

Fact two: It would seem that Massachusetts is a hotspot for wayward beasts. A "mystery llama" was also found earlier this year wandering in field. The llama, unlike the cow, was not taken to sanctuary, rather a small farm in New Hampshire.

Fact three: According to UPI News, the No Pants Subway Ride has been cancelled. The public transit no-pants event takes place in several cities around the world every January, and could not be held this year due to the COVID-19 pandemic. It is heartening to know that not all COVID restrictions are annoying.

If you smiled or grinned, just a little bit, and only once, then my job here is done. In the words of Mark Twain, "Humor is mankind's greatest blessing."

Feral Housewife Horoscopes

Capricorn- December 22 - January 19

Fear is said to be a friend, but this week, for you, it is a foe. You should be making big moves in life, and they will work out in your favor. You have the ability to use the sensuality that you are feeling to woo that special someone, so stop doubting yourself and just have the confidence to do it. Have true confidence, not the usual false bravado you possess. Yes, I said it. Trust yourself and you will flourish, not only in romance, but in profession. Let us see what you are made of!

Aquarius- January 20 - February 18

Patience and perseverance will lead to achieving the goals you truly want to achieve, if you can reign in your desperate need to break free and do it yourself. You have a dramatic change in life direction and money coming at the start of the week, but if you don't proceed with caution, the outcome will not be pleasant. Choices should be well thought out or they will lead to total loss of what you have worked toward. Show your dedication and strong work ethic, and complete the difficult tasks you have been putting off! When someone comes to you for guidance, remember to show the best you have, and don't forget to seek out wisdom from those who have been there before.

Pisces- February 19 - March 20

You have the confidence of royalty this week, which will stun those around you with a new side they have never seen before. You will step out of your bubble and turn into a sexual mermaid. You are going to be drawn to beautiful and graceful things. Anything gentle and flowing will be the path you take. There is a sexual and sensual flow around you that everyone will see and feel as you navigate this week. The sultry seduction of femininity, yes even you men, has you living in red this weekend. Enjoy the ride...

Aries- March 21 - April 19

This week, you will have looks of longing from all around you as you blow the doors off the competition. You have a sense of drive that is hard to keep up with as this week starts. Find and build up those confederations around you as these bold ideas will need backing. Midweek, you will start to lag and feel the "molly grumbles," aka feel down in the dumps. By helping someone this weekend, you will find a renewed sense of self.

Taurus- April 20 - May 20

Who knew that you could pull off patience and open mindedness and even a rooting sense of stability?! Of course, you did. These great traits you have adopted will be hard to find midweek, but try to be flexible unless you are looking for a fight, and a fight you will get. This weekend, try to find yourself a herd of like-minded compadres to share goals and compare.

Gemini- May 21 - June 20

You will be struggling to communicate on every level. If you want to survive this week, make sure that you take extra time to spell out and communicate. You have some stage 5 clinger tendencies this week that are going to lead to friction. Single or partnered, you are going to feel an urge to run while losing all sense of self love. In professional life, you are going to kill it. You have an understanding this week that to bow to dominant men will result in that promotion. Just be careful you don't bow too far!

Cancer- June 21 - July 22

Well, howdy, you sex god you! This week is filled with good juju and great sex. You will find yourself with a sense of wanderlust and the stars say go for it. Whatever change you are seeking, you will find it without the usual turmoil. You will be feeling yourself this weekend, and you have an air about you that screams for attention and love. You will get it this weekend and, in all you do, the meetings will be worth it. So, say yes, take the leap, and kiss n tell!

Leo- July 23 - August 22

Good news. This week you have an abnormal sense of subconscious and will be starting the week deep in conversation regarding a relationship. You will feel calm about the decision to stay or go. You will be able to reign in bad habits and let go of things that cause your focus to stray. Quit wasting time on the things that don't benefit you and stop pushing things that you know you cannot accomplish. Don't allow all the praise and recognition to go to your head or agree to more than you can handle.

Alicia Parsons grew up in Yerington and has been a dishwasher, teacher's aide, patient care representative, and debt collector, before landing her current and favorite gig as a feral housewife to Trevor and card-carrying mother-of-the-year to three-and-a-half-year-old Rhett.

Virgo- August 23 - September 22

This week will be a very informative one for your partners, because you are going to find the freedom of expression in all aspects of life. Be careful with that sword tongue of yours. You will want to stop and tell everyone how it is, but this week isn't the time to let loose, even if they deserve it. This weekend, you will have the warm and tingly feelings of love surrounding you. Go ahead and enjoy that tenderness while it lasts.

Libra- September 23 - October 22

Just remember that you don't have to fight change. The nature of life is all about change and it is nothing to be scared of. Stop trying to row up a waterfall and ride the waves. This week you will find yourself in a position to be the rock for those around you. You will be feeling the creative, strong, romantic vibes all around. If you find yourself screaming soul mate internally, don't be surprised. Your strong sense of responsibility and determination will pay off. Just keep at it!

Scorpio- October 23 - November 21

This week you are feeling sultry, and with good reason. The stars have aligned perfectly for you in all areas of spirituality and creativity. You will have a very strong sense of connection and femininity this week, connecting deeply with those around you, especially your partner. You will be happy to host a gathering this weekend and spend the remainder of it wrapped around your partner in languid cuddles and kisses. New beginnings are nothing to fear. You can take the world on with your spirit this week.

Sagittarius- November 22 - December 21

One breath at a time, sweet Sag. That suffocating sense of anxiety is overwhelming, but it is just the moon and it will pass. Don't rush into acting on the turmoil you are feeling. Trust yourself to have the answers to the chaos. You will be exceptionally perceptive this week and it will lead to those around you appreciating the intuition you have to share. Go ahead and embrace the daydreamy ideas you have, but don't forget the goal you have in mind. You will need to work hard and keep your eyes on the prize.

I Used to Go Here

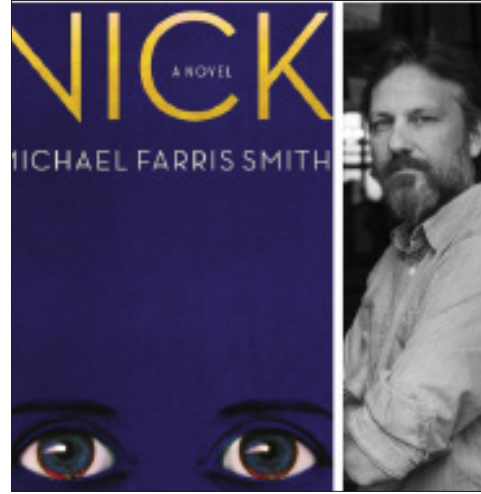


Without telling anyone, The Lonely Island released a new film entitled *I Used to Go Here*. Andy Samber, Jorma Taccone, and Akiva Shaffer produced a movie about a young writer on the tail-end of her newly released fiction novel. The main character, played by Gillian Jacobs (*Community*, *Love*), returns to her alma mater after her book tour is cancelled due to a reading done for a class taught by her former professor, played by Jemaine Clement (*Flight of the Concorde*, *Moana*). Jacobs's character spends her time with a group of current college students, while she stays in a bed and breakfast across the street and realizes the writing

world is different than she would like it to be.

This movie is similar to many other Lonely Island Productions. Like a movie I reviewed earlier this year, *Palm Springs*, the comedic trio found a writer who has a screenplay that is well-balanced with humor and morosity. Then by attaching their cinematography smarts to the words, they create a great piece of work that is never overstated. It is a great watch for those who work in the creative arts, and for those who know nothing about it.

Nick



On New Year's Day, F. Scott Fitzgerald's famous novel, *The Great Gatsby*, entered into the public domain. Fitzgerald's words are now available to be published by anyone. In Michael Farris Smith's case, prequels of characters can be written too. Smith wrote the new novel, *Nick*. It follows Nick Carraway, the character and narrator from Fitzgerald's world-renowned book. Before

Carraway moved to West Egg, he was a soldier in war, a resident of many cities, and subject to heartbreak, violence, alcoholism, childhood trauma, and deceit.

This book has an interesting sentence style and voice that reminds you of classic authors like Fitzgerald or Hemmingway, which allows it to fit right in with its predecessor. With 52 short chapters, this book is an interesting look at Nick Carraway from someone who did not originally create him.



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All CDC protocols and guidelines are followed to protect the health & safety of residents and team members.

Songs for the Drunk and Broken Hearted



Does anyone remember the band, Passenger? The popular song from 2013? “Let Her Go” from the *All the Little Lights* Album? No one? Well, I forgot about them too, but the new album, *Songs for the Drunk and Broken Hearted*, is just as good as their hit from eight years ago. The album has ten tracks with an additional ten acoustic versions as well. Passenger’s

sound is the same from before, with light vocal and folk instrumental influences. The titles of each track on the album tell you what mood the songs are reaching for if the album title was not hint enough for you.

With tracks like “Nothing Aches Like a Broken Heart” and “London in the Spring” this album is good for a hefty cry – or a night lying in bed thinking “what does it all mean?” While that all sounds sad and depressing, this album is of great quality and I’m glad to hear Passenger return with some fantastic poetic lyrics.

The Slanted Porch



I love a good sandwich. A testament to a place that makes great sandwiches – in my opinion – is that, if their Thanksgiving leftovers sandwich is done well, all the sandwiches are done well. The Slanted Porch is no exception. The Gobbler, as they like to call it, is moist and crunchy with the onion added inside. My next favorite, the Cottonwood, is a hot sandwich. Roasted garlic salsa with Havarti cheese seems like a weird combination to attach to sandwich staples like turkey breast and avocado, but somehow it all works wonderfully.

The Slanted Porch prides itself on freshness and homemade items, which explains why their potato chips taste so good too.

Viviane Ugalde is a recent University of Nevada grad who is from Fallon. She is a staff writer, and the entertainment correspondent. She is teaching our FallonPost team design and layout, is willing to do any little thing that needs to be tackled, and is also a stand-up comic.

Newlands Project Water Levels

Measurements taken
January 20th at 6:15 p.m.

Lahontan Reservoir
82, 130 af

Truckee Canal at Hazen
253 cfs

Truckee Canal at Wadsworth
227 cfs

Carson River Below Lahontan
0.84 cfs

Carson River at Ft. Churchill
85.8 cfs

cfs - Cubic Feet per Second
af - Acre Feet

Fallon Theatre

JANUARY MOVIES

Wonder Woman 1984
Plays January 2nd, 7th, & 9th
Only \$5 per person for
all new release movies

THE FOLLOWING MOVIES WILL BE OFFERED FOR FREE:

 January 7 THE SHINING	 January 9 HISORY	 January 14 SPIRITED AWAY
 January 16 THE LEGO MOVIE	 January 21 EDWARD SCISSORHANDS	 January 23 AVATAR
 January 28 THE MAN FROM SNOWY RIVER	 January 30 TOMBSONE	

All movies start at 6:30

Bulletin

Court Services Specialist Job Posting

The Eleventh Judicial District Court is looking for a Court Services Specialist who will report to the Court Administrator for \$19-\$25 per hour DOE in Hawthorne AND Lovelock.

The job is Full-Time Regular or Part-Time Regular and closes February 12, 2021, at 4:00 p.m. PST,

The person who is hired for this position will receive 100% paid health insurance for employee-only coverage. The District also offers PERS retirement contribution.

All parties interested in applying should email Kate Martin at kmartin@11thjudicialdistrictcourt.net for more information

PUBLIC NOTICE

Notice is hereby given that the Soda Lake Storage Unit #162 hereafter described will be sold at public auction.

1. The name of the owner or person under whose account the storage unit is held is Debbie Gray.
2. The description of the storage unit to be sold is: **Unit #162 with Miscellaneous Contents.**

The time and place of the sale are:

1/29/2021, at Soda Lake Storage, 500 Soda Lake Road, Fallon, Nevada 89406.

Dated this 22nd day of January 2021.

SHIRLEY JENSEN
SODA LAKE STORAGE

Published in *The Fallon Post* January 22, and 29, 2021.

Ad#0005008

Crossword Answers

- | | |
|-----------------|----------------|
| 1. PLEA | 8. NAVY |
| 2. SOCIAL | 9. PASSENGER |
| 3. INAUGURATION | 10. EVALUATE |
| 4. BARN | 11. SOBER |
| 5. DONATE | 12. STATISTICS |
| 6. SPEAKEASY | 13. TOFU |
| 7. RIBBON | 14. BIRYANI |
| | 15. SEMESTER |

Get your paper at these merchants:

Harmon Junction
Stone Cabin
Digitex
Senior Center
Qwik Stop
Telegraph Coffee & Tap
Skips
3-Dimension Shipping
Jo's Stillwater Tea Room
Frontier Liquor & Sporting Goods
His Inspirations
Cranberry Cottage
Jerry's
Grand Slam



Glynnda Duntley took this photo last February on the Mexican side of the border in Al Godones, Baja CA while waiting to cross back into the US.

Contact your Representatives

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<https://www.cortezmasto.senate.gov/>
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Councilwoman Karla Kent
 Ward 2
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 (775) 423-2126 (Work)

Councilman James Richardson
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"Karma Boxes" continued from front page...

The idea is for local businesses to build and design Karma Boxes of their own, decorating them with a business theme or any creative design and provide the contents that can be used by anyone in need. Anyone can replace items in any of the boxes as well.

The community Youth Committee, chaired by Sheriff Richard Hickox has also been working on the idea, and Superintendent Summer Stephens would like there to be a Karma Box at each school campus. Additionally, Zeller said the Sheriff, Running Iron Café, and Telegraph Coffee have all expressed an interest in building their own Karma Boxes.

"Grant really wants people in recovery involved," said Zeller, "and so we are also talking to Lana (Robards) about getting New Frontier involved."

For anyone wishing to participate in the Karma Box project, either by contributing to the Karma Box at the Chamber or by installing their own Karma Box, both Zeller and Carnahan would be happy to help. Call the Chamber at 775-423-2544

Community Meetings

January 22nd - 29th

**Board of County Commissioners
 Departmental Tours Day Two**
 1/25 - 8:15 AM

Planning Commission
 1/26 - 6:30 PM

County Board of Health
 1/27 - 3:00 PM

Advisory Board to Manage Wildlife
 1/27 - 7:00 PM

**Coalition for Senior Citizens
 Sub Committee**
 1/28 - 3:00 PM

Coalition for Senior Citizens
 1/28 - 3:30 PM

Carson Lake and Pasture Meeting (TCID)
 1/27 - 6:00 PM

CCSD Board of Trustees Meeting
 1/27 - 5:30 PM



On June 6, our five American Kestrel fledglings emerged from their nest box and were fully flighted and ready to rumble. I took this photo of four of the five together (the fifth was a smaller female and wasn't out at the time) Photo by Larry Neel.



The Fallon Post
1951 W. Williams Ave. #385
Fallon, NV 89406