

# THE FALLON POST



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Keeping You Posted on Local News

Friday, June 10, 2022

## Octane Fest Roars Through Fallon this Weekend

By Sylvia Nash

Octane Fest kicks off with an action-packed lineup of events on Friday that lead into Saturday, featuring all kinds of high-powered dirt track motorsports racing.

Motorheads from all over Nevada and the west will be heading to the Oasis of Nevada for the action-packed lineup.

Starting Friday at 7 p.m. drive up to Rattlesnake Hill to experience the thrill of circle track races, timed tough trucks, trailer races, and demolition derby. On Saturday, beginning at 6 p.m. the excitement continues with more circle track races followed by contact tough trucks, chain races, and a figure 8 race. The price of admission ranges from \$5 to \$10 per ticket. For more information and to purchase tickets, go to [rattlesnakeraceway.org/buy-tickets](http://rattlesnakeraceway.org/buy-tickets).

Also revving their engines are top drag cars from across the west who will converge at Top Gun Dragstrip which hosts the NHRA Pacific National Open Series this weekend at the racetrack located 17 miles south of Fallon on June 10 through the 12. The Junior Drag Racing League will also race as well at the ET Summit Series. The track opens at 7 a.m. on Friday with races scheduled over three days. See the website at [topgunraceway.com](http://topgunraceway.com) for more information.

In addition to the Octane Fest activities, and a perfect complement, the 12th Annual Rockabilly Riot will kick off at the Rafter 3C on Friday, June 9 with hot rods, vendors, tattoo artists, a Pin Up contest on Saturday at 7 p.m., and several live bands.

National Hot Rod Association caliber motorsports will be roaring around Fallon all weekend. Come enjoy one of Nevada's most exciting racing events of the year.

[Rattlesnakeraceway.org](http://Rattlesnakeraceway.org)  
[TopGunRaceway.com](http://TopGunRaceway.com)  
[RenoRockabillyRiot.com](http://RenoRockabillyRiot.com)



Lili Henning gets in the spirit of Octane Fest - Fallon's premier auto racing weekend with races at Rattlesnake Raceway, Top Gun Raceway, and a special separate event at the Rafter 3C - Rockabilly Riot. Photo courtesy of Debi Henning

## Nevada Cities in Fallon for League Retreat The City of Fallon Shows off for Guests

By Rachel Dahl

As the local community gears up for one of the busiest weekends of the year, elected officials from cities and municipalities across the state find haven in Fallon this week for the Nevada League of Cities annual retreat, giving the Fallon and Churchill County community a perfect opportunity to show off.

Jo Walker is the administrative manager for the League who attended the State Department of Tourism Rural Roundup conference that was hosted by the City of Fallon in

2019. "We are really looking forward to being in Fallon, Mayor Tedford is a wonderful host."

Jane Moon, the director of tourism for the City of Fallon hosted the Rural Roundup and is involved in planning for this retreat. She said the city enjoys providing a memorable time for all visitors and this is another opportunity to do that with leaders from across the state.

Nearly 50 members of the League kicked off their event Wednesday night at the Rafter

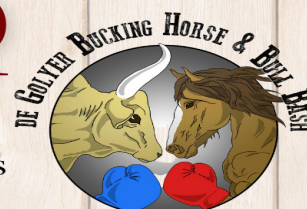
*Continued page 4...*

## Barn Dance And BBQ

Friday Night June 24th  
at The Dry Gulch 7-11

TriTip, Beans, Cash Bar  
Local Band - Stillwater Legends

Tickets \$25 - \$10 for 12 and under



# From the Publisher

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## Captain's Log – *Retreat*

The theme of the week seems to be appropriately, Retreat. The City is hosting Nevada League of Cities on Retreat. Kelli is in Oregon on Retreat. I have taken a pass and am in full Retreat from the years of begging for Letters to the Editor and Polite Public Discourse.

I feel like my face was just now like the emoji where the little smiley face has a little tiny mouth and great big, shocked eyeballs. I'm not sure it will show up in the layout but going to try...

Everyone who knows me knows how important I believe it to be that we discuss. Debate. Visit. Discourse about the simple and the complex things in life. A passionate conversation is a thing of beauty. Eyes flash, ideas flow, the energy courses through allowing for creation of better ideas and solutions and remedies.

But we've come to a place in life where we've lost that ability. There is no beauty left in what has come to take the place of this time-honored tradition – anger, vitriol, foot-stomping, name calling. What we do now is childish and ugly and it leads nowhere. At least no where good.

There are several Letters to the Editor staging. Waiting in the folder to be printed, but I feel like we all needed to go back to our corners and breathe. We need a bit of a break. I will print them. You can read them or not, but I'm grateful people took the time to write, in spite of the agony of reading them. I wish we would take the time to create thoughtful, useful, instructive maybe, pieces.

I feel like the wife who is never satisfied – finally people are writing! And now you want us to be POLITE?!?!)

At any rate, as Kelli so wisely said, "A retreat is sacred." We need to nourish our souls and tend to our hearts. While I nourish my soul and tend my heart, while I research a better, formal way to present my ideas and my views, I will be right here...

...Keeping you Posted.  
Rach

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## The Fallon Post

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## deGolyer Bucking Horse and Bull Bash on Tap June 25

Cody and Kristina deGolyer have worked hard over the past eight years to build an event that can be enjoyed by the entire family and the surrounding northern Nevada community. They decided to start the rodeo after they took their four kids to the Reno Rodeo one summer. Kristina said once they got there and the kids saw the carnival and got wrist bands for \$30 each and then food, “We got home \$600 later and realized you shouldn’t have to go broke going out with your family.”

Cody added that they thought it was important to keep Rodeo in Fallon. “This is a rodeo community, it’s our culture,” he said.

They talked it over for the next couple of days and then, “We went down to Parks and Recreation and talked to Cindy and rented the fairgrounds for a two-day event. We didn’t even know what we were doing,” laughs Kristina.

The first two years were rough, they said, “We hocked the boat to pay for rough stock,” said Cody. “Now we have continuous sponsors who support us and make this possible for the community.”

In addition to the rodeo on Saturday night, there is a family/kid zone with water slides, bounce houses, and face painting. There are several food vendors

along with booths for merchandise. And this year the deGolyers are adding a BBQ and Barn Dance on Friday night.



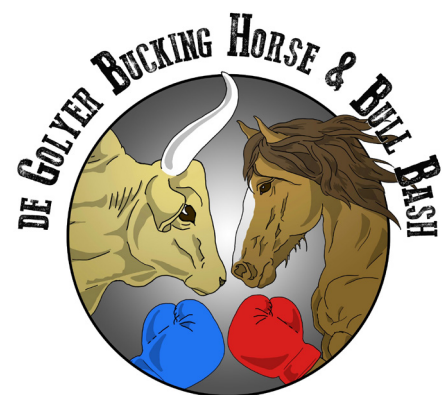
For \$25 adults can get tri-tip and beans dinner, \$10 for kids, and enjoy live music from Steven Christie who is playing with friends in a band they call Stillwater Legends. The BBQ starts at 7 p.m. There will be dancing to 90s country and bluegrass music along with a cash bar, all held in the Dry Gulch building.

Attendees can also win prizes with a \$250 gas card being raffled off for filling out the event survey, and a hay raffle of 20 bales of alfalfa from Abe’s Feed with the proceeds going to support the sponsorship of youth rodeo contestants.

There are currently 135 contestants signed up for bull riding, ranch bronc riding, team roping, barrel racing, break-away, and best of all – wild cow milking. Not to mention the junior events, steer riding, calf riding, and mutton busting.

The Rodeo starts on Saturday at 6 p.m. and will be held in the outdoor arena. All tickets are \$10 and can be pre-purchased at Big R or online at [rodeoticket.com](http://rodeoticket.com). Tickets will be available at the gate.

“The grandstand holds 3,000 people and last year we had close to 4,500 for standing room only,” said Cody. “We had to stop selling tickets at the gate.”



# Feature

*CITY RETREAT from front page...*

3C for a welcome reception and Show 'n' Shine. Thursday at the Oats Park Art Center, the group heard from national caliber motivational speaker Dave Mitchell who led the group through his process, The Power of Understanding People.

Walker said Mitchell is a great speaker and the presentation was interactive, taking attendees through a process that will help them become better communicators at work and home. "This retreat gives us an opportunity to interact with each other in a low-key environment, a chance for our leadership to get to know each other better."

On Thursday afternoon, after a box lunch served in the Lariat Courtyard, attendees had the opportunity to tour the Top Gun Raceway and drive drag cars, ride side-by-sides at Sand Mountain, go trap shooting at the Trap Club on Rattlesnake Hill, and take a historic walking tour of downtown. Thursday evening, they attended a reception at Frey Ranch Distillery before dinner at the Lariat.

Mayor Tedford was excited as the City Council and staff prepared for the retreat, explaining each activity and the logistics of transporting attendees to the various locations. "This is how they should remember Fallon," he said.

The city used all local restaurants and



*The City of Fallon hosts the Nevada League of Cities retreat this week with activities Wednesday through Friday. The welcoming reception was held Wednesday night at the Rafter 3C*  
*Photo by Bill Post*

businesses to provide meals and activities, which provides the business community a chance to show off as well and benefit financially from the influx of guests.

The Nevada League of Cities is made up of representatives from 19 Nevada city members. Director Wesley Harper works with the Nevada Legislature during the legislative

session and year-round during the interim on issues that affect cities.

"They are in the meetings where state agencies and legislators are talking about cities," said Tedford. "They gather information and make us aware of what is happening at the state level, they are valuable."

## AAUW Honors Barbara Evans as Woman of the Year



The Fallon Chapter of the American Association of University Women has chosen to honor Barbara Evans as Woman of the Year for her many years of work as a coordinator of Fallon Daily Bread.

She along with many community volunteers have been serving hot meals two days a week to the needy in our community, for the past 14 years.

Barbara was foundational in bringing the Daily Bread to fruition and has remained a dedicated and relentlessly committed leader of this valuable community resource.

*—Submitted by Kathy Reynolds, AAUW*



JUNE 14 FROM  
7 A.M. TO 7 P.M.  
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8TH Annual de Golyer Bucking Horse and Bull Bash

# RODEO

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JUNE 25TH

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**TROY'S DOUBLE SHOT BAR\***  
**LIVE BAND AFTER THE RODEO\***

**\*\*EVENTS\*\***

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# Community

## Library Carnival a Huge Success

by Jo Petteruti

The Library's Summer Reading Program kicked off on Saturday, June 4 with a Carnival in the lot right next door to the library where attendees enjoyed a variety of games, food, fun, and prizes all sponsored by the Churchill Library Association.

Attendees that signed up for the Summer Reading Program were given a reading log and a sheaf of game tickets to play any of the 14 games such as Giant Jenga, Ring Toss, Catch a Fish, Golf, High-Low, Yard Pong, and Tic-Tac-Toe, all with chances to win prizes. Raffle tickets were sold for chances to win one of 10 donated cakes and cupcake sets of all tasty varieties. Kids could have their faces embellished with Ivy Ward's artwork. The Boy Scouts sold snow cones, cotton candy, snacks, and soda. With hot choices made onsite by Wild West Burgers. Master of Ceremonies Zip Upham, dressed in classic carnival attire, made his rounds talking and joking with people, handling the raffle and other announcements for the event.

The dunk tank got quite a bit of attention. As cool as it was that day, a group of young boys was taking turns, standing in line to take shots at sinking their buddies and laughing like crazy at being able to sink each other. At times, when one of them couldn't hit the target with the softball, they'd go over and just hit it with their hand to sink their friend, then laugh even harder.

Lloyd said her people in the library booth gave out hundreds of bags containing game tickets and summer reading logs. Those that show their log each week at the library will get to choose a brag tag and a book. A sea creature can also be added to the ocean being created around the main desk for each book checked out. Lloyd was thrilled to see the normal Saturday library gate count go from about 175 patrons to 450 during the carnival with many new library cards given out.

CLA Board Member Rebecca Taylor raised the funds to put on the carnival

by acquiring sponsors for 10 of the game booths. She was the idea's originator, promoter, and planner in chief, and the CLA jumped behind her when she proposed it. Many people volunteered their time that day, some starting as early as 7 a.m. and all staying until the end.

Lloyd was smiling wide when she said, "I am so very happy with the turnout. It was all beyond what I expected, and it was so much fun. I really appreciate all that everyone did to make it happen, a lot of people worked really hard. And yes, we definitely want to do this again next year."



Above: Zip Upham was the MC at the Library Carnival. Left: Carol Lloyd director of the Library takes aim at Library volunteer Bill Short in the dunk tank.

Photos by Jo Petteruti



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## Emergency Communications Field Day – June 25th

by Bob Clifford, KF7LSM, ARES Emergency Coordinator, Churchill County

ARRL Field Day is ham radio's open house. Every June, more than 40,000 hams throughout North America set up temporary transmitting stations in public places to demonstrate ham radio's science, skill, and service to our communities and our nation. It combines public service, emergency preparedness, community outreach, and technical skills all in a single event. Field Day has been an annual event since 1933 and remains the most popular event in ham radio.

When hurricane Katrina hit New Orleans, within a couple of days all communications were out except for a few satellite phones that still had battery power and amateur (ham) radio. All telephone landlines and cell phones were down. A thousand amateur radio operators came to the area with their radios, power, provisions, and shelter, to provide emergency communications support for the area. Amateur radio was about the only function that worked well in the disaster. While hurricanes are not likely here, cyber-attacks on our power grid, electromagnetic pulse weapons, or extreme sun activity could easily put us into a situation like Katrina – locally, regionally, and nationally.

Amateur radio operators are organized in emergency support groups like the Amateur Radio Emergency Service (ARES) division of the Amateur Radio Relay League (ARRL). ARES operates in Churchill County (Churchill County ARES) and supports emergency communications for the county, NAS Fallon, TCID, and outside organizations like the Red Cross. One of the ways ARES trains for emergency deployments is by participating in an annual Field Day event each year. We go out to a field location and operate without "shore power" for 24 hours, making radio contacts around the region and country. We test radios, antennas, and other equipment while honing our skills in the art. There are numerous frequency bands and modes



that can be used, and results are greatly affected by atmospheric conditions, sunspots, and interference. There are a lot of skills required to get everything to work.

Radio amateurs are licensed by the FCC and have to pass exams to qualify to use most of the high frequency (short-wave) bands used for over-the-horizon long distance communications. Volunteers often invest thousands of dollars of their own money to buy all of the radio and support equipment (e.g., solar panels and generators) needed. The higher-end equipment can get expensive, it is very easy and inexpensive for new operators to get a basic Technician license and a handheld radio capable of talking through local mountain-top repeaters that extend the local area range. This is a great first step in emergency preparedness, and while many new operators get licensed for this purpose, amateur radio is also a fun hobby. Our local club Ama-

teur Radio of Churchill County (ARCC) holds monthly meetings with most topics on the hobby side.

ARCC's local Field Day event this year is on Saturday, June 25th at 11 a.m. at the Stillwater National Wildlife Refuge - Lead Lake Campsite. We will be operating three stations and will have a Get On The Air station where visitors, including children, can get on the radio and give it a try (with one of us present). There are no age restrictions on getting a license. Come out and you can see what we do, and we will be happy to get you on the air and tell you more about amateur radio.

If you are curious about ham radios or would like to have a backup emergency communication option, ARCC can help get you started. [www.facebook.com/ChurchillCountyAmateurRadio/](https://www.facebook.com/ChurchillCountyAmateurRadio/) or our website [www.nv7cc.org](http://www.nv7cc.org).

## Green Cross Pharmacy Fallon's Cannabis Dispensary

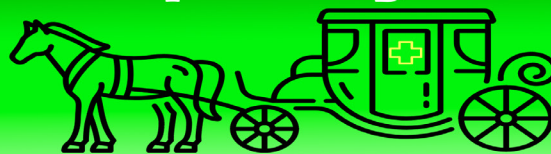
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# Community

## MAY BIRTHS



BABY ALAINAH GRACE TROTT ON MAY 13TH,  
TO ATHENA MARIE TROTT, WEIGHING 8 LBS.  
14OZ. AND MEASURING 21 1/2 INCHES.

BABY TREY MICHAEL WHITAKER ON MAY  
24TH, TO ANGELINA WHITAKER AND  
MITCHELL WHITAKER, WEIGHING 7LBS.  
12OZ. AND MEASURING 20.5 INCHES.

BABY LANORA ANN-MAY MCHARVEY ON  
MAY 24TH, TO AUBRIE STEELMON AND  
WILLIAM MCHARVEY, WEIGHING 5LBS.  
13OZ. AND MEASURING 18 3/4 INCHES.

BABY DRAEO EDWARD ALLEN WANNE ON  
MAY 26TH, TO MOM KRISTIN RENEE  
COLEMAN, WEIGHING 8LBS. 9OZ. AND  
MEASURING 22 INCHES.

*Congratulations to the families,  
may your new babies bring you so  
much joy.*



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## May Marriages

05/23/2022  
SHEPHERD, PAUL MARTIN to PHILLIPS, TRACI ALLISON

05/13/2022  
DEBRAGA, FRANK RAY to KUHLMAN, SHELBY NICOLE

05/02/2022  
ABE JR. BRYSON ARLO to ANDERSON, KELSIE NICOLE

05/02/2022  
KOMSIN, CHAIWAT to PHILLIPS, KINZIE ROSE

05/04/2022  
HARNAR, TONY JAMES to PACK, KYLIE RACHELLE

05/04/2022  
TAYLOR, JESSE RUSSELL to DENSHIRE, FIONA ROSE

05/05/2022  
LANTIS, DYLAN LEE to PARROTT, KENNEDEE MICHAEL

05/09/2022  
TIENSVOID, SEAN PAUL to VASQUEZ, CARRIE RUTH

05/13/2022  
TURNER, DAVID HYRAM to YOUNG, JENNIFER LYNN

05/17/2022  
BASSHAM, BENJAMIN SCOTT to ISBISTER, KAREN ANN

05/13/2022  
MAUGA, ELAINA VAELUA to THOMAS, COURTNEY ANN

05/13/2022  
LYTLE, RICHARD ALEXANDER to GARDINER, JACQUELINE RENEE

05/24/2020  
MCELVAIN, HERBERT CHASE to CONNELLY, JENNIFER LYNN

05/16/2022  
REESE, LESLIE ALAN to NAJERA, JO ANN

05/24/2022  
TURNER, KYLE JAMES to GIBSON, JASMINE CHLOE

05/26/2022  
MOLINA-PERU, JOSSUE ALEJAND to WORKMAN, ASHLEY ANN MARIE

05/23/2022  
NIVELT JR. NATHAN DANIEL to DAVIS, MARIAH LYNN

05/24/2022  
SAIZ, AQUILES ALFREDO to ALVAREZ, FAITH

05/27/2022  
BECK JR. DAVID CHRISTY to KONRATH, LUANNE RENEE

05/31/2022  
LEEGARD, ROBERT BERNARD to FOSTER, TAMARA LYNN





## MAY DIVORCES

For: 5/1/2022 - 5/31/2022

Armstrong, Jeffrey Frank v Armstrong, Liza Porter Decree of Divorce 5/25/2022

Biswas, Winter D. v Biswas, Joy Decree of Divorce 5/9/2022

Brooks, Damon v Brooks, Marlene Decree of Divorce 5/9/2022

Craig, Andrea v Guerro-Salinas, Jared Decree of Divorce 5/9/2022

D'Amico, Darlene v D'Amico, Derek Decree of Divorce 5/11/2022

Day, Amanda Joyce-Moss v Day, Christopher Robert Decree of Divorce 5/9/2022

Decker, Tonya Danielle v Decker, Nichole Marie Decree of Divorce 5/13/2022

Fernandez, Maria Irene Brambila v Solano, Rodolfo Navarro Decree of Annulment 5/9/2022

Gross, Kelly v Gross, Gary Decree of Divorce 5/9/2022

Harris, Ashley v Fleming, Ashley Decree of Annulment 5/9/2022

Huang, Xiaoyun v Qin, Guorui Decree of Annulment 5/12/2022

Jacksonlyons, Antwone La'Drae v Jacksonlyons, Tekyra Monet Decree of Divorce 5/24/2022

Johnstone, Gregory v Johnstone, Pamela Decree of Divorce 5/12/2022

Mbaya, Sammy Muthora v Muturi, Christine Decree of Annulment 5/9/2022

Mestre, Kelsey Breana v Mestre, William Decree of Divorce 5/9/2022

Newman, Dave v Newman, Melida Castidad Decree of Divorce 5/25/2022

O'Riordan, Siobhan Mary v White, Shane Decree of Annulment 5/9/2022

Patterson, William v Johnsen, Amber Decree of Annulment 5/11/2022

Perez, Kelly Bernadine v Perez, Michael Decree of Divorce 5/26/2022

Pinky, Adrian James v Pinky, Amy Francine Decree of Divorce 5/17/2022

Ramesh, Ranjitha v Ramakrishnaiah, Pavan Kumar Decree of Divorce 5/23/2022

Richard, Brianne Suzanne v Horn, Thornton Allen Decree of Divorce 5/9/2022

Rodarte, Christine v Rodarte, Luis Decree of Divorce 5/16/2022

Rosas-Solis, Claudia Ibet v Cabrera-Martinez, Luis Edwin Decree of Divorce 5/13/2022

Tachuk, Remy Jean v Sari, Ruya Decree of Divorce 5/23/2022

Young, Rosalyn v Simpson, George Jr. Decree of Divorce 5/9/2022

Young, Lionel v Young, Heidi-Andrea Doenges Decree of Annulment 5/16/2022

Zec, Annette Ayala v Zec, Jovo Decree of Divorce 5/9/2022

Zhdankin, Aleksandr Vladimirovich v Zhdankin, Lilijune Del Mundo Decree of Divorce 5/20/2022

## James Russell "Russ" Manzini

The family of James Russell "Russ" Manzini is saddened to announce his passing on May 27, 2022 after a short battle with cancer.

Russ was born on September 27, 1949, in Reno, NV to William and Ida (Gandolfo) Manzini of Austin NV making him a 3rd generation Nevadan.

After graduating High School in Austin, Russ attended Wyoming Tech in Laramie, Wyoming and received a degree in Auto Mechanics. After returning to Austin, Russ started his career at NDOT, met his wife, Patricia of 50+ years, and started his family. Throughout his career at NDOT, Russ worked in Austin NV and transferred to Cold Springs Maintenance Station. Eventually, Russ transferred to Fallon, NV as a supervisor, where he retired after 30 years of service.

From an early age Russ spent a lot of time at the Gandolfo Ranch with his Uncle Billie Gandolfo and Brother Jay Gandolfo. The Ranch was Russ' second home. During his lifetime he spent a lot of time there helping move cattle, fixing farm equipment, helping during hay season, or doing whatever needed to be done. If he wasn't home, you could bet he would be at the ranch.

He got his love of hunting from his Uncle Bert and learned to deal 21 at his Aunt Clara's Golden Club. Russ in his younger years enjoyed drag racing, working on his car, and dealing 21. In his formative years, he enjoyed being out in nature whether it being riding 4 wheelers or hunting with his son, Jason. This included a once in a lifetime hunt for both. They both drew Elk tags in the same area and filled both tags together. Another highlight of his hunting expeditions was drawing and filling a tag for a big horn sheep.

Russ was a jack of all trades, a handyman, and a mechanic. Despite his gruff exterior, Russ helped many of his family members and friends throughout his lifetime. He was someone you could always depend on to be there for you.

He was preceded in death by his parents William Manzini and Ida Gandolfo Manzini. He is survived by his wife, Patricia, his 3 children: Debbie Kretch (Michael), Jason Manzini (Amy) and Jaime Northrup, 5 grandchildren: Faith, Emily, Clayton, Kennedy, and Melia, 3 brothers Tony Manzini, Jay Gandolfo, and Andy Manzini and their families along with numerous cousins.

A Celebration of Life will be held on Saturday, June 18, 2022, at 11am at the Churchill County Volunteer Fire Department, 20 N Carson Street, Fallon, NV.

A special THANK YOU to everyone at Cancer Research Dermatology, Cancer Care Specialists, Reno Cyberknife, and the 3rd floor Oncology Unit at Renown Medical Center.

In lieu of flowers, the next time you are out in the back country, celebrate Russ' life by enjoying the great outdoors.



# Community

## Banner Auxiliary Donations Save Lives and Backs

By Rachel Dahl

In January 2008, 590 homes were flooded in Fernley when the Truckee Canal breached, resulting in an \$18 million settlement to victims.

Fifteen years later, water right owners in the Truckee-Carson Irrigation District are faced with a \$35 million bill to line 3.5 miles of the Truckee Canal through the Fernley community. But for the repairs to begin this fall, electors in the district must approve a year-long outage of the Truckee Canal and a contract with the Bureau of Reclamation to repay the costs of the project.

The Special Election is scheduled for June 30, 2022, from 7 a.m. to 7 p.m. TCID will be holding public workshops in both Fallon and Fernley to give water right owners a chance for questions and answers about the Extraordinary Maintenance Project and the Special Election.

“People don’t understand we need to do this, either repair the canal and continue to enjoy the use of our water or the flow will be reduced by regulation and greatly impact our rights,” said Rusty Jardine, General Manager of TCID. He explained that should the electors vote no, the Bureau of Reclamation will reduce the flow in the canal to 140 cubic feet per second to sustain the safe use of the canal which would, “greatly reduce the capacity and injure everyone in the Carson Division of the project as well.”

He said the BOR has established a 90% risk associated with the current use of the canal in the short term.

Originally, the Environmental Impact Statement and Record of Decision on the canal lining that was completed in 2020, listed a preferred alternative that would line the entire 12 miles of the Fernley Reach of the canal.

According to Jardine, “Reclamation determined that lining the critical 3.5 miles of the Fernley Reach as the most risk prone if there were a breach in those areas. This would address the risk, for the time being, protecting homes, lives, and property.”

The lining of the 3.5 miles of canal allows the district to maintain a diversion rate of up to 500 CFS through the canal. “The Truckee Canal has been the champion of the Carson Division,” said Jardine, “at times providing 75% of the flow for the project.”

The City of Fernley has filed a lawsuit to prevent the lining, maintaining the underground municipal water supply will be negatively impacted. Several studies have shown that the underground water supply in Fernley

and Fallon is recharged by the irrigation system of the Newlands Project.

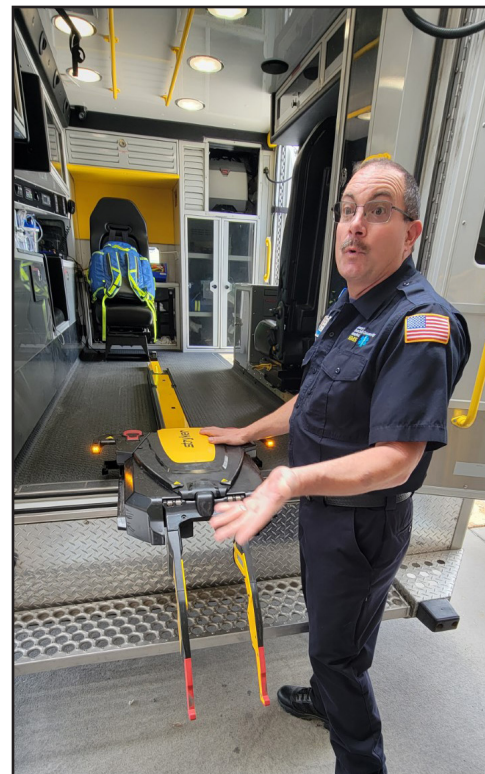
The current plan to complete the lining project, should voters approve the proposal is to shut down the Truckee Canal as soon as this water season is over and begin construction by October 1. Jardine suspects the project will be out of water because of the drought, by the end of September. He says the project is dependent on weather and de-watering the canal, with substantial dirt-work being required before a geomembrane lining is installed and welded. The process requires a concrete layer to be applied to the lining within two weeks and is time sensitive.

“We won’t have this shot again,” said Jardine. The BOR has approved funding for no more than \$35 million, “which requires a vote of the electors because water right holders are required to pay back that funding.”

He said that if the District General Fund is not enough, there may be an increase in the Operation and Maintenance fees the water right owners pay.

If electors vote no, Jardine says it will be “catastrophic,” reducing flows in the Truckee Canal from 500 CFS to 140 CFS. “That means only 100 CFS would reach Lahontan Reservoir, and Fernley users would be required to utilize pumps to get water out of the canal, and water rights owners would be severely injured.”

He recognized the severity of shutting off the Truckee Canal, saying, “this is a tremendous sacrifice by all the water right owners, lining the canal will restore it to full use. It will be safe, and we don’t have to worry about turning down the flow in a regulated drought.”



CNO Legay Naseath demonstrates the Hercules Patient Repositioning bed while the Auxiliary's Pam Craig plays the patient. EMS Brad Oliveira discusses the Stryker power cot fastener he installed. Photos by Jo Petteruti

## City Council Actions for June 7

By Jo Petteruti

On Tuesday, June 7 the Fallon City Council's agenda for its first regularly scheduled June meeting included applications for a new drinking establishment liquor license and three engineering services projects.

Jennifer and Barry Vasquez, as the new owners of Pizza Barn LLC, applied for a liquor license. They have not owned or managed a business in the past. Jennifer told the council she is a schoolteacher and would be managing the restaurant when not in school. She will also have her husband Barry and Nicole Rogne as co-managers, assuring the council that there would always be a manager on site during all business hours. The applicants were also required to file a supplemental form with the City Police Department attesting to that as well. Their application was approved.

The council heard from Public Works Director Brian Byrd who discussed the engineering services contract requests on the agenda starting with a professional services contract with Lumos and Associates. The contract is in the amount of \$139,000 for engineering design, construction project management, and documentation services for the Court Street reconstruction. A total of 750 linear feet from Nevada Street to East Street will be redone for a total cost of \$821,000. Byrd told the council they will also receive a \$405,000 Community Development Block Grant toward the project costs. Per the proposal submitted by Lumos, construction is expected to start in the Fall of 2022.

The next request was for a second professional services contract with Lumos in the amount of \$90,950 for civil engineering, project management, and documentation services for a new splash pad and pavilion to be located at Oats Park on the north side of the city pool. Byrd told the council the city will utilize



approximately one acre to provide the public with a splash park experience for water play activities. It will have a non-slip safety surface, various water nozzles, and playground like features that can spray, shower, rain, mist and shoot streams of water. It will be fenced from other portions of the park but will have access to and from the existing pool area. The plan includes multiple pavilions that can be reserved for parties and other events. The total construction cost was not provided.

The third request was for a professional services contract with J-U-B Engineers, Inc for services related to completing facilities plans for the potential expansion of the city's wastewater treatment plant in the amount of \$190,2000. Byrd told the council that the plant

currently handles 1.2 million gallons per day and has the capacity to handle up to 2.2 million gallons per day. The new plan will establish projected flows for the next 20 years, document permit requirements while identifying long-term permit issues, evaluate existing processes and performance, and develop recommendations to maintain proper service levels for future growth. Byrd emphasized that the plant still has capacity however, "Public Works would like to ensure that the plant can stay ahead of the curve to support the city's housing growth taking place now and in the future."

The council approved all three public works projects.

The council's next regular bi-monthly meeting is scheduled for June 21 in the Council Chambers at 9 a.m.



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AND YOUR HEAVENLY SON DEAN AND  
THEIR WIVES ALONG WITH  
EIGHT GRANDCHILDREN AND  
FOURTEEN GREAT-GRANDCHILDREN



## “Please Don’t Make Me Attend Another Event” Fundraiser

Staff report

It’s time for the annual “Please Don’t Make Me Attend Another Event” fundraiser to support the Churchill Entrepreneur Development Association’s Community Outreach and Membership Division, aka the CEDA Business Council. The Council, in partnership with the Churchill Arts Council, the City of Fallon, and the Fallon City Council are hosting this year’s event.

Come listen to the music of the Hackensaw Boys in a free concert at Oats Park on June 18. The Virginia-based string group started in 1999 and is known for its boisterous and spirited live shows.

Wild West Burgers and Twisted Branch will be on hand to provide food and beverages beginning at 6 p.m., with the concert starting at 7:30.

While you’re there be sure to say “yes” to the CEDA members selling raffle tickets to win your share of their many available prizes. The Greg Koenig for Assembly Committee has sponsored a \$2,500 cash prize for the fundraiser.

There’s a one-night stay at the Atlantis Resort up for grabs and a one-night stay at Harvey’s Lake Tahoe for those of you needing a getaway. Two tickets to Toby Keith’s July 16th performance at the Spark’s Nugget also top the prize list, along with many other great prizes.

If you can’t make it to the concert, raffle tickets are also available at the CEDA office located at 448 W. Williams Ave., Suite B.

The monies raised by the sale of the raffle tickets will allow the Business Council to fund its new scholarship program for the upcoming year.

The “Building Fallon’s Future - Churchill County Work-Based Learning Program” was created last year in partnership with the Churchill County School District and Oasis Academy. The Council’s development program gives students a chance to experience career opportunities in the local business community. Students enrolled in the program can earn school credit while working in a paid internship with a local business. Internships align with educational and career pathways offered by both schools

and fifteen local businesses are currently participating in the program.

The students will now also be eligible to apply for the new \$1,000 scholarship funded by the CEDA Business Council and your raffle ticket purchase generosity. The scholarship will assist students further their career aspirations by helping to fund enrollment in a trade school, certification, or degree program after graduation.

For more information about the event contact Sara Beebe at sara@cedaattracts or 775-423-8587 and to purchase a ticket.

For more information on the Hackensaw Boys check out their webpage at <https://hackensawboys.com> or listen to their music on YouTube.



## Arby's is Opening on Monday

by Jo Petteruti

The Chamber of Commerce is rolling out the red carpet to welcome Arby's back to Fallon at its new location at the intersection of Reno Highway and Casey Road on Monday, June 13. The official ribbon cutting will take place at 9:30 a.m. with the store officially opening at 10:00 a.m.

The restaurant is being opened by Jason Dunn, Principal Operator and Arby's Vice President of Operations, Area Coach Steven Mizer, General Store Manager Benjamin Oats, and Assistant Store Manager Carolyn Newman.

Dunn said, “We're excited to be here in Fallon. It's been a two-and-a-half-year process to bring the franchise out here.” When asked if the store was at full capacity with regards to employees he replied, “When we open a new restaurant, we bring on a group of individuals to get ready, but then we continue to add throughout. The busier we are, the more jobs we can add to the local market.”

When describing their new menu, Dunn said, “We definitely have some menu changes since Arby's was here in town 13 years ago. Market fresh items, different products, new spices, Wagyu steakhouse burgers, and other



Management team: Principal Operator Jason Dunn, Area Coach Steven Mizer, and Store Manager Benjamin Oats  
Photo by Jo Petteruti

new menu choices beyond roast beef.” Oats describes their product line as a “cut above the rest.” The menu includes corned beef Reubens, Greek gyros, pecan chicken salad, slider varieties, mac and cheese and other side dishes, desserts, and specialty beverages such as orange cream shakes and lemonades. In addition to the daily menu items offered, the restaurant is also planning to offer

catering services in the future.

Dunn said the restaurant is planning several giveaways on the first day and during their first week. “We'll give a free Arby's for a year, plus a couple of prize packages of Arby's swag on day one. Then there will be prize packs given away during the week, so every day that you come in and order something, you'll have a chance to win.”

# Education

## Bighorn Bulletin -- Oasis Academy Update

### Summer Camps Provide New Fun Learning Opportunities

In its inaugural summer, the Oasis Academy Summer Enrichment Camps filled within hours. The two-hour, three-day-a-week camps are offered throughout June. This year's camps will focus on Spanish and Science.

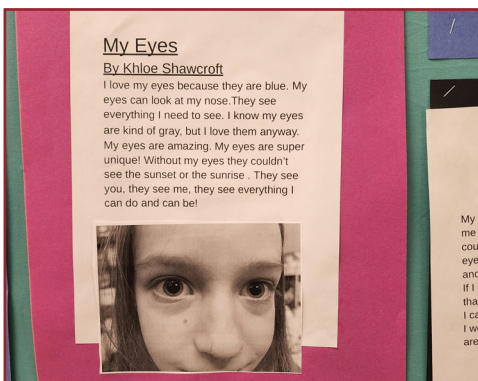


"We were absolutely thrilled with the response to these camps. It is clear that our families are looking for fun, meaningful activities over the summer. We are hopeful we have the resources to expand these offerings next summer," said Oasis CEO Melissa Mackedon.

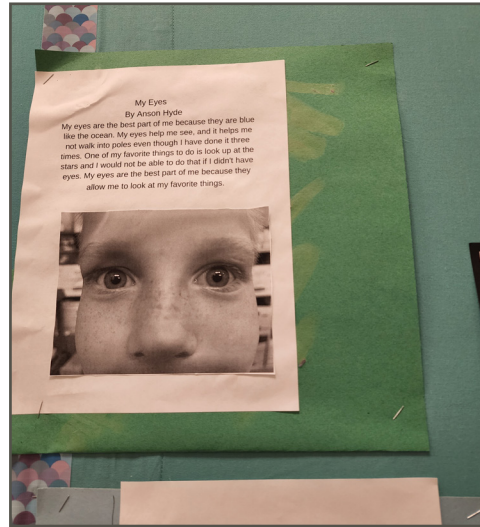
The camps are tailored by grade levels. The Science camps have themes such as Chem-mystery, Candy-ology, All Things Fizzy, All Things Engineering, and Chemistry is Cool. The Spanish Camps will introduce students to Conversational Spanish in a fun way and are being taught by Ellie O'Flaherty.

### Best Part of Me Project

When teacher Janet Renfroe was looking for a writing project for her third-grade students she came across the Best Part of Me Project. It made an impact on the veteran teacher and she knew she wanted to incorporate it into the curriculum.

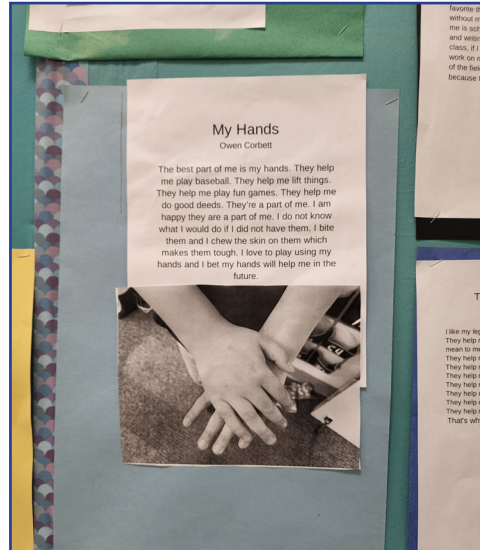


"I decided on the Best Part of Me Writing Project because I wanted to boost self-confidence in my students and have them think inwardly on what made them special to show how awesome they



are in their uniqueness," said Renfroe.

For the Best Part of Me writing activity the classes first read "The Best Part of Me" as a group. Each student then chooses which of their physical features is their favorite, and writes about the



feature, describing why they chose it as their favorite.

The answers varied from everything from hair to eyes to teeth and legs. But answering why those features were their favorites was touching to read. One student said his hands were his favorite because "they help him do good deeds."

"My favorite thing from the writing was seeing how insightful each student was. They constantly surprised me with which feature they chose and their reasons for choosing it," described Renfroe.

### Coffee Cart Gets Upgraded

Every Monday and Wednesday morning the Comprehensive Life Skills students deliver coffee orders to staff and at the end of the school year their once simple cart got an upgrade.

"The coffee cart business has been a long-standing tradition at Oasis Academy. The students in the Life Skills Program shop for the supplies, make the coffee, deliver the coffee all over campus, and learn to budget using their income. With the thanks to one particular student and his family, the students now have a well-crafted, beautifully refurbished coffee cart that was upcycled using an antique snow cone stand," said



teacher Amanda Yanger.

Thanks to the generosity of Life Skills student Tyler Wallace's family, grandfather Milton, and sister Kiley Wallace, the new and improved coffee cart proudly displays school spirit with Bighorn blue paint and a logo on the side. Along with looking amazing, the cart suits the needs of the students perfectly.

The Life Skills Program teaches students everyday skills including cooking, cleaning, business skills, and more. The coffee cart provides daily interaction with staff and practice for the skills learned.

"Thank you so very much to the Wallace family. The coffee cart will be used for many years to come, and it wouldn't have been made possible without your support and generosity," said Yanger.

## CCSD Serving Summer Meals

Staff Report

The Summer Food Service Program has been around and administered by the U.S. Department of Agriculture for many years. This will be the first year the school district is administering the program in conjunction with the Fallon Paiute-Shoshone Tribe and the Fallon Youth Club.

The program has extremely strict rules set by the USDA through federal law. Some of the rules were put in abeyance during the past two years due to the pandemic. These rules have returned. It

is no longer possible to simply drop by, pick up food and take it away for off-site consumption. The district understands that having to eat on-site isn't an ideal situation for many families but to serve the children of the community all of the USDA regulations must be adhered to.

In addition to having to eat on-site, only youth 18 years of age and younger are served free meals. Individuals 19 and older may not share any part of a child's meal. If the youth's sponsor has authorized it, a program participant can leave the site with either one piece of fruit, one vegetable, or one grain item from

their meal. If anyone participating in the program has a life-threatening allergy or disability that requires meal substitutions a statement from a recognized medical authority must be submitted that includes the required alternative food items.

The school administration appreciates the community's support with these rules so that children ages 0-18 in our community, who are the most in need, have access to hot and/or cold breakfasts, lunches, snacks, and dinners during the summer months.



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## SUMMER 2022 FOOD SERVICE PROGRAM

**ChurchillCSD is participating in the Summer Food Service Program.**

Meals will be provided to **all children (0-18) without charge** on a first-come, first-serve basis.

## LOCATIONS & TIMES

### CHURCHILLCSD LOCATIONS

**JUNE 6-23 & JULY 11-28**

**Northside Early Learning Center**

**(Will begin June 13)**

**7:45-8:45 and 11:15-12:15**

**Churchill County Middle School**

**(Will begin June 13)**

**8:15-9:15 and 11:30-12:30**

**Churchill County High School**

**8:30-9:30 and 12:00-1:00**

### COMMUNITY LOCATIONS

**JUNE 6-AUGUST 12**

**Fallon Youth Club - 324 Pennington Cir.**

**8:15-8:30 and 5:15-5:30**

**Churchill Village - 650 N. Maine St.**

**11:00-11:15**

**Broadway Park/Arborwood Apts - 451 N. Broadway St.**

**11:20-11:35**

**Oats Park - 151 E. Park St.**

**11:40-11:55**

**Laura Mills Park - W. 5th St.**

**12:00-12:15**

**Indigo Village - 1755 Auction Rd.**

**12:25-12:40**

**Venturacci Park/Skate Park - 341 Venturacci Ln.**

**12:25-12:45 and 3:30-4:00**

**Fallon Paiute-Shoshone Tribe**

**Community Learning Center - 8955 Mission Rd.**

**12:00-12:30**

**MON. – THURS.**

**SCHOOL LOCATIONS**

**MON. – FRI.**

**COMMUNITY LOCATIONS**

**MEALS NEED TO BE  
EATEN ON-SITE!**



# Education

## Churchill County High School Scholarship Recipients

College of Southern Idaho Gerald R. Meyerhoeffer and Family Scholarship Addison Smith  
College of Southern Idaho Presidential Academic Scholarship Addison Smith  
Henry J. Koeckes Scholarship Angel Arteaga Tejada  
Maurice K. Meister Scholarship Angel Arteaga Tejada  
Cameron Family Memorial Scholarship Angel Arteaga Tejada  
Alyce McCracken Memorial Scholarship Cailan Menius-Rash  
American Association of University Women Scholarship Cailan Menius-Rash  
Churchill County Cowbelles Scholarship Cailan Menius-Rash  
Fallon Rotary Club Scholarship Cailan Menius-Rash  
Jean Hanifan-Selmi Memorial Scholarship Cailan Menius-Rash  
Montana State University: Achievement Award Scholarship Cailan Menius-Rash  
Northern Arizona University: Founders Gold Tuition Scholarship Cailan Menius-Rash  
University of Nevada, Reno: Mackay Renewable Scholarship Cailan Menius-Rash  
University of Oregon: Recognized Top Scholar and Summit Scholarship Cailan Menius-Rash  
Washington State University: Recognized Top Scholar Scholarship and WUE Cailan Menius-Rash  
Nevada Classified School Employee Association Scholarship Colby Webb  
CEDA Business Council Scholarship Colton Tousignant  
Churchill County Farm Bureau Scholarship Colton Tousignant  
Conner McGowan Memorial Scholarship Colton Tousignant  
Senior Spirit Award Colton Tousignant  
University of Utah Academic Scholarship Courtney LeBlanc  
University of Tennessee Beacon Scholarship Courtney LeBlanc  
CCHS National Honor Society Scholarship Courtney LeBlanc  
Henry J. Koeckes Scholarship Courtney LeBlanc  
University of Texas Tech Presidential Merit Scholarship Courtney LeBlanc  
Steel Dynamics Scholarship Crystal Ballesteros Tapia  
University of Nevada Savitt Family Scholarship Crystal Ballesteros Tapia  
Coeur Mining Inc. Scholarship Elizabeth Springfield  
Robert Z. Hawkins Foundation Scholarship Elizabeth Springfield  
Rollan Melton Scholarship Elizabeth Springfield  
Senior Spirit Award Elizabeth Springfield  
CCHS National Honor Society Scholarship Emmalee Irving  
Robert Z. Hawkins Foundation Scholarship Emmalee Irving  
CCSD Board of School Trustees Scholarship Gabriela Loop  
James Bogan Memorial Scholarship Gabriela Loop  
Jim Regan Memorial Scholarship Gabriela Loop  
John Whalen-Francis Haase Scholarship Gabriela Loop  
Mike Ball Memorial Scholarship Gabriela Loop  
University of Nebraska- Lincoln College of Agricultural Science and Natural Resources Scholarship Gabriela Loop  
University of Nebraska-Lincoln Ruth Leverton Scholarship Gabriela Loop  
Conner McGowan Memorial Scholarship Hailey Penfold  
National Pony Express Association Nevada Division Scholarship Hailey Penfold  
Nevada Junior Livestock Show Scholarship Haley Hancock  
Laura May Shepard Memorial Scholarship Haley Hancock  
Jimmy Harper Memorial Scholarship Hudsyn Clark  
Nevada Junior Livestock Show Scholarship Hudsyn Clark  
Churchill County Federal Credit Union Scholarship Jayce Hornby  
Fallon Lions Club Scholarship Jayce Hornby  
George and Emma Dalton Memorial Scholarship Jayce Hornby  
Jean Hanifan-Selmi Memorial Scholarship Jayce Hornby  
University of Nevada Savitt Family Scholarship Jayce Hornby  
Celeste Bass Memorial Scholarship Jayce Hornby  
Burger King Scholarship Kyla Trotter  
CCHS National Honor Society Scholarship Kyla Trotter  
CCSD Board of School Trustees Scholarship Kyla Trotter  
Churchill County Federal Credit Union Scholarship Kyla Trotter  
Fallon Rotary Club Scholarship Kyla Trotter  
George C. Coverston Scholarship Kyla Trotter  
Jim Regan Memorial Scholarship Kyla Trotter  
NAHAS Scholarship Endowment Kyla Trotter  
Nevada Classified School Employee Association Scholarship Kyla Trotter  
NIAA Top Ten Scholarship Kyla Trotter  
NV Energy Scholarship Kyla Trotter  
Oasis Online Technology Scholarship Kyla Trotter  
Phyllis McCallum Memorial P.E.O. Scholarship Kyla Trotter  
Colorado School of Mines Presidential Scholars Program Scholarship Kyla Trotter  
Reno Rodeo Foundation Scholarship Kyla Trotter  
Santa Clara University Provost Scholar Scholarship Kyla Trotter  
Sierra-Nevada Junior Tennis Association Scholarship Kyla Trotter  
United States Senate Youth Program Scholarship Kyla Trotter  
University of Arizona - Arizona Tuition Distinction Award Scholarship Kyla Trotter  
University of Nevada Alumni Scholarship Kyla Trotter  
University of Nevada Reno Presidential Scholarship Kyla Trotter  
CCSD Board of School Trustees Scholarship Luke Sorensen  
Kent & Carmae Whitaker Scholarship Luke Sorensen  
B.C.C.H. Auxiliary Mae Haden Memorial Scholarship Madeline Stephens  
CCHS National Honor Society Scholarship Madeline Stephens  
Guardian Lodge #53 Free and Accepted Masons Scholarship Madeline Stephens  
Jean Hanifan-Selmi Memorial Scholarship Madeline Stephens  
Soroptimist of Fallon Dream It/Be It Scholarship Madeline Stephens  
NIAA Top Ten Scholarship Madeline Stephens  
University of Arizona - Arizona Tuition Distinction Award Scholarship Madeline Stephens  
University of Nebraska- Lincoln Husker Heritage Scholarship Madeline Stephens  
University of Nebraska- Lincoln Women in Engineering Scholarship Madeline Stephens  
University of Nebraska-Lincoln George Beadle Scholarship Madeline Stephens  
University of Nevada Reno Presidential Scholarship Madeline Stephens  
Conner McGowan Memorial Scholarship Matthew Ernst  
Phil Pomeroy Memorial Scholarship Matthew Ernst  
Jack Beach Memorial Greenwave Hall of Fame Scholarship McCartney McAlexander  
Kendrik J. Wright Memorial Scholarship McCartney McAlexander  
Steel Dynamics Scholarship McCartney McAlexander  
University of the Incarnate Word Track Scholarship McCartney McAlexander  
Churchill County Administrator Association Scholarship Nathan Lords  
Jack Beach Memorial Greenwave Hall of Fame Scholarship Nathan Lords  
Rollan Melton Scholarship Nathan Lords  
Senior Spirit Award Nathan Lords  
B.C.C.H. Auxiliary Mae Haden Memorial Scholarship Owen Palmer  
Fallon Lions Club Scholarship Owen Palmer  
Financial Horizons Credit Union Scholarship Owen Palmer  
Jean Hanifan-Selmi Memorial Scholarship Owen Palmer  
George and Emma Dalton Memorial Scholarship Rosalyn Cornejo  
Jean Hanifan-Selmi Memorial Scholarship Rosalyn Cornejo  
University of Nevada Reno Luna Level Scholarship Rosalyn Cornejo  
University of Nevada Savitt Family Scholarship Rosalyn Cornejo  
CCSD Board of School Trustees Scholarship Samuel Lee  
Henry J. Koeckes Scholarship Samuel Lee  
Kent & Carmae Whitaker Scholarship Savanna Regli  
Nevada Classified School Employee Association Scholarship Shaylee Coldwell  
B.C.C.H. Auxiliary Mae Haden Memorial Scholarship Sofia De La Cruz  
B.C.C.H. Auxiliary Mae Haden Memorial Scholarship Sydney Gusewelle  
Molly Jackson Memorial Scholarship sponsored by the American Legion Auxiliary Trinity Helton  
Senior Spirit Award Trinity Helton  
CCHS National Honor Society Scholarship Wade Cushing  
Gemini Ross Wagner Scholarship Wade Cushing  
Kent & Carmae Whitaker Scholarship Wade Cushing  
Texas A&M University Maroon Merit Scholarship Wade Cushing  
University of Nevada Reno Presidential Scholarship Zoey Lingenfelter  
Jimmy Harper Memorial Scholarship Zoey Lingenfelter

Total \$ amount as of 6/1/22: \$723,699



**Conservative Fighter**



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- **Fight for Rural Accessible and Affordable Quality Health Care**
- **Oppose Vaccine Mandates**
- **Stop the Governor and Government's Overreach**
- **Keep Nevada's Business Friendly Environment; Grow Jobs and Wages**
- **Support Nevada's Small Businesses and Main Streets**
- **Stop Taxation and Liberal Inflation Policies**
- **Fix the DMV**
- **Lower the Outrageous Gas Prices in Nevada**



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- **Stand for the Flag; Support Our Military & Veterans**
- **Empower & Listen to Parents and Ban Critical Race Theory**
- **Protect Women's and Girl's Sports**
- **Teach Reading, Arithmetic, and Science - not Political Agendas**
- **Protect Rural Nevada's Water Rights**

**ELECTION DAY: TUESDAY, JUNE 14<sup>TH</sup>**  
**EARLY VOTING: MAY 28<sup>TH</sup> - JUNE 10<sup>TH</sup>**

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Friday, June 10, 2022 – TheFallonPost.org – 17

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# Getting Real About Mental Health

## The Amygdala – My Favorite Part of the Brain

by Vicki Jones, LCSW

If you ask anyone who's taken one of my groups, or a therapy session with me, they will tell you that my favorite part of the brain is the amygdala. Now you would think that having an education I would revere the frontal cortex, but the amygdala holds so many surprises and controls our reactions to emotions: emotions mostly based on fear. Have you heard of the "flight or fight" response? Add onto that the freeze response and you have the main functions of the amygdala.

The Amygdala is found in the temporal lobe of the brain. There are 2 amygdalae, one for each cerebral hemisphere. It gets its name from its almond-like shape. The amygdala is part of the limbic system - a group of structures linked to the processing of emotions, again mainly the fearful emotions. The amygdala is involved in identifying threats and initiating a flight, fight, or freeze response. Recent evidence indicates that the amygdala is active during the processing of positive stimuli as well. The amygdala may be involved with assigning a positive or negative value to stimuli and with the consolidation of memories that have a strong positive or negative emotional component. Research continues to better understand the amygdala's role in other behaviors ranging from addiction to social interaction.

So why is this my favorite part of the brain? Because you can learn to hack your amygdala and rewire your brain to change your reactions to, and resulting behaviors

from, negative or positive emotions and stimuli. When the amygdala is stimulated you get a rush of adrenalin and cortisol. Your system is instantaneously flooded with enough of these hormones to allow you to react to whatever the stimulus is. If someone jumps out and yells boo, your heart jumps, and you are instantly able to run, punch them, or freeze in place. The amygdala gave you the hormones you need to do this. If you receive that call that you just won a million dollars in the lottery your heart jumps, and you can leap into the air and run around the house yelling and crying. Again, the amygdala gave you the hormones, energy, and strength to do this.

The downside of the amygdala is that it's also the part of the brain that causes you to experience anxiety, panic attacks, and physical symptoms of worry. When your brain makes up stories (worries) the Amygdala believes them to be true and floods your system with adrenalin and cortisol so that you are ready for the worst to happen. But those stories may or may not come true and you might have created the perfect scenario for the amygdala, at a detriment to you, to do its job.

The criteria for a diagnosis of anxiety are intense, excessive, and persistent worry and fear about everyday situations. Anxiety disorders involve repeated episodes of sudden feelings of intense anxiety and fear which interfere with daily activities and are difficult to control and can reach a peak within minutes (panic attacks). Anxiety is one of the most prevalent self-diagnoses that I hear

from people coming in for counseling.

So how can you hack your amygdala and stop the pumping of stress hormones? The amygdala can be rewired. When you worry and ask negative questions like what if this happens? What if that happens? Ask yourself, what if it doesn't happen? Keep asking this. Make your brain shut down the amygdala and allow your frontal cortex to light up and think about how to solve the question. The question what if it doesn't happen triggers the brain to think differently, to solve the question positively. Another way to hack the brain is to desensitize yourself from the stimuli which trigger the amygdala. If your fear is of dogs, you can work with a pet therapist to slowly allow yourself to be exposed to gentle dogs for short periods until you are comfortable being around dogs. This is a simplified example that can take weeks or months, but you get the message.

A favorite quote of mine is, "Fear is not real. The only place that fear can exist is in our thoughts of the future. It is a product of our imagination, causing us to fear things that do not at present and may not ever exist. That is near insanity. Do not misunderstand me, danger is very real, but fear is a choice." ~ Will Smith, "After Earth."

You can make the choice to rewire your brain and turn off, or calm, your amygdala by working with a therapist. Why is it my favorite part of the brain? Because it allows us to physically express emotions.

*Vicki Jones has committed to writing a column on mental health for The Fallon Post. She invites the public to send Mental Health questions to [GetReal@thefallonpost.org](mailto:GetReal@thefallonpost.org) and will post her answers in her educational*

## Horoscope Hideout – June 10 to June 16

It's a fun week for social merriment, with Mercury entering Gemini the 13th, and a Full Moon in Sagittarius the 14th. With Saturn still retrograde, make sure you don't overdo it and be sure to adhere to the limits you set for yourself.

**Aries:** Now is the time to be realistic with any of your goals that may be demanding more than you can really commit to, or if the benefit isn't outweighing the risks.

**Taurus:** Venus in your sign has you feeling comfortable and confident in your social interactions. If you don't already know what evokes joy in you, take some time to figure it out.

**Gemini:** This week is rich with new beginnings, or new excitement, and a new outlook on a previous situation. The full moon may bring out your chatty, more inquisitive sides as well.

**Cancer:** Your goals may need a little reality check or at least an acknowledgment of your capabilities and resources. Financial decisions could use a review, thanks to Saturn retrograde. Boundaries, Cancer, boundaries.

**Leo:** Your efforts to be "right" may

backfire this week. Tread lightly with those close to you, as the energy that's off might be yours. Mars is squaring up, and so may feel like it too.

**Virgo:** The month of May might have felt stagnant, but June will continue to have more action and direction towards your goals. Trimming the fat, as they say, with your habits and social circles may be in your best interest now.

**Libra:** You may be feeling out of balance as if you are giving more than you're getting. Venus in Taurus has you working your romantic abilities and comfortably asking (or demanding) for what you need.

**Scorpio:** This Saturn retrograde may have you feeling at odds with authority or relationships held with high esteem. This theme may continue through the summer; however, you and your dedicated energy and focus will decide how it pans out.

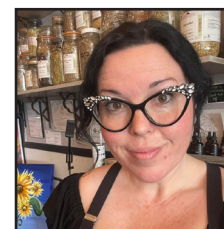
**Sagittarius:** Your thoughts may feel muddled this week, as you trudge through, try to determine whether they are your own, or borrowed from others. Choose joy and be happy with what is.

**Capricorn:** All roads are clearing for you. Saturn is your ruling planet, and its retrograde will only have you surveying your prospects with more scrutiny. Try to remember people aren't prizes to be won.

**Aquarius:** Your patience for others may be wearing thin this week. No, you are not asking for too much. Make your feelings known, even if it's uncomfy. Discomforts may ease after Tuesday's full moon.

**Pisces:** Like a snake sheds its skin to grow, as do you with aspects of your personality that may still be holding you back from the life you want. The full moon is going to be an emotional one for you, so might be best to keep your pity party to yourself.

*Mandie Koeckes is a lover of misunderstood plants and people. She enjoys keeping her feet in the earth and her head in the stars.*



---

## What's Cookin' in Kelli's Kitchen -- *On Retreat*

I am sending this missive from the banks of the Molalla River in Canby, Oregon outside of Portland. I am in retreat. I have temporarily withdrawn from the daily demands of my normal life to gather with other food systems leaders from across the country in a precious space. Our purpose is to form a community; to envision what our local, regional, and national food system could be; and to create a roadmap toward achieving that vision. As I prepared for this journey, I wasn't entirely sure what I should expect, but I imagined that it would be akin to my childhood experiences at summer camp, and I wasn't that far off.

Sleep-away camp for food systems leaders is a magical place. We are in a place of great beauty—there is so much green. Gathered along the banks of a swiftly moving river, our group has coalesced around campfires and sitting cross-legged on lawns peppered with daisies and visited by bees and butterflies. We were strangers connected by a thread - a shared passion and conviction for building a more equitable and sustainable food system in the United States. The magic of this place and this space is that now, everyone who is here is connected by shared experience. This retreat is still happening, and I know it will take me some time to wrap my head around everything that I have learned, thought about, and envisioned over the last few days. But that doesn't stop me from wanting to share the magic with you. What is it that makes retreat such a powerful

word and even more powerful experience? I believe that being on retreat compels us to slow down, breathe a little deeper, and be more present in our bodies and our spaces. This week, I have set down so much of what I have been carrying for the last two years. I didn't even know that I was so bone-deep tired. In this community, I have allowed myself to be vulnerable, I have held others up in their vulnerabilities. That is not something that happens enough in our regular lives. Together we have been nourished, our cups filled up and I know when I board a plane tomorrow bound for Reno, I will feel refreshed and empowered, ready to go back to working tirelessly in support of our Fallon farmers and our larger community.

A retreat is sacred. Nourishing our souls and tending to our hearts is just as vital as nourishing our bodies. I hope that you are all able to find places like this one with groups of your people, people who nourish and uplift you, inspire and challenge you, and with whom you can forge a vision of the world in which you want to live.

I am about to head down to the dining hall where I will fill my plate with food made in a camp kitchen from produce sourced from local Oregon farms. After dinner, there is a dance party. The DJ is a part of Questlove's crew. This camp is a magical place. My job tomorrow is to carry this moment with me as I return to normal life, the lessons, the connections, the inspiration, and the magic. For now, all I have to do is be present.

*Kelli Kelly -Slinger of Produce. Slurper of Dumplings. Person of the Bean.*

*Photos of Retreat at the Molalla River in Oregon by Kelli Kelly.*

### *Sleep-Away Camp Tomato Soup*

*For Peter—who, when I asked what recipe I should write about, promptly answered Tomato Soup because Tomato Soup is a metaphor for life, then he walked away.*

#### **INGREDIENTS:**

2 T unsalted butter  
2 T extra-virgin olive oil  
1 medium onion, very thinly sliced  
3 garlic cloves, smashed  
5 cups canned whole tomatoes in their juice (from three 14-ounce cans)  
1 cup water  
2/3 cup heavy cream  
1 T sugar  
1/4 t crushed red pepper  
1/4 t celery seed  
1/4 t dried oregano

#### **DIRECTIONS:**

1. In a large saucepan, melt 1 T of the butter in 1 tablespoon of the olive oil. Add the sliced onion and smashed garlic and cook over moderate heat, stirring occasionally, until softened about 5 minutes. Add the tomatoes and their juice, the water, heavy cream, sugar, crushed red pepper, celery seed, and oregano. Season with salt and pepper. Bring the soup to a boil over high heat, breaking up the tomatoes with the back of a spoon. Reduce the heat to moderate and simmer for 10 minutes.

2. Working in batches, transfer the tomato soup to a blender and puree until smooth. Return the soup to a clean pot and rewarm the soup if necessary. Season the soup with salt and pepper, as needed.



# Entertainment

## Carol's Book Report - "Search" a Novel by Michelle Huneven



Restaurant critic and food writer Dana Potowski is betwixt and between finishing a book and trying to decide what the subject of her next one will be when she is asked to be on the search committee for a new minister at her Unitarian Universalist church. She agrees to be on the committee and, unbeknownst to her fellow committee members, write about it afterward.

Well-developed and interesting characters unfold, alliances are formed, and eventually battle lines are drawn.

The setting is Southern California with nice gardens and a church that sounds lovely. And of course, delicious sounding food and cocktails with recipes included.

This title is available in print at the library and downloadable eBook through Overdrive/Libby.

*Carol is the Director of the Churchill County Library. She has been on a couple of search committees but minus the good food.*

## Museum Treasures - The Pony Express Re-Ride



In honor of the beginning of the 2022 Pony Express Re-Ride, the Museum has pulled out our Commemorative Re-Run Letter from the 1994 Re-Run.

The Re-Run began on Monday, June 6, in St. Joseph, Missouri. It will be going through Kansas, Colorado, and Wyoming the rest of this week. Every year, the re-ride is done to commemorate the brave young men who delivered mail from Missouri to California. Be sure to go by Fort Churchill on June 15th to see a Pony Express Rider on their way to Carson City.

You can keep track of where the Re-Ride will be in real-time with this web address: <http://nationalponyexpress.org/re-ride/follow-the-ride/>.

## Movies & More

*At Your Community-Owned and Operated  
Fallon Theatre*

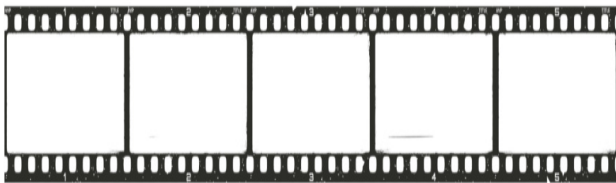
Another great Fallon band takes our stage. Please come join us Friday night, June 17th for the album release concert by The Will Shamberger Band. They are releasing their new album "Mondegreens," doors open at 6 p.m. and tickets are only \$10. Hope to see you there for great music and a great time.

Join us Saturday, June 18th, for two great movies. First at 6 p.m. is the classic 1950 film noir "Quicksand" as a petty theft leads a mechanic into a life of crime. The movie stars Mickey Rooney, Peter Loree, Jeanne Cagney, and Barbara Bates.

Our second movie that evening, at 6:30, is the 2019 adventure comedy "Jumanji: The Next Level" starring Dwayne Johnson, Jack Black, Keven Hart, Danny DeVito, and Karen Gillan. The gang is back but the game has changed. As they return to rescue one of their own, the players will have to brave parts unknown to escape the world's most dangerous game.

Please mark your calendars for July 16th as the Reno band, Dusty Miles and The Crying Shame take our stage, and then on August 19th as the local Great Basin Band performs at the theatre.

*See you at the movies - and concerts!*

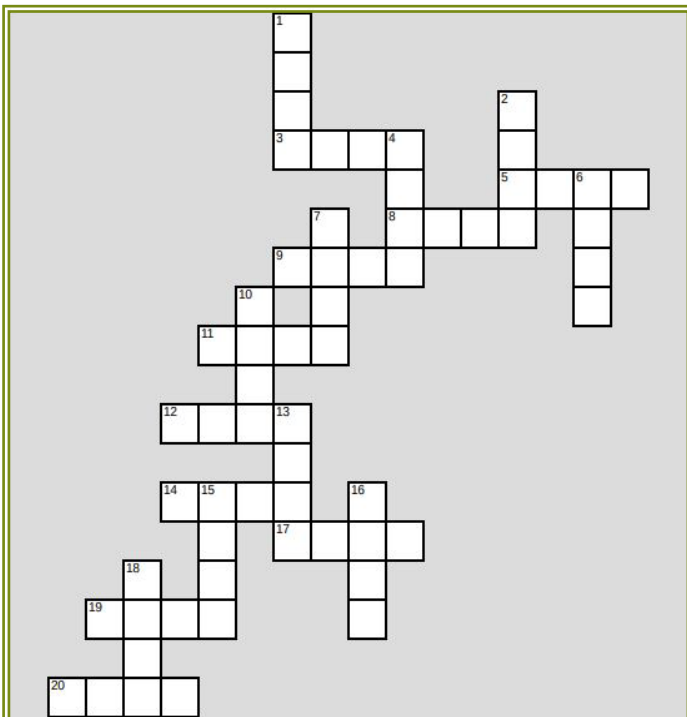


## June Movies

<p>Friday 6/3 @ 6:30pm</p>		<p>Saturday 6/4 6:00 &amp; 6:30pm</p>
<p>Friday 6/10 @ 6:30pm</p>		<p>Saturday 6/11 6:00 &amp; 6:30pm</p>
<p>Live Music! Friday 6/17 @ 6pm \$10</p>		<p>Saturday 6/18 6:00 &amp; 6:30pm</p>
<p>Friday 6/24 @ 6:30pm</p>		<p>Saturday 6/25 6:00 &amp; 6:30pm</p>

## All movies are FREE!!

## Crossword - Congratulations to the Class of 2022



- | Across           | Down             |
|------------------|------------------|
| 3 Take a meeting | 1 Test           |
| 5 Smooch         | 2 Funny story    |
| 8 After eight    | 4 Not yours      |
| 9 Moon phase     | 6 Don't move     |
| 11 Green citrus  | 7 NDOT pastime   |
| 12 Two together  | 10 Present       |
| 14 Cottonwood    | 13 Pay attention |
| 17 Lightless     | 15 Wander        |
| 19 Not excited   | 16 Bone picture  |
| 20 Honeysuckle   | 18 Baby deer     |

# Entertainment

## Free Concert in the Park Saturday June 18 – *The Hackensaw Boys*

Staff Report

The Hackensaw Boys will get the crowd fired up for some rockin' and dancin' on Saturday, June 18 starting at 7:30 p.m. from the Oats Park Centennial Stage in a free concert presented in cooperation with Mayor Ken Tedford, the Fallon City Council, and the City of Fallon and the Oats Park Art Center.

According to the Art Center's website, for the past twenty years the Hackensaw Boys have been a hard-touring force of nature in the American roots music world, bringing a punk ferocity to their string band base and a powerful sensitivity to their ballad roots. Operating more as a collective than a band, Hackensaw Boys were around before the O Brother craze kickstarted Americana, back in the old alt-country days. Since forming they have had the pleasure of sharing the stage with many amazing and diverse artists, such as the Avett Brothers, Old Crow Medicine Show, Trampled by Turtles, Rambling Jack Elliot, Cake, Cheap Trick, De La Soul, and



many more. Once, they even served as legendary country singer Charlie Louvin's backing band for a tour.

Pitchfork, an American online music publication that has earned its reputation for its extensive coverage of indie rock music said, "The band infuses

their grassy tornado with brazen punk attitude and catchy pop structure, while simultaneously

Oats Park is located at 151 East Park Street. For more information, call the Art Center at 775-423-1440, or visit their website, <https://www.churchillarts.org/>

## Maliah's Minute -- Working with Bijou's Blooms

Bijou's Blooms is an amazing business run by an excellent person. Sheri Woolsey has inspired me a lot and has allowed me to work for her. I think what she does is amazing. Seeing her business grow has given me hope and inspiration for running my business.

Her gardening has inspired many people in many ways. She helps people who either aren't the best at gardening or people that are good, start or add to their gardens. I think everyone becomes inspired to start or improve a garden after they talk to her.

Not only does she grow and sell plants, but she also knows a lot about everything she grows. It is not a hobby it's a career, a lifestyle. She cares about teaching people about the way things are or the amazing ways you can use certain plants. She told me things about plants that I would have never known otherwise, and I will always remember those lessons.

She works hard all year round growing things and getting them ready for the season. I have never seen so much dedication put into a business. But all

her work and dedication pay off at the end of the day. She is my new role model. She has truly inspired me to work hard no matter what. I am excited to keep helping her and work for her in the future.

It would be awesome if people bought from her and see how much work she puts into her business. She sells at farmers' markets and on Etsy. If you're interested in starting a garden or improving yours, she is a very good option. She has trees and many different plants.

Overall, she is amazing. She is one of many female farmers here in town and they all deserve some support and love.



For more information about Sherry and her blossoms check out her Bijou's Blooms Facebook page or follow her on Instagram.

*Maliah Harris is a twelve-year-old entrepreneur and goofy teen with big opinions. She attends Churchill County Middle School.*

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**~ Danny Tarkanian**

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# Legal Notices

**SUMMONS**  
IN THE TENTH JUDICIAL DISTRICT COURT OF THE STATE OF NEVADA IN AND FOR THE COUNTY OF CHURCHILL JOSEPH A. DIAZ and MARGARET L. DIAZ, as joint tenants with right of survivorship, Plaintiffs, vs. VIRGINIA C. JOHNSON, a deceased individual; VERA HOMER, a deceased individual; RONALD G. CHAMPAGNE, a deceased individual; GLORIA A. JOHNSON, a deceased individual; JERRY K. CHAMPAGNE, a deceased individual; BILLY FOSTER, a deceased individual; DOUGLAS L. FOSTER, an individual; Kelly G. Helton, in her capacity as CHURCHILL COUNTY TREASURER; TAB PROPERTIES, INC., a Nevada Corporation, and any and all persons claiming any right, title or interest in the real property, which parcel is more particularly described as: APN 006-711-11, Defendants. /

TO THE HEIRS OF DEFENDANTS, GLORIA A. JOHNSON, BILLY FOSTER, and JERRY K. CHAMPAGNE, Deceased:

YOU HAVE BEEN SUED. THE COURT MAY DECIDE AGAINST YOU WITHOUT YOUR BEING HEARD UNLESS YOU REPLY IN WRITING WITHIN 20 DAYS (PLUS 3 DAYS IF THE RESPONSE IS MAILED). READ THE INFORMATION BELOW VERY CAREFULLY. A civil Verified Complaint for Quiet title and for

Declaratory Relief has been filed by the Plaintiffs against you for the relief as set forth in that document (see Verified Complaint). The object of this action is to remove any existing cloud and to quiet the title of property located in Churchill County, Nevada, specifically APN 006-711-11, commonly known as 732 Wildes Road, Fallon, Nevada.

1. If you intend to defend this lawsuit, you must do the following within 20 days (plus 3 additional days if the response is mailed) after service of this Summons, exclusive of the day of service:

a. File with the Clerk of the Court, (73 N. Maine St., Fallon, NV 89406) a formal written answer to the Verified Complaint, along with the appropriate filing fees, in accordance with the rules of the Court, and b. Serve a copy of your answer upon the Plaintiffs whose names and address are shown below.

2. Unless you respond, a default may be entered upon application of the Plaintiffs and this Court may enter a judgment against you for the relief demanded in the Verified Complaint.

SUE SEVON 5/11/2022  
CLERK OF THE COURT

Issued on behalf of Plaintiffs:  
Joseph and Margaret Diaz  
732 Wildes Road  
Fallon, NV 89406  
Telephone: (775) 699-5671

Published in The Fallon Post on June 10, 17, 24, & July 1, 2022  
Ad #6026

## NOTICE TO CREDITORS

IN THE MATTER OF THE O'BRIEN TREE TOP REVOCABLE INTERVIVOS TRUST, dated November 8, 2019 Notice is hereby given that KATHE RISI is the duly appointed and qualified successor trustee of the O'BRIEN TREE TOP REVOCABLE INTERVIVOS TRUST. JAMES P. O'BRIEN, sole settlor and original trustee of the trust, died on or about December 2, 2021. A creditor having a claim against the trust estate must file a claim with the undersigned at the address given below within 90 days of the first publication of this notice.

Dated: April 22, 2022.  
O'BRIEN TREE TOP REVOCABLE INTERVIVOS TRUST, dated November 8, 2019

/s/KATHE RISI, TRUSTEE  
c/o Nancy Porter  
Goicoechea, Di Grazia,  
Coyle & Stanton, Ltd.  
530 Idaho Street  
Elko, NV 89801

Published in The Fallon Post on May 27, June 3, & June 10, 2022.  
Ad #6021

## NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned are the duly appointed and qualified successor trustees of THE SHELDON C. & BEVERLY C. CORDES TRUST. Sheldon C. Cordes (co-settlor of said trust) died on January 4, 2003 and Beverly C. Cordes (co-settlor of said trust) died on November 28, 2019). A creditor having a claim against the settlor(s) and/or against the trust estate must file a claim with the undersigned at the address given below within 90 days after the first publication of this notice.

DATED: June 1, 2022

/s/ Cynthia L. Tudehope, Trustee

/s/ Gary C. Cordes  
Trustee  
Address:  
1372 Onda Verde Drive  
Fallon, NV 89406

Published in The Fallon Post on June 3, June 10, and June 17, 2022  
Ad #6025

## NOTICE TO CREDITORS

Notice to Creditor and Other in the estate of Darlene J. Denney, deceased, late of Fallon, Nevada, who died on April 11, 2022. Take notice that all persons having claims upon the estate of the above named must file with the undersigned Estate Trustee by June 10th, 2022 a full statement of their claims and of securities held by them.

Valene S. Rubash  
100 Cerritos Ave. #5  
Long Beach, CA 90802

DATED: This 24th Day of May 2022.  
/s/ VALENE S. RUBASH,  
Trustee

Published May 27, June 3, & June 10, 2022  
Ad #6020

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## Word List

BOTH  
CALM  
DARK  
FAWN  
GIFT

HEED  
JOKE  
KISS  
LIME  
MINE

NINE  
PAVE  
QUIZ  
ROAM  
STAY

TREE  
VINE  
WANE  
XRAY  
ZOOM



Ages 60 and over;  
\$3 suggested  
donation - Under  
age 60 \$6

13  
Parmesan Garlic  
Fish

Peas & Onions  
Lemon Orzo  
Orange Apple  
Salad  
Tartar Sauce

14  
Baked Chicken  
Mushroom Sauce

Buttered Noodles  
Asparagus  
WW Roll  
Diced Pears

15  
Turkey Pot Pie

Mixed Green Salad  
FF Italian Dressing  
Orange Mango  
Cup 9 Grain Bread  
ADSD #83

16  
Patty Melt

Rye Bread  
Sautéed Onions  
Ranch Beans  
Warm Peaches  
Cherry Nut  
Brownie

17  
BBQ Pork Riblet

Scalloped Potatoes  
Mustard Greens WW  
Bread Spiced  
Applesauce  
ADSD#105

Pennington Life Center | 775-423-7096 | Lunch served in dining room located at - 952 S. Maine St.



## Contact Your Representative

Senator Catherine Cortez-Masto  
<https://www.cortezmasto.senate.gov>  
400 S. Virginia Street  
Suite 902  
Reno, Nevada 89501  
(775)-686-5750  
Rural Mobile Office: 775-225-1457

Senator Jacky Rosen  
<https://www.rosen.senate.gov/>  
Bruce Thompson Federal Building  
400 S. Virginia Street, Suite 738  
Reno, NV 89501  
(775)-337-0110

Congressman Mark Amodei  
<https://amodei.house.gov/>  
5310 Kietzke Lane, Suite 103  
Reno, NV 89511  
(775)-686-5760

Governor Steve Sisolak  
<https://gov.nv.gov>  
Carson City  
State Capitol Building  
101 N. Carson Street  
Carson City, NV 89701  
Phone: (775) 684-5670  
Fax: (775) 684-5683

Senator James A. Settelmeyer  
[James.Settelmeyer@sen.state.nv.us](mailto:James.Settelmeyer@sen.state.nv.us)  
2388 Highway 395  
Minden, NV 89423-8923  
(775)-450-6114

Assembly woman Robin L. Titus  
<https://Robin.Titus@asm.state.nv.us>  
P.O. Box 377  
Wellington, NV 89444-0377  
(775)-684-8507

County Commissioner  
District 1  
Justin Heath (R)  
155 N. Taylor Street #110 (office)  
Fallon, NV 89406  
(775) 666-5757  
[jheath@churchillnv.gov](mailto:jheath@churchillnv.gov)  
County Commissioner  
District 2  
Pete Olsen (R)  
155 N. Taylor Street #110 (office)  
Fallon, NV 89406  
(775) 427-7995  
[polsen@churchillcountynv.gov](mailto:polsen@churchillcountynv.gov)

County Commissioner  
District 3  
Greg Koenig (R)  
155 N Taylor Street #110 (office)  
Fallon, NV 89406  
(775) 666-5878  
[gkoenig@churchillnv.gov](mailto:gkoenig@churchillnv.gov)

City Council  
Mayor Ken Tedford  
[ndooley@fallonnevada.gov](mailto:ndooley@fallonnevada.gov)  
55 West Williams Avenue  
Fallon, NV 89406 (775) 423-3040

Councilwoman Kelly Frost  
Ward 1  
[kfrost@fallonnevada.gov](mailto:kfrost@fallonnevada.gov)  
(775) 423-0120 (Home)

Councilwoman Karla Kent  
Ward 2  
[kkent@fallonnevada.gov](mailto:kkent@fallonnevada.gov)  
(775) 423-2126 (Work)

Councilman James Richardson  
Ward 3  
[jrichardson514@hotmail.com](mailto:jrichardson514@hotmail.com)  
(775) 423-3040 (Work)

Churchill County School Board  
Matt Hyde  
President Term: Jan. 1, 2015 to Dec. 31, 2022  
775-423-4909  
1325 Rancho Dr. Fallon, NV 89406  
[hydem@churchillcsd.com](mailto:hydem@churchillcsd.com)

Tricia Strasdin  
Vice President  
Term: Jun. 23, 2016 to Dec. 31, 2024  
775-423-0132  
1040 W. 5th St. Fallon, NV 89406  
[stradint@churchillcsd.com](mailto:stradint@churchillcsd.com)

Carmen Schank  
Clerk Term: Jan. 1, 2013 to Dec. 31, 2022  
775-423-5673  
2475 Austin Hwy. Fallon, NV 89406  
[schankc@churchillcsd.com](mailto:schankc@churchillcsd.com)

Amber Getto  
Acting Clerk Term: Jan. 1, 2019 to Dec. 31, 2022  
775-423-4509  
1200 Lovelock Hwy. Fallon, NV 89406  
[gettoa@churchillcsd.com](mailto:gettoa@churchillcsd.com)

Kathryn Whitaker  
Member Term: Apr. 23, 2015 to Dec. 31, 2024  
775-426-9337  
2690 Lone Tree Rd. Fallon, NV 89406  
[whitakerk@churchillcsd.com](mailto:whitakerk@churchillcsd.com)

Fred Buckmaster  
Member Term: Jan. 1, 2019 to Dec. 31, 2022  
775-232-4809  
1640 Drumm Ln. Fallon, NV 89406  
[buckmasterf@churchillcsd.com](mailto:buckmasterf@churchillcsd.com)

Gregg Malkovich  
Member Term: Jan. 2021 to Dec. 2024  
775-835-9106  
4250 Santa Fe Dr. Fallon, NV 89406  
[malkovichg1@churchillcsd.com](mailto:malkovichg1@churchillcsd.com)



## Community Meetings

### June 13 - June 17

**Regional Transportation Commission (RTC)**  
**June 15 at 9:30 a.m.**  
**155 North Taylor Street**

**County Commissioners**  
**June 15 at 1:15 pm.**  
**155 North Taylor Street**

**Chamber of Commerce Luncheon**  
**June 16 at 12:00 noon**  
**County Museum**  
**1050 South Maine Street**

**Library Board of Trustees**  
**June 16 at 3:00 p.m.**  
**155 North Taylor Street**

## Newlands Project Water Levels

*Measurements taken June 9, 2022 at 11:26 p.m.*

**Lahontan Reservoir**  
**153,500 af**

**Truckee Canal at Hazen**  
**349 cfs**

**Truckee Canal at Wadsworth**  
**398 cfs**

**Carson River Below Lahontan**  
**613 cfs**

**Carson River at Ft. Churchill**  
**313 cfs**

Water Levels June 9  
2022 : 153,706 acre feet  
2021 : 103,589 acre feet  
2020 : 210,689 acre feet

cfs - Cubic Feet per Second  
af - Acre Feet

# Business Directory

Providing Equal Access to Justice



**Kwame Bell**  
HIV Project Outreach Coordinator

204 Marsh Ave.  
Reno, NV 89509  
P: 775-284-3491 ext 223  
F: 775-284-3497  
kbell@nevadalegalservices.org

## Malkos'



Gregg and Laura Malkovich

85 S Maine Street Fallon, NV

Mane Attraction

**Elaine Brannen**  
Barber/Stylist  
bran\_96@msm.com

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